



A special symposium

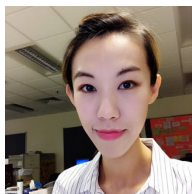
**Acceptance and Commitment Therapy (ACT)
for Asian Populations**
Wednesday, August 14, 2019
1:30 PM – 5:00 PM
Toronto Western Hospital, Auditorium, West Wing 2nd Floor
399 Bathurst Street, Toronto, Ontario, Canada

Keynote Presentations

1 Development of ACT in China

Zhu Zhuo Hong, PhD

Professor, Institute of Psychology, Chinese Academy of Sciences
Chair, China Chapter, Association of Contextual Behavioral Science
Fellow of Association of Contextual Behavioral Science



2 Putting psychological flexibility into (ACT)ion for asthma in Hong Kong

Connie Chong, PhD, MSs (EPB), MNurs, BNurs (Hons)

Postdoctoral Fellow, The Nethersole School of Nursing, Faculty of Medicine, The Chinese University of Hong Kong

3 ACT for Clinical and Non-clinical Asian Canadian Populations

Kenneth Fung, MD FRCPC MSc FAPA FCPA

Clinical Director, Asian Initiative in Mental Health, University Health Network
Associate Professor, Department of Psychiatry, University of Toronto
Fellow of Association of Contextual Behavioral Science



Alan Li, MD

Family Physician, Regent Park Community Health Centre
Policy and Practice Leader, Ontario HIV Treatment Network
Research Chair, Committee for Accessible AIDS Treatment (CAAT)



Learning Objectives

By end of symposium, participants will be able to:

1. Describe the unique development of clinical and research programs of ACT in China
2. Identify an approach to integrate ACT into childhood asthma management programs for helping families of young children to improve asthma care
3. Adapt and formulate the use of ACT for diverse applications including the treatment of common psychiatric disorders, decrease stigma, and build community capacity in Asian populations

Free Registration. Limited Capacity.

For registration and further inquiries, please call
Regina Hung at (416) 603-5349 or email regina.hung@uhn.ca