



SOCIETY FOR THE STUDY OF PSYCHIATRY AND CULTURE

MIGRATION AND RESILIENCE

A graphic illustration of a laptop computer with a cloud icon on its screen. A large speech bubble originates from the right side of the laptop, containing the word 'WEBINAR'. To the right of the laptop, the date and time of the event are listed.

WEBINAR

**FRIDAY
NOV 30
2018
1-2:30 PM ET**

**SARAH LEWIS, SMITA LAHOTI, *and*
CATHERINE PANTER-BRICK**

MODERATED BY ANNA FISKIN, MD, MS
AND KENNETH FUNG, MD, MSc

Register online at <https://psychiatryandculture.org/webinars>

PRESENTERS

Sarah Lewis, PhD, is an anthropologist of religion and medicine teaching at Wellesley College; she is also a licensed psychotherapist. Her forthcoming book, *Spacious Minds: Trauma and Resilience in Tibetan Buddhism* (Cornell, 2019) investigates how Buddhist notions of time, memory, and emotion collide with contemporary resilience perspectives, yet how Tibetan political activists have refashioned the trauma narrative not for healing, but for political aims to drive a human rights campaign.

Smita Lahoti, MD, completed her medical school and Obstetrics and Gynecology residency from University of Pune, India. Thereafter, for over a decade, she worked with the local self government to provide obstetric care to the local underprivileged populace. She then went on to complete her residency in general adult psychiatry from the College of Physicians and Surgeons, Mumbai, and started a mindfulness based “relaxation therapy clinic” catering to the same populace before immigrating to the United States in 2014. She is currently a second-year resident in psychiatry at the UVM MC. As an elective she is currently working with Connecting Cultures – a program run by UVM in collaboration with NEST (New England Survivors of Torture and Trauma) that provides community outreach, direct mental health services, and conducts research into refugee resettlement.

Catherine Panter-Brick, PhD, is a medical anthropologist, trained in human biology and the social sciences. She directs the Program on Conflict, Resilience, and Health at the MacMillan Center for International and Area Studies, and the Anthropology Program on Stress and Family Resilience. Her current research focuses on youth in global adversity, addressing issues of risk and resilience in contexts of poverty, disease, famine, armed conflict, and social marginalization. She has directed over 40 interdisciplinary research and evaluation projects in Afghanistan, Ethiopia, the Gambia, Jordan, Nepal, Niger, Pakistan, Saudi Arabia, Tanzania, and the United Kingdom. She has published extensively on hope, trauma, and mental health in Afghanistan, decision-making and survival in Niger, public health interventions in Nepal, the UK and the Gambia, and markers of stress in contexts of violence and homelessness. She leads the Early Childhood Peacebuilding Consortium with other faculty at Yale and the United Nations, to disseminate scientific research and advocate for better policies on violence prevention.

MODERATORS

Anna Fiskin, MD, MS, is a psychiatrist who specializes in cultural psychiatry and global mental health. She is an Assistant Clinical Professor at UCSF and Staff Psychiatrist at Chinatown North Beach Mental Health Services in San Francisco, California, where she works with a diverse patient population from China, Cambodia, Laos, and Vietnam. She is the Cultural Psychiatry faculty lead for UCSF Psychiatry HEAL Fellowship in Global Mental Health and a co-chair of the Cultural Psychiatry Area of Distinction for UCSF Psychiatry residency program. She is also a board member of the Society for the Study of Psychiatry and Culture.

Kenneth Fung, MD, MSc, is Staff Psychiatrist and Clinical Director of the Asian Initiative in Mental Health Program, Toronto Western Hospital, University Health Network, and Associate Professor with Equity, Gender, and Populations Division, Department of Psychiatry, University of Toronto. His research, teaching, and clinical interests include both cultural psychiatry and psychotherapy. He co-leads the Pillar 4 Dialogue of the Department of Psychiatry Strategic Plan, University of Toronto, which focuses on issues related to equity, social justice, and social responsibility, and is the Block Co-coordinator of the Cultural Psychiatry Core Seminars for psychiatry residents. He is involved in community-based research related to HIV, mental health stigma, and immigrant and refugee mental health. He is psychiatric consultant to Hong Fook Mental Health Association and Mon Sheong Scarborough Long-Term Care Centre. He is the President of the Society of the Study of Psychiatry and Culture and the Chair of the Transcultural Section, Canadian Psychiatric Association.

REGISTRATION

- The webinar is **free** for students, residents, and trainees; SSPC members; and residents of low- and middle-income countries (LMICs).
- Non-members: **\$5** early bird registration until 11/21; \$10 thereafter.
- **SSPC MEMBERSHIP:** To learn more about SSPC membership benefits, visit <https://psychiatryandculture.org>
- Register now for our **2019 Annual Meeting** (“Engagement, Empowerment, Equity: From Theory to Practice”) in Toronto, Ontario (Canada) on 25–27 April 2019 at <https://psychiatryandculture.org>