



University of Minho  
School of Psychology



Dear Colleagues,

We are happy to announce the **6th Society for Psychotherapy Research European Chapter Methods Workshop for Early Career Researchers**. We have been lucky to enlist the following impressive group of highly influential psychotherapy researchers as teachers at the workshop:

**Kim de Jong, Julian Rubel, Ross Crosby, Miguel Gonçalves,  
Catherine Eubanks, Wolfgang Tschacher, Joana Coutinho, Giorgio Tasca**

The workshop is hosted by the School of Psychology at the University of Minho in Braga, Portugal, **May 8-12, 2018**.

The number of participants in the workshop is limited to 50 (membership of SPR is mandatory). Although early career researchers will be prioritized, more experienced researchers are also welcome, so do not hesitate to register. Access is based on a first-come-first-served principle, therefore please register as quickly as possible. To register, simply **send an email to [stig.poulsen@psy.ku.dk](mailto:stig.poulsen@psy.ku.dk) with "Registration, Braga Methods Workshop" in the subject field and your name and contact information in the email text.**

The participation fee is **EUR 80** – participants will receive information about payment with the confirmation of registration.

On the next pages, you will find:

- **The program of the workshop**
- **Practical information about travel and accommodation**

Kind regards,

Paulo Machado  
Local host, President of the SPR

Stig Poulsen  
President, European SPR chapter

## PROGRAM, METHODS WORKSHOP BRAGA

### Tuesday, May 8:

19:00 – 21:00: *Welcome reception*

### Wednesday, May 9:

9:00 – 12:00: Kim de Jong, University of Leiden, the Netherlands: *Outcome monitoring feedback methodology*

13:00 – 16:00: Julian Rubel, Trier University, Germany: *Take it personally! - Methods for personalizing psychotherapy*

### Thursday, May 10:

9:00 – 12:00: Ross Crosby, Neuropsychiatric Research Institute, Fargo, USA: *Network Analysis: Implications for Psychiatric Research*

13:00 – 16:00: Miguel Gonçalves, University of Minho, Portugal: *Change and ambivalence markers in psychotherapy: The innovative moments system*

### Friday, May 11:

9:00 – 12:00: Catherine Eubanks, Yeshiva University, New York, USA: *Coding Alliance Ruptures and Repairs with the Rupture Resolution Rating System (3RS)*

13:00 – 16:00: Wolfgang Tschacher, University of Bern, Switzerland and Joana Coutinho, University of Minho, Portugal: *Movement and physiological synchrony in psychotherapy*

### Saturday, May 12:

9:00 – 16:00: Giorgio Tasca, University of Ottawa, Canada: *Multilevel models for psychotherapy research: An introduction and intermediate applications*

19:00 - *Farewell dinner*

## PRACTICAL INFORMATION

### Workshop Venue

School of Psychology  
University of Minho  
Campus de Gualtar  
4710-057 Braga

<https://www.psi.uminho.pt/en/school/Pages/Contacts.aspx> (please wait a little – the logon procedure works automatically)

Map:

<https://www.google.com/maps/place/Escola+de+Psicologia+da+Universidade+do+Minho/@41.559879,-8.399981,1512m/data=!3m1!1e3!4m5!3m4!1s0x0:0x2fd3d2bff1d5c33d!8m2!3d41.5598789!4d-8.3999806?hl=en-US>

### Getting to Braga

Braga is about 45kms from Porto international airport, <https://www.aeroportoporto.pt/en/opo/home>. Porto is easily reachable by plane. Francisco Sá Carneiro airport is a very well connected international airport with daily flights to the major European cities and a few intercontinental direct connections.

There is a low-cost shuttle service, <https://getbus.eu/en/?lang=en&seccao=1> from Braga to the airport (direct), which can also be reached by train. There are regular buses from Braga to the city centre. Taxi is also an option. The taxi option (€55) becomes competitive if shared with other participants.

### Hotels

We have negotiated a range of possible accommodations and have some rooms reserved at a special rate on the following hotels next to campus. **Please note that the hotels will hold the rooms until March 31<sup>st</sup>** – subsequently they will be released. Guests should contact the hotels directly and mention the relevant code specified below:

Hotel Meliá Braga - single: 78€; twin: 88€

<https://www.melia.com/en/hotels/portugal/braga/melia-braga/index.html>

Booking code: WEPSI

Hotel Lamações - single: 38€; twin: 42€

<https://www.hotel-lamacaes.com/en/>

Booking code: EPsiUMinho (please mention that the booking is according to an agreement with University of Minho)

There are also some beds available on University Dorms (shared room with 6 beds – 8€ per night) as well as other options. Please feel free to contact us if you need help with accommodation at [spr2017program@psi.uminho.pt](mailto:spr2017program@psi.uminho.pt).

If you are looking for Airbnb or a wider range of hotels, try the following links:

[https://www.airbnb.com/s/Braga--Portugal/homes?checkin=2018-05-08&checkout=2018-05-12&adults=1&children=0&infants=0&source=mc\\_search\\_bar&allow\\_override%5B%5D=&ne\\_lat=41.588674908607906&ne\\_lng=-8.373450167619012&sw\\_lat=41.510379143655456&sw\\_lng=-8.453444369279168&zoom=13&search\\_by\\_map=true&refinement\\_paths%5B%5D=%2Fhomes&stag=PC7F9YyG](https://www.airbnb.com/s/Braga--Portugal/homes?checkin=2018-05-08&checkout=2018-05-12&adults=1&children=0&infants=0&source=mc_search_bar&allow_override%5B%5D=&ne_lat=41.588674908607906&ne_lng=-8.373450167619012&sw_lat=41.510379143655456&sw_lng=-8.453444369279168&zoom=13&search_by_map=true&refinement_paths%5B%5D=%2Fhomes&stag=PC7F9YyG)

[https://www.booking.com/searchresults.html?label=gen173nr-1DCAEoggJCAhYSDNYBGi7AYgBAZgBMbgBB8gBDdgBA-gBAfgBApICAXmoAgM;sid=02020bd52794eae704dee2ae056743e7;checkin\\_month=5&checkin\\_monthday=7&checkin\\_year=2018&checkout\\_month=5&checkout\\_monthday=13&checkout\\_year=2018&class\\_interval=1&dest\\_id=-2160205&dest\\_type=city&dtdisc=0&from\\_sf=1&group\\_adults=2&group\\_children=0&inac=0&index\\_postcard=0&label\\_click=undef&no\\_rooms=1&offset=0&postcard=0&raw\\_dest\\_type=city&room1=A%2CA&sb\\_price\\_type=total&src=index&src\\_elem=sb&ss=Braga&ss\\_all=0&ssb=empty&sshis=0&ssne=Braga&ssne\\_untouched=Braga&](https://www.booking.com/searchresults.html?label=gen173nr-1DCAEoggJCAhYSDNYBGi7AYgBAZgBMbgBB8gBDdgBA-gBAfgBApICAXmoAgM;sid=02020bd52794eae704dee2ae056743e7;checkin_month=5&checkin_monthday=7&checkin_year=2018&checkout_month=5&checkout_monthday=13&checkout_year=2018&class_interval=1&dest_id=-2160205&dest_type=city&dtdisc=0&from_sf=1&group_adults=2&group_children=0&inac=0&index_postcard=0&label_click=undef&no_rooms=1&offset=0&postcard=0&raw_dest_type=city&room1=A%2CA&sb_price_type=total&src=index&src_elem=sb&ss=Braga&ss_all=0&ssb=empty&sshis=0&ssne=Braga&ssne_untouched=Braga&)

## **Lunches**

We are negotiating lunches with University Services and there are several options in terms of meals from cantina lunches to the campus restaurant (ranging from 3 to 10 euros)