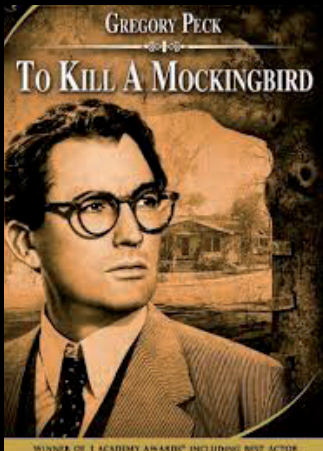


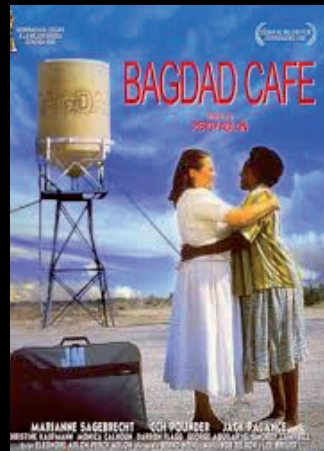
21st Annual Summer Program in Social & Cultural Psychiatry

Use of Film in Cultural Psychiatry: Healing Inter-Group Divisions Through Film

May 30-31, 2015
Montréal, Québec



To Kill a Mockingbird



Bagdad Café



Freedom Writers



Invictus

In a world marked by racial, ethnic and religious divisions, we desperately need to see each other again in a human way. Film can help us take this step. This workshop will explore one way to use film to foster intercultural understanding and healing. We will bring a mindfulness perspective to the experience of viewing 4 feature films (*To Kill a Mockingbird*, *Bagdad Café*, *Freedom Writers*, *Invictus*). We will learn to observe conscious and unconscious biases that divide people from each other and question how these biases might be transformed. The films all tell stories in which people are moved to consider compassion and collaboration rather than confrontation when engaging differences. One film will be shown in its entirety each morning and each afternoon of the 2-day workshop with a brief introduction and centering exercise to begin the session, and individual and group processing after the film. Processing will include silent reflection, journaling, dyadic sharing, and group discussion focused first on the participants' experience of the film and then on how the film could be used in teaching cultural psychiatry.

Faculty

Francis Lu, MD, Luke & Grace Kim Professor in Cultural Psychiatry, Emeritus, UC Davis has focused on cultural competence and diversity, mental health disparities, psychiatric education with an emphasis on recruitment and mentorship, and the interface of psychiatry and religion/spirituality especially through film.



Since 1987, he has co-led 30 film seminars at Esalen Institute described at www.gratefulness.org, then search "films."

Registration

For more information and online registration:

<http://www.mcgill.ca/tcpsych/training/summer/>

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Division of Social & Transcultural Psychiatry
Department of Psychiatry

www.mcgill.ca/tcpsych

