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Poornima Bhola · Ahalya Raguram *Editors* 

## Ethical Issues in Counselling and Psychotherapy Practice

Walking the Line

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#### P. Bhola, A. Raguram (Eds.)

#### **Ethical Issues in Counselling and Psychotherapy Practice**

Walking the Line

- Provides culturally relevant content to help the reader translate knowledge into practice
- Includes special sections on contemporary ethical challenges in online therapeutic interactions and working with vulnerable client groups
- Provides select appendices with a list of key international and national professional guidelines and a sample consent form that may be used with clients in counselling/therapy

This edited volume comprehensively examines the critical ethical challenges that arise in the practice of counselling and psychotherapy. It translates philosophical positions and professional ethical guidelines in a way that can be applied to practice. The various chapters focus on specific ethical issues that emerge in working with a range of different client groups; for example, children, couples and families. While some ethical imperatives are common across the board, others could be more closely associated with certain client groups. Practitioners might experience uncertainty in working with vulnerable client groups; for example, lesbian/gay/transgender/intersex (LGBT) clients, or persons who report intimate partner violence. Several chapters raise questions, provide information and additional resources to enhance ethically informed practice. Chapter contributions also highlight the ethical dilemmas that might be unique to certain contexts; for example, private practice, schools and consultation-liaison settings. This volume also addresses contemporary and relatively less understood playing fields like 'digital ethics' related to therapist-client interface in the internet space and the navigation of ethical dilemmas in the newly emerging field of employee assistance programmes which address mental health needs in the corporate sector. Written by experienced practitioners of psychotherapy, and culturally contextualized, this is a valuable resource for academics and practitioners interested in psychotherapy and counselling.



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