

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada for 5,5 credits. This program has also been accredited by the College of Family Physicians of Canada for up to 5,5 Mainpro-M1 credits. This program has been reviewed and approved by the University of Ottawa, Office of Continuing Professional Development.

Culturally Responsive Mental Health Care for Refugees Spiritual and Cultural Care Conference

Presented by The Royal, in partnership with the Department of Psychiatry at the University of Ottawa

Facilitated by:
Dr. Laurence Kirmayer

Division of Social and Transcultural Psychiatry, McGill University

Responding to the mental health needs of refugees is a clinical, public health, and human rights priority. This workshop will address the challenges of providing culturally safe, competent and effective mental health services for refugees and others who have faced forced migration and resettlement.

We will review research on migration, trauma, torture and adaptation to new environments, including risk and protective factors for mental disorders. Attention will be given to sources of strength and resilience and to specific problems related to migration and minority status, particularly prolonged uncertainty about one's own status and the safety of family and loved ones, structural violence, marginalization and discrimination. Participants will learn about a variety of practical tools they can use in training, planning and organization of services, and clinical intervention, including: current frameworks for cultural safety and cultural competence; the DSM-5 Cultural Formulation Interview; the Cultural Consultation Service model; and the cultural adaptation of treatment interventions. Although the focus will be on refugees, the approach presented will be useful to anyone teaching, planning or delivering culturally competent, person-centered mental health care to diverse communities.



Date and Time

Friday, April 29, 2016 (8:15am – 4:15pm)

Learning Objective

1. Identify the common mental health issues among refugees and other migrants including problems related to trauma and resettlement;
2. Understand the role of culture and religion in shaping illness experience, coping and resilience, help-seeking, and response to treatment interventions;
3. Identify clinical strategies for providing culturally appropriate treatment, including: cultural safety and competence; the DSM-5 Cultural Formulation Interview; the Cultural Consultation Service model; and methods for the cultural adaptation of interventions.

Target Audience

Mental health practitioners, primary care providers, health and social service professionals, and others involved in refugee and migrant policy, services and support.

Location

The Royal, Associates in Psychiatry Auditorium
1145 Carling Avenue, Ottawa

Cost

Physicians \$175
Health Care Professionals \$135
Student Rate \$100
Lunch and Breaks will be provided

Registration

To register please visit:

<https://www.regonline.com/traumarefugees2016>

For more information, please contact Amy Quinn at amy.quinn@theroyal.ca or 613.722.6521, ext 6570.

Or visit www.theroyal.ca/mental-health-centre/education-and-conferences/