# Preliminary Programme

Society for Psychotherapy Research UK & European Chapters 4th joint conference Oxford, UK, 2017

## "Psychotherapy practice and research: Finding the common ground"

Wednesday 20 September – Friday 22 September 2017 Examination Schools, High Street, Oxford, OX1 4BG, UK

# Wednesday, 20 September

1. <b>Pre-Conference</b> <b>Workshop</b> psychotherapy integration Moderator: Lynne Angus, York University, Canada	Wednesday   2:00 PM5:00 PM   Room 1 Working with narrative in Emotion- focused Therapy : Implications for practice
	Working with narrative in Emotion-focused Therapy : Implications for practice Lynne Angus, York University, Canada
	Working with narrative in Emotion-focused Therapy : Implications for practice Naomi Carpenter, York University, Canada
	Working with narrative in Emotion-focused Therapy : Implications for practice Christianne Macaulay, York University, Canada
	Working with narrative in Emotion-focused Therapy : Implications for practice Jasmine Khattra, York University, Canada
2. <b>Pre-Conference</b> <b>Workshop</b> <i>quantitative &amp; qualitative</i> <i>method</i> <i>Moderator: Naomi Petra</i> <i>Methogana University</i>	Wednesday   2:00 PM5:00 PM   Room 11 Inductive-Deductive Thematic Analysis for Transcript Analysis: Flexible, accessible and rigorous
Moller, Open University	Naomi Petra Moller, Open University
	Rachel Willcox, University of the West of England
	Victoria Clarke, University of the West of England

3. <b>Pre-Conference</b> <b>Workshop</b> <i>alliance &amp; interpersonal</i> <i>process</i> <i>Moderator: Tien Kuei,</i> <i>University of Glasgow</i>	Wednesday I 2:00 PM5:00 PM I Room 14 Using nonverbal events in psychotherapy as clinical intervention in Functional analytic Psychotherapy (FAP) Tien Kuei, University of Glasgow
4. <b>Pre-Conference</b> <b>Workshop</b> <i>psychotherapy integration</i> <i>Moderator: Irene Messina,</i> <i>University of Padua</i>	Wednesday I 2:00 PM5:00 PM I Room 15 Comparing and Contrasting Two Models of Short-Term Psychotherapy: Differences and Similarities
	Intensive Transactional Analyisis Psychotherapy Marco Sambin, University of Padua; Francesco Scottà, Centro Psicologia Dinamica, Padova (Italy) Intensive Short-term Dynamic Psychotherapy Susan Hajkowski, University of Leicester, UK; Stephen Buller, Psychotherapy Foundation
5. <b>Pre-Conference</b> <b>Workshop</b> <i>quantitative &amp; qualitative</i> <i>method</i> <i>Moderator: Shlomo</i> <i>Mendlovic, Tel Aviv</i> <i>University, Israel</i>	Wednesday I 2:00 PM5:00 PM I Room 2 The MATRIX: A novel theory-neutral tool exploring dynamic psychotherapy
	Discussant: Shlomo Mendlovic, Tel Aviv University, Israel;

<ul> <li>Wednesday I 2:00 PM5:00 PM I Room 7</li> <li>A Collaborative Study of Psychotherapist Training: Data Collection Procedures and Data Analysis Plans (SPRISTAD)</li> <li>Discussants: Armin Hartmann, University of Freiburg, Germany; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany; Henriette Löffler- Stastka, Medical University of Vienna, Austria; Omar C.G. Gelo, University of Salento (Italy) &amp; Sigmund Freud University (Austria); Irene Messina, University Niccolò Cusano; Biljana van Rijn, Metanoia Institute; Erkki Heinonen, National Institute; Erkki Heinonen,</li> </ul>
National Institute for Health and Welfare, Helsinki, Finland; Elitsa Tilkidzhieva, Sigmund Freud University, Vienna, Austria; Wednesday I 2:00 PM5:00 PM I Room 9 Adult Attachment in Romantic Relationships: Overcoming the Fear of Love
Wednesday I 5:30 PM6:00 PM I South Writing School <b>Opening Welcome</b>

9.	Wednesday I 6:00 PM7:30 PM I South Writing School <b>Keynote Address</b>
Moderator: Bruce Wampold, University of Wisconsin, Madison, USA	<b>Research on Psychotherapy Practice:</b> <b>Improving the Quality of Services</b> Bruce Wampold, University of Wisconsin, Madison, USA
10. Welcome Reception	Wednesday I 7:30 PM9:30 PM I North Writing School Welcome reception

# Thursday, 21 September

11. <b>Plenary</b>	Thursday I 9:00 AM10:00 AM I South Writing School <b>Opening Plenary</b>
Moderator: Felicitas Rost, Tavistock and Portman NHS Foundation Trust	

12. <b>Panel</b> alliance & interpersonal process Moderator: Adam E J Gibson, University of Roehampton, London, UK	Thursday I 10:30 AM12:00 PM I Room 1 Finding the common ground: Shared decision-making in psychological therapies and mental health
	Behaviour Change Techniques (BCT's), Shared Decision Making, and Outcomes in Child and Youth Mental Health Daniel Hayes, Evidence Based Practice Unit, University College London and Anna Freud Centre, UK.
	<b>Client experiences of goal negotiation in</b> <b>the early stages of Pluralistic Therapy</b> Gina Saskjia Di Malta, University of Roehampton, London, UK
	Shared decision-making: What do the studies, clients, and interactions say? Triangulating the findings from three methodologies. Adam E J Gibson, University of Roehampton, London, UK

#### 13. Panel

alliance & interpersonal process Moderator: Wolfgang Tschacher, University of Bern, Switzerland

#### Thursday I 10:30 AM--12:00 PM I Room 11 Embodiment and nonverbal synchrony in psychotherapeutic interaction

Evaluating interpersonal synchrony in naturalistic dyadic conversations using Motion Energy Analysis: Lessons from autism spectrum conditions and typical development Alexandra Georgescu, University College London; Antonia Hamilton, University College London; Christine Falter, University Hospital of Cologne, Germany; Kai Vogeley, University Hospital of Cologne, Germany; Wolfgang Tschacher, University of Bern, Switzerland

Does nonverbal timing in patient-therapist interactions predict premature discontinuation in psychotherapy of patients with social anxiety disorder? Désirée Thielemann, Jena University Hospital,

Germany; Jane Dittmann, University Trier, Germany; Julian Rubel, University Trier, Germany; Brian Schwartz, University Trier, Germany; Anne-Katharina Deisenhofer, University Trier, Germany; Wolfgang Lutz, University Trier, Germany; Bernhard Strauss, University of Jena, Germany; Uwe Altmann, Jena University Hospital, Germany

Nonverbal synchrony: The change of dyadic nowness over the course of psychotherapy, and its relation to outcome Brian Schwartz, University Trier, Germany; Jane Dittmann, University Trier, Germany; Anne-

Katharina Deisenhofer, University Trier, Germany; Wolfgang Lutz, University Trier, Germany

Nonverbal synchrony -- a candidate common factor of psychotherapy? Wolfgang Tschacher, University of Bern, Switzerland; Fabian Ramseyer, Abteilung für Psychotherapie, Universitätsklinik für Psychiatrie und Psychotherapie, Universität Be

14. <b>Panel</b> child & family Moderator: Dr Sarah Peter, Birkbeck	Thursday I 10:30 AM12:00 PM I Room 14 Psychoanalytic child psychotherapy and the medical model
	Child psychotherapy with children who are medicated for ADHD: Discourse, power and interdisciplinary practice Dr Sarah Peter, Birkbeck
	Encountering a cartwheeling princess: Relational psychoanalytic therapy of a child with attachment difficulties and ADHD Christine Laidlaw, University of South Africa
	Psychoanalytic psychotherapy as a form of treatment for a young boy with OCD. Sayi Thomas, Tavistock Clinic, London, UK
	The meaning of SSRI medication: a retrospective account from adolescents clinically referred and treated for depression Rita A Maroun, University College London / Anna Freud Centre

15. <b>Panel</b> psychotherapy integration Moderator: Antje Gumz, Berlin University of Psychology	Thursday I 10:30 AM12:00 PM I Room 15 Focusing on patient resources and strengths in psychotherapy
	Fostering resilience: Evaluation of an intervention module Ulrike Willutzki, Department of Psychology and Psychotherapy, Witten/Herdecke University; Philipp Victor, Department of Psychology and Psychotherapy, Witten/Herdecke University
	A meta-analysis of resource- and strength- focused interventions Antje Gumz, Berlin University of Psychology; Tanja Szeles, Berlin University of Psychology; Thomas Munder, Berlin University of Psychology
	<b>Concepts of using patient resources in</b> <b>psychodynamic therapy</b> Thomas Munder, Berlin University of Psychology; Kai Rugenstein, Berlin University of Psychology; Antje Gumz, Berlin University of Psychology
	The embodiment approach to patient resources Wolfgang Tschacher, University Hospital of Psychiatry, Bern, Switzerland; Fabian Ramseyer, University Hospital of Psychiatry, Bern, Switzerland
	Discussant: Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany;

16.	Thursday I 10:30 AM12:00 PM I Room 2
<b>Panel</b>	<b>Spirituality</b>
Moderator: Steven J. Sandage, Boston University	<ul> <li>Spiritual Care in Hospitals: An Applied Pilot Study of Spiritual Counselling Zehra Ersahin, Social Sciences University of Ankara; Uzeyir Ok, Ibn Haldun University; H. Sinem Ugurlu Bakar, Ankara University</li> <li>Therapists' religious and spiritual beliefs: Locating the sacred within the therapeutic landscape Chetna Duggal, Tata Institute of Social Sciences</li> <li>Testing a Relational Spirituality Model with Adult Psychotherapy Clients Steven J. Sandage, Boston University; David Paine, Boston University; Elizabeth Ruffing, Boston University; Sarah Moon, Boston University; David Rupert, Boston University; Miriam Bronstein, Boston University; Chance Bell, Boston University; Peter Jankowski, Bethel University</li> </ul>

17. <b>Panel</b>	Thursday I 10:30 AM12:00 PM I Room 6 Training and therapist Development
Moderator: Johannes Florian Krall, University of Klagenfurt, Austria	How do newly certified integrative and TA psychotherapists experience their professional and personal growth? Spela Krizanec, Medical University Ljubljana; Sara Pristavec, Community Health Centre Domžale; Gregor Žvelc, University of Ljubljana, Faculty of Arts, Department of Psychology; University of Primorska
	A qualitative exploration of child psychotherapists' perspectives on the links between their personal analysis during training and their own practice Coralie Lasvergnas, University College, London, UK; Evrinomy Avdi, Aristotle University of Thessaloniki; Nick Midgley, UCL / Anna Freud National Centre
	Therapeutic attitudes and emotional responses in an sample of therapist in training. Mauro Di Lorenzo, Gruppo Scuole Psicoterapia Psicoanalitica (GSPP); Laura Bonalume,; Daniela Brambilla,; Chiara Gnesi,; Daniela Marzana,; Chiara Suttora,; Rossella Di Pierro,
	Supervision of psychodrama trainees in counselling and psychotherapy Johannes Florian Krall, University of Klagenfurt, Austria

18. <b>Panel</b> child & family Moderator: Randi Ulberg, University of Oslo, Norway	Thursday I 10:30 AM12:00 PM I Room 7 Dynamic mechanism, dynamic change, and the depressed adolescents' experience of change in psychodynamic therapy
	Structured case formulations in a study on adolescent psychotherapy Peter Tallberg, Østfold Hospital Trust, Norway; Elisabeth Ness, Vestfold Hospital Trust, Norway; Randi Ulberg, University of Oslo, Norway Assessment of Dynamic Change in Psychodynamic Psychotherapy with Adolescents Elisabeth Ness, Vestfold Hospital Trust, Norway; Peter Tallberg, Østfold Hospital Trust, Norway; Randi Ulberg, University of Oslo, Norway Adolescents' experience of change in psychodynamic therapy; a qualitative
	study André Løvgren, University of Oslo, Norway; Jan Ivar Røssberg, Oslo University Hospital, Norway Discussant: Elina Kanellopoulou, Sismagnolio General Hospital, Greece;

19. <b>Panel</b> evidence-based psychotherapies Moderator: Irene Messina, University of Padua	Thursday I 10:30 AM12:00 PM I Room 9 Effectiveness of short-term psychodynamic psychotherapy
	Intensive transactional analysis psychotherapy (ITAP): A new model for psychodynamic psychotherapy intensification Francesco Scottà, Centro Psicologia Dinamica, Padova (Italy); Marco Sambin, University of Padua
	The change process in short intensive dynamic psychotherapy Jan Derksen,
	Convergence between neurobiological models of psychotherapy and the I.T.A.P. theory Marco Sambin, University of Padua; Irene Messina, University of Padua
	Discussant: Felicitas Rost, Tavistock and Portman NHS Foundation Trust;

Moderator: Benjamin Aas, Paracelsus Medical University, Salzburg, AustriaSocial inequalities and therapeutic practice in the Social Clinics of Athens: An exploratory inquiry into the work of volunteer counsellors Christina Sachpasid University of EdinburghElephants in the room!: Counselling not English speaking clients through interpreters. Merih B Fidan, University of Leicester, UKPride or Prejudice? : The Role of Ethnic and Culture in the Mental Health and Professional Development of Medical Students. Diana Bass, Kings College London. University of ExeterPsygration: Proof of concept for an onli cross-language platform for psychologi assessment. Benjamin Aas, Paracelsus Med University, Salzburg, Austria	di, n- city na ine ical

21. Brief Paper Session	Thursday I 10:30 AM12:00 PM I Room 8 Single case studies I
Moderator: Jarl Wahlström, University of Jyväskylä	A contrasting juxtaposition of analyzing a dream series by the dream interpretation method of depth psychology including individual psychology and psychoanalysis andthe dream generation model of U. Moser and I. von Zeppelin Gabriela Pap, Medical University of Vienna, Austria
	<b>Complex trauma and (therapeutic)</b> <b>relationships: A single-case study.</b> Kimberly Van Nieuwenhove, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium; Mattias Desmet, Ghent University, Belgium
	Why did she leave? An evidence-based case study of a dropout in an effective psychotherapy of depression Petr Dolezal, Masaryk University, Faculty of Social Studies, Brno, CZ; Michal Cevelicek, Masaryk University Displaying Agency Problems at the Outset of Psychotherapy Jarl Wahlström, University of Jyväskylä; Minna-Leena Seilonen, University of Jyväskylä
22. Lunch	Thursday I 12:00 PM1:30 PM I North Writing School Lunch / Special Interest Groups
23.	Thursday I 1:30 PM2:30 PM I Room 1 UK Chapter Meeting
Moderator: Felicitas Rost, Tavistock and Portman NHS Foundation Trust	

24. Moderator: Stig Poulsen, University of Copenhagen, Denmark	Thursday I 1:30 PM2:30 PM I Room 6 European Chapter Meeting
25. <b>Panel</b> quantitative & qualitative method Moderator: Melissa Miléna De Smet, Ghent University, Belgium	Thursday I 2:30 PM4:00 PM I Room 1 Moving towards clinically relevant research - acknowledging the responsibility of the researcher
	Shaping the object of science throughout the data collection process in psychotherapy research Ufuoma Norman, Ghent University, Belgium; Femke Truijens, Ghent University, Belgium; Mattias Desmet, Ghent University, Belgium
	An idiosyncratic approach to the study of outcome: integrating the first-person perspective into standard outcome research Melissa Miléna De Smet, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium
	<b>Q-Sort Methodology: Making Assessment</b> <b>Measures Clinically Meaningful</b> Felicitas Rost, Tavistock and Portman NHS Foundation Trust
	Discussants: Stig Poulsen, University of Copenhagen, Denmark; Stig Poulsen, University of Copenhagen, Denmark; Stig Poulsen, University of Copenhagen, Denmark; Stig Poulsen, University of Copenhagen, Denmark;

26.	Thursday I 2:30 PM4:00 PM I Room 11
Panel	Affective relationship patterns and
alliance & interpersonal	working alliance
process	Working ununee
Moderator: Eva Bänninger-	
Ŭ	
Huber, University of	
Innsbruck, Austria	Prototypical Affective Microsequences
	(PAMs) and feelings of countertransference
	in psychoanalytic psychotherapy Eva Huber,
	University of Innsbruck; Michael Hafener,
	University of Innsbruck; Eva Bänninger-Huber,
	University of Innsbruck, Austria
	The Interactive Organization of Intense
	Gaze Avoiding Laughter Peter Muntigl,
	University of Ghent; Eva Bänninger-Huber,
	University of Innsbruck, Austria
	Interactive emotion regulation in the
	context of crying Eva Bänninger-Huber,
	University of Innsbruck, Austria; Michael Pöll,
	University of Innsbruck, Austria
	Chrycistry of hillsofuck, Ausula
	Discussant: Wolfgang Tschacher,
	University of Bern, Switzerland;
	University of Dent, Switzenand,

27. <b>Panel</b> child & family Moderator: Evrinomy Avdi, Aristotle University of Thessaloniki	Thursday I 2:30 PM4:00 PM I Room 14 Exploring aspects of the therapeutic process in Parent Infant Psychotherapy
	<b>Exploring shifts in parental constructions</b> of the infant during parent infant psychotherapy Nancy Rostant, University College London; Evrinomy Avdi, Aristotle University of Thessaloniki; Tessa Baradon, Anna FReud National Centre for Children and Families; Michelle Sleed, Anna Freud Center, London, UK
	Patterns of Maternal Behaviour Associated with the Development of Infant Disorganised Attachment and Clinical Technique in Parent-Infant Psychotherapy Sarah Anne Miltz, Anna Freud Center, London, UK; Evrinomy Avdi, Aristotle University of Thessaloniki; Tessa Baradon, Anna FReud National Centre for Children and Families; Michelle Sleed, Anna Freud Center, London, UK
	How Babies Actively Engage in Therapy: A naturalistic observational study of a baby in Parent Infant Psychotherapy Elaine Pennicott-Banks, University College, London, UK; Evrinomy Avdi, Aristotle University of Thessaloniki; Michelle Sleed, Anna Freud Center, London, UK
	Discussant: Esther Cohen, Hebrew University, Jerusalem, Israel;

28. <b>Panel</b> alliance & interpersonal process Moderator: William B Stiles, Miami University, Oxford, USA	Thursday I 2:30 PM4:00 PM I Room 2 New directions in assimilation model research: Theory-building case studies on setbacks, dementia, bereavement, and digital imagery
	Therapist activities preceding setbacks in a poor-outcome case Isabel Caro Gabalda, University of Valencia, Spain; William B Stiles, Miami University, Oxford, USA
	Dementia and existential threat: negotiating the fear of a loss of control Richard Iain Lloyd Cheston, University of the West of England
	Assimilation of grief experiences following spousal bereavement. John Wilson, York St John University
	Digital images as therapeutic meaning bridges. Case Study research into the use of avatar based software by adolescents in school counselling Biljana van Rijn, Metanoia Institute; Caroline Falconer, University of Nottingham, UK; Evi Chryssafidou, Metanoia Institute; William B Stiles, Miami University, Oxford, USA

### 29.

### Panel

practice-training-research networks Moderator: Henriette Löffler-Stastka, Medical University of Vienna, Austria

### Thursday I 2:30 PM--4:00 PM I Room 6 Competence development in Psychotherapy Training

Mentalizing in psychotherapy training. An exploratory study on change in mentalizing skills as an effect of psychotherapy training Ingrid Pleschberger, Medical University of Vienna, Austria; Henriette Löffler-Stastka, Medical University of Vienna, Austria

MASC to assess the mentalization capacity of therapists before and after a standardized MBT-training. Richard Horn, Medical University of Vienna, Austria; Isabella Klaus, Kaiser Franz Joseph Hospital Vienna, Psychiatric Department, Vienna Austria; Kurt Stastka, Kaiser Franz Joseph Hospital, Psychiatric Department, Vienna; Henriette Löffler-Stastka, Medical University of Vienna, Austria

Science and Heritage: Towards Competence Development in Person-Centred Psychotherapy Training Brigitte Macke-Bruck, Medical University of Vienna, Austria; Henriette Löffler-Stastka, Medical University of Vienna, Austria

Changes in empathy, mentalization and the development of psychoanalytic core competences in psychotherapy trainees in the course of their training compared to experienced psychotherapists. Isabelle Wolf, Medical University of Vienna, Austria; Henriette Löffler-Stastka, Medical University of Vienna, Austria

Discussants: Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany; Henriette Löffler-Stastka, Medical University of Vienna, Austria; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany;

### Thursday | 2:30 PM--4:00 PM | Room 7 Treatment of adolescent depression evidence-based psychotherapies

30.

Panel

Moderator: Antonella Cirasola. Anna Freud

Center, London, UK

Cognitive behavioural therapy and shortterm psychoanalytic psychotherapy versus a Brief Psychosocial Intervention in adolescents with unipolar major depressive disorder (IMPACT): a randomised controlled superiority trial Shirley Reynolds, University of Reading

Inside the therapy room - additional findings from IMPACT using the **Comparative Psychotherapy Process** Scales (CPPS) and the Adolescent Psychotherapy Q-Set (APQ). Nick Midgley, UCL / Anna Freud National Centre; Sally O'Keeffe, University College, London, UK; Ana Calderon, University College, London, UK

Neuroanatomical Perspectives on the Aetiology and Treatment of Young People with Depression John Suckling, University of Cambridge

31. <b>Panel</b> quantitative & qualitative method Moderator: John McLeod, Oslo University, Norway	Thursday I 2:30 PM4:00 PM I Room 8 Innovative strategies for qualitative research into the person of the therapist
	The 'Professional Ex': Collaboration in research with addiction counsellors with lived experience Marguerite Woods, Institute for Integrative Counselling and Psychotherapy, Dublin
	Transference: A theatre play - and how it was created from research interviews with senior therapists Marit Råbu, University of Oslo, Norway
	How the experience of being a client has informed the practice of a group of experienced psychotherapists: a collective autoethnography John McLeod, Oslo University, Norway

32. <b>Panel</b> evidence-based psychotherapies Moderator: Stephen Buller, Psychotherapy Foundation	Thursday I 2:30 PM4:00 PM I Room 9 Effectiveness, process and outcome research in Short-Term Psychodynamic Psychotherapy (STPP)
	Therapist interventions and rupture resolution of the therapeutic alliance in psychodynamic psychotherapy: Comparing responders and nonresponders Yves de Roten, Lausanne University, Switzerland
	Clinical and Cost Effectiveness of Short- Term Psychodynamic Psychotherapy (STPP) as a Frontline Treatment for Somatoform Disorders in Primary Care Stephen Buller, Psychotherapy Foundation; Susan Hajkowski, University of Leicester, UK
	Developing a Rating Scale for the Evaluation of Ego Capacity in Short-Term Psychodynamic Psychotherapy (STPP) Susan Hajkowski, University of Leicester, UK
	Discussant: Johannes C. Ehrenthal, University of Klagenfurt, Austria;

33. Brief Paper Session	Thursday I 2:30 PM4:00 PM I Room 10 Measures II
Moderator: Francesca Giannone, Università di Palermo, Italy	The MATRIXscore- A Novel Tool for Measuring Theoretical Approaches of Psychodynamic Sessions Amit Saad, Shalvata Mental Health Center, Tel-Aviv University, Israel; Shlomo Mendlovic, Tel Aviv University, Israel; Boaz Schwarz, Bar-Ilan University, Israel; Ariel Ben-Yehuda, Shalvata Mental Health Center, Israel Assessing treatment integrity in EFT: Tools for research and training Marina Lopes Monteiro, ISMAI - University Institute of Maia; Carla Cunha, ISMAI University Institute of Maia, Portugal Daniela Nogueira, ISMAI University Institute of Maia; João
	Salgado, ISMAI University Institute of Maia, Portugal Psychometric Properties of the Outcome Rating Scale (ORS) and Session Rating Scale 3.0 (SRS 3.0) in a Spanish Clinical Sample Danilo Moggia, Universitat de Barcelona, Spain; Noelia Niño-Robles, Universitat de Barcelona, Spain; Guillem Feixas, Universitat de Barcelona, Spain; Scott D. Miller, Center for Clinical Excellence The Italian adaptation of the Group Questionnaire:validity and factorial structure Francesca Giannone, Università di Palermo, Italy; Maria Di Blasi, Università di Palermo; Cecilia Giordano, Università di Palermo, Italy; Cinzia Guarnaccia, Paris 8 University Niccolò Cusano; Gianluca Lo Coco, Università di palermo, Italy

34. Brief Paper Session Moderator: Markus C. Hayden, Alpen-Adria Universität Klagenfurt	<ul> <li>Thursday I 2:30 PM4:00 PM I Room 15 Mentalization and Reflective Functioning</li> <li>Mentalization, interpersonal problems, and attachment in close relationships over the course of treatment Markus C. Hayden, Alpen- Adria Universität Klagenfurt; Pia K. Müllauer, University of Klagenfurt, Austria; Sylke Andreas, Universität Witten, Germany</li> <li>Mentalization and its relationship to attachment and trauma in borderline personality disorder K Dharani Devi, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India; Poornima Bhola, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India; Prabha Chandra, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India</li> <li>The Relation between the Therapist's Performance concerning Unconscious Tests and the Patient's Level of Reflective Functioning: An Explorative Study Denise Zeyer, Universität Witten, Germany; Carolina Seybert, IPU Berlin; Dorothea Huber, IPU Berlin; Isa Sammet, Klinikum Christophsbad; Sylke Andreas, Universität Witten, Germany</li> <li>Reflective Functioning in Couple Therapy for Depression: Comparative Case Study of Good and Poor Outcomes Lotta Aura Heiskanen, The Finnish Family Federation</li> </ul>
35.	Thursday I 4:30 PM6:00 PM I Room 9
<b>Structured Discussion</b>	Uses and/or abuses of research? The
<i>evidence-based</i>	2017 NICE Guidelines for depression
<i>psychotherapies</i>	and the future of counselling and
<i>Moderator: Naomi Petra</i>	psychotherapy in treatment for
<i>Moller, Open University</i>	depression in the NHS in England

36. <b>Panel</b> practice-training-research networks Moderator: Sheila Butler, The Open University UK and KMPT NHS	Thursday I 4:30 PM6:00 PM I Room 1 Nurturing Common Ground with Practice Oriented Research and Practice Research Networks
	<b>Practice-research Landscapes</b> Sheila Butler, The Open University UK and KMPT NHS
	Experiences of early stage therapists and researchers in the development of a Practice Research Network Javier Fernández Alvarez, Universitat Jaume I
	Using messy real data to advance understanding; CORC's approach Miranda Wolpert, Anna Freud Center, London, UK
	Reflections and Ways forward: Can participatory and collaborative POR and PRN models strengthen and add new dimensions to research and practice? Sheila Butler, The Open University UK and KMPT NHS; Javier Fernández Alvarez, Universitat Jaume I; Miranda Wolpert, Anna Freud Center, London, UK
	Discussants: Sheila Butler, The Open University UK and KMPT NHS; Javier Fernández Alvarez, Universitat Jaume I; Miranda Wolpert, Anna Freud Center, London, UK; Javier Fernández Alvarez, Universitat Jaume I; Javier Fernández Alvarez, Universitat Jaume I; Javier Fernández Alvarez, Universitat Jaume I; Miranda Wolpert, Anna Freud Center, London, UK; Miranda Wolpert, Anna Freud Center, London, UK; Miranda Wolpert, Anna Freud Center, London, UK; Miranda Wolpert, Anna Freud Center, London, UK;

37. <b>Panel</b>	Thursday I 4:30 PM6:00 PM I Room 10 Measures I
Moderator: Henning Schauenburg, Heidelberg University, Germany	<ul> <li>Perceptions of Active Processes in Psychotherapy: Development of the Perceived Active Mechanisms of Psychotherapy Scale Dana Tzur Bitan, Shalvata Mental Health Center; Aryeh Lazar, Ariel University; Ben Siton, Ariel University</li> <li>The Development of the Relational Needs Scale Gregor Žvelc, University of Ljubljana, Faculty of Arts, Department of Psychology; University of Primorska; Karolina Jovanoska, Institute for Integrative Psychotherapy and Counselling, Ljubljana, Slovenia</li> <li>Operationalized Psychodynamic Diagnosis (OPD) - an English E-Learning Course for a well implemented and broadly used clinical tool Henning Schauenburg, Heidelberg University, Germany; Simone Jenissen, Heidelberg University,</li> </ul>
	Germany; Manfred Cierpka, Heidelberg University, Germany

#### 38. **Panel**

psychotherapy integration Moderator: Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria)

### Thursday I 4:30 PM--6:00 PM I Room 11 Complexity science and psychotherapy research

A dynamic systems approach to therapeutic alliance: Relational attunement and treatment outcome Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Salvatore Gullo, University Niccolò Cusano; Johann Kleinbub, University of Padua; Arianna Palmieri, University of Padua; Goria Lagetto, University of Salento; Erhard Mergenthaler, University of Ulm

#### PSYCHOPHYSIOLOGIAL SYNCRONIZATION AND EMOTIONAL-COGNITIVE REGULATION IN PSYCHODYNAMIC PSYCHOTHERAPY: A

**PILOT STUDY** Arianna Palmieri, University of Padua; Johann Kleinbub, University of Padua; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Erhard Mergenthaler, University of Ulm; Sergio Salvatore, University of Salento; Goria Lagetto, University of Salento

Developing clinically useful conceptualisation of complexity in family and relational systems: Preliminary findings from Case-Based research with "traumatized and traumatizing families". Sophie Holmes, Williams Road Family Therapy Centre

39.	Thursday I 4:30 PM6:00 PM I Room 14
<b>Panel</b>	Parents in psychotherapy
Moderator: Naama Gershy, Hebrew University, Jerusalem, Israel	<ul> <li>Parental stress in the face of early regulatory disorders in infancy what matters most? Anna K. Georg, Heidelberg University, Germany; Paul Schröder, Heidelberg University, Germany</li> <li>Exploring parental representations in mothers whose infants go on to develop disorganised attachment Juraj Kralik, UCL</li> <li>Mindfulness skills training in the community- from nomothetic approach to individualized intervention Naama Gershy, Hebrew University, Jerusalem, Israel</li> </ul>

40.	Thursday I 4:30 PM6:00 PM I Room 15
Panel	Mentalization-based treatment
Panel Moderator: Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany	Intensive outpatient Mentalization-Based Treatment (MBT-IOP) for Borderline Personality Disorder in adult population: A pilot study. Beatriz García Ruiz, Autonomous University of Barcelona, Spain; Carla Mañós Serrat, Sant Pere Claver Health Foundation. Barcelona, Spain; Glòria Mateu Vives, Sant Pere Claver Health Foundation, Barcelona, Spain
	From clinical research to the development of a new treatment modality Mentalization-based Therapy for adolescents with conduct disorder Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany; Jana Volkert, Heidelberg University, Germany; Thorsten-Christian Gablonski, Heidelberg University, Germany
	Reactivity to Social Exclusion in Borderline Personality Disorder Is Associated with Therapeutic Alliance in Mentalization-Based Group Therapy Sebastian Euler, University of Basel; Mareike Busmann, University of Basel; Johannes Wrege, University of Basel; Marc Walter, University of Basel
	Discussant: Björn Philips, Stockholm University, Sweden;

#### 41. Thursday | 4:30 PM--6:00 PM | Room 7 Parental experiences of infant, child Panel and adolescent mental health child & family Moderator: Antonella diagnosis and treatment Cirasola. Anna Freud Center. London. UK A Qualitative Study of Therapy Experience for Depressed Mothers Receiving Parent-Infant Psychotherapy with their Infants Sarah Elizabeth Spitzfaden, Anna Freud Center, London, UK; Michelle Sleed, Anna Freud Center, London, UK; Tessa Baradon, Anna FReud National Centre for Children and Families; Evrinomy Avdi, Aristotle University of Thessaloniki Child parent psychotherapy (CPP) - an

evidence based model for treatment of traumatized children aged 0-6 Anna Norlén, The Erica Foundation, Stockholm, Sweden

The experience of being the parent of an adolescent with a diagnosis of depression in the UK Emily Stapley, Anna Freud National Centre for Children and Families and UCL; Mary Target, Anna Freud National Centre for Children and Families and UCL; Nick Midgley, UCL / Anna Freud National Centre

Discussant: Esther Cohen, Hebrew University, Jerusalem, Israel;

42. <b>Panel</b> quantitative & qualitative method Moderator: Roxane McKechnie Agnew-Davies, University of Bristol	Thursday I 4:30 PM6:00 PM I Room 8 Psychological advocacy towards healing (PATH): A randomized controlled trial and qualitative analysis of a new psychological intervention in domestic violence services.
	PATH (Psychological advocacy towards healing) Model Roxane McKechnie Agnew-Davies, University of Bristol
	A randomized controlled trial of PATH in domestic violence services Gene Feder, University of Bristol; Giulia Ferrari, University of Bristol
	Women's experiences of a trial of a specialist psychological advocacy intervention following domestic violence or abuse: a nested qualitative study Maggie Evans, University of Bristol
	Discussant: Gene Feder, University of Bristol;

43.Thursday I 4:30 PM6:00 PM I Room 2Brief Paper SessionChange processes II	
Moderator: Mattias Desmet, Ghent University, BelgiumThe Structure of Change in Psychothera General or Specific Factors? Matthew Pa Constantinou, University College, London, UK Allison, University College, London, UKDoes the Phase Model Predict Patterns of Change in Couple Therapy? Robert J. Lu Wisconsin School of Professional Psychology; William Pinsof, Pinsof Family SystemsTherapeutic Alliance, Therapist Allegian and Therapist Adherence in a Randomiz Controlled Pilot Trial comparing Cogniti Behavioral Therapy and Systemic Thera for Social Anxiety Disorder Anna Sandme University Hospital Heidelberg, Christina Hung University Hospital Heidelberg, Germany; Rebecca Hizinger, University Hospital, Heidelberg, Germany; Ochange University, Germany; Johannes Mander, Heidelberg University Institute of Maia - ISMAI; Carlos Correia, Institute of Maia - ISMAI; João Salgado, ISMAI Universitario on Maia - ISMAI (Iniversity, Belgium; Ruth Inslegers, Ghent University, Belgium; Ruth Inslegers, Ghent <br< th=""><td>ce, ed ve py r, ger, , , , , , , , , , , , , , , , , , ,</td></br<>	ce, ed ve py r, ger, , , , , , , , , , , , , , , , , , ,

44.	Thursday I 4:30 PM6:00 PM I Room 6
Brief Paper Session	Therapist perspectives
Brief Paper Session	merapist perspectives
Moderator: Tomas Rihacek,	
,	
Masaryk University in Brno,	A study of the working interface between
Czech Republic	
	the different therapy and counselling
	modalities in a low-cost service Mary Lister
	Ashby, Exeter University
	A Question of Process: Implicit Theories
	Concerning the Relationship of Psyche and
	Soma in the Analytic Encounter Ann
	Addison, Society of Analytical Psychology
	An exploration of how psychoanalytic
	practitioners understand Voluntary
	Childlessness in the clinical setting. Sheila
	O'Sullivan, Centre for Psychoanalytic Studies,
	Essex, UK
	Dimensions of therapeutic relationship:
	The therapist perspective Tomas Rihacek,
	Masaryk University in Brno, Czech Republic; Jan
	Roubal, Masaryk University in Brno, Czech
	Republic
	Republic

45. Poster Session Thursday I 6:00 PM--8:00 PM I North Writing School **Poster session** 

Harnessing nonverbal events in psychotherapy as clinical intervention in Functional analytic Psychotherapy (FAP) Tien Kuei, University of Glasgow

A Qualitative Analysis of Novice Therapists' Hesitation to Using Voluntary Self-Disclosure and Developmental Process of the Professional Self Akihiro Kusaoka, Hokkaido University, Japan

**Couple therapy practice in India** Chetna Duggal, Tata Institute of Social Sciences

Adolescent patients' responses to transference interpretations focused on endings in short-term psychoanalytic psychotherapy elena della rosa, University of Essex

Psychotherapy Group Supervision for Graduate Students: The Role of Group Processes in Fostering Therapeutic Skills Shulamit Geller, The Academic College of Tel-

Avivy Yaffo; Keren Hanetz-Gamliel, The Academic College of Tel Aviv-Yafo

UK secondary school therapists' online communication with their clients and potential development in this area. Jeanette Hennigan, Middlesex University & Metanoia Institute; Stephen Goss, Middlesex University and Metanoia Institute

Guilt eliciting narratives and their enactment in psychotherapeutic interaction Sabine Monsberger, University of Innsbruck; Eva Bänninger-Huber, University of Innsbruck, Austria

What works for whom and how? Mechanisms of change in psychotherapy -the MOP study.A randomized study of psychodynamic and cognitive behavioural therapy for patients with depressive

# Friday, 22 September

46. <b>Structured Discussion</b> <i>evidence-based</i> <i>psychotherapies</i> <i>Moderator: Randi Ulberg,</i> <i>University of Oslo, Norway</i>	Friday I 8:30 AM10:00 AM I Room 14 How to Develop Research on Individualized Psychotherapy Treatment of Young People with Mental Disorders?
	Specific markers (moderators) in youth psychotherapy Stig Poulsen, University of Copenhagen, Denmark
	Mechanisms of change (mediators) in youth psychotherapy Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany
	Age customized process and treatment measures in youth psychotherapy Fredrik Falkenström, Stockholm University, Sweden
	Age customized research designs in youthe psychotherapy Julian Childs, University College, London, UK
	<b>Dissemination of results and</b> <b>communication with stakeholders</b> Michael Kaess, University of Bern, Switzerland
	Discussants: Randi Ulberg, University of Oslo, Norway; Randi Ulberg, University of Oslo, Norway; Elina Kanellopoulou, Dismanoglia General Hospital, Greece;

47. <b>Structured Discussion</b> <i>evidence-based</i> <i>psychotherapies</i> <i>Moderator: Robert Elliott,</i> <i>University of Strathclyde,</i> <i>Glasgow, UK</i>	Friday I 8:30 AM10:00 AM I Room 9 Evidence and Politics in the Mental Health Treatment Guideline Process: What Role for Psychotherapy Research?
	Michael Barkham, University of Sheffield, UK
	Jeremy Clarke, London School of Economics
	Robert Elliott, University of Strathclyde, Glasgow, UK
	Discussants: Robert Elliott, University of Strathclyde, Glasgow, UK; Michael Barkham, University of Sheffield, UK; Jeremy Clarke, London School of Economics;
48. <b>Panel</b> evidence-based psychotherapies Moderator: Felicitas Rost, Tavistock and Portman NHS Foundation Trust	Friday I 8:30 AM10:00 AM I Room 1 Paraphilias, Violence and Personality Disorder: Implementing Clinical Research at the Portman Clinic
	Trials and tribulations of implementing a randomized controlled trial of MBT for antisocial personality disorder in the UK Criminal Justice System Jessica Yakeley, Portman Clinic, London, UK
	Paraphilias and personality disorder: Changes in personality functioning as a result of long-term psychoanalytic psychotherapy Felicitas Rost, Tavistock and Portman NHS Foundation Trust
	Tracking subtle changes in personality functioning and in behaviour: A Case Study Stephen Blumenthal, Portman Clinic, London, UK

49.	Friday   8:30 AM10:00 AM   Room 10
<b>Panel</b>	Work-related stress in therapists
Moderator: Jasenka Lukac- Greenwood, Metanoia Institute	An evaluation of the use of cognitive analytic concepts in organisational service delivery for clients with multiple complex needs. Karen Shannon, DKS Associates Liverpool; Glenys Parry, University of Sheffield, UK A Mixed Methods Approach Investigating Cognitive Changes in Vicarious Trauma within Trainees and Qualified Therapists Emma Louise Milard, Nottinghamshire Healthcare NHS Trust, UK; Rachel Sabin-Farrell, University of Nottingham, UK; Thomas Schröder, University of Nottingham, UK Let's talk about sex: An Investigation into female psychotherapists' experience of male clients' sexual attraction towards them. Jasenka Lukac-Greenwood, Metanoia Institute; Biljana van Rijn, Metanoia Institute

# 50.

Panel

alliance & interpersonal process Moderator: Eugénia Ribeiro, University of Minho Friday I 8:30 AM--10:00 AM I Room 11 Psychophysiological correlates of Therapy Process Quality and Client's Change

Psychophysiological markers of change in psychotherapy: An exploratory case study Joana Ribeiro Silva, Psychology Research Center, University of Minho; Daniela Alves, Psychology Research Center; University of Minho; Patrícia Oliveira-Silva, Portuguese Catholic University; Carina Magalhães, Psychology Research Center, University of Minho; Inês Sousa, Mathematics Department, University of Minho; Miguel Gonçalves, Psychology Research Center, University of Minho

Therapeutic Collaboration and Psychophysiological Synchrony: A Single Case Study Angela Ferreira, Psychology Research Center, University of Minho; Inês Sousa, Mathematics Department, University of Minho; Adriana Sampaio, Psychology Research Center, University of Minho; Eugénia Ribeiro, University of Minho

Dyads' psychophysiological activity during smooth and rough sessions Eugénia Ribeiro, University of Minho; William B Stiles, Miami University, Oxford, USA; Adam Horvath, Simon Fraser University; Inês Sousa, Mathematics Department, University of Minho; Adriana Sampaio, Psychology Research Center, University of Minho; Angela Ferreira, Psychology Research Center, University of Minho

Moderator: Michal Mielimaka, Jagiellonian University Medical College

### Friday | 8:30 AM--10:00 AM | Room 15 Personality characteristics in psychotherapy I

Resistance, defensiveness, autopresentation in patients treated for neurotic and personality disorders with group psychodynamic psychotherapy -- patterns of symptoms reporting Katarzyna Cyranka, Jagiellonian University Medical College; Krzysztof Rutkowski, Jagiellonian University Medical College; Michal Mielimaka, Jagiellonian University Medical College; Jerzy A. Sobanski, Jagiellonian University Medical College; Edyta Dembinska, Jagiellonian University Medical College; Anna Citkowska-Kisielewska, Jagiellonian University Medical College

Importance of attachment styles in psychological treatment of patients with substance use disorders Ylva Gidhagen, Linköping University (Sweden); Rolf Holmqvist, Linköping University, Stockholm, Sweden; Björn Philips, Stockholm University, Sweden

Coping strategies in patients treated with group psychotherapy for neurotic and personality disorders Michal Mielimaka, Jagiellonian University Medical College; Katarzyna Cyranka, Jagiellonian University Medical College; Krzysztof Rutkowski, Jagiellonian University Medical College; Jerzy A. Sobanski, Jagiellonian University Medical College; Edyta Dembinska, Jagiellonian University Medical College; Anna Citkowska-Kisielewska, Jagiellonian University Medical College

52. <b>Panel</b> quantitative & qualitative method Moderator: Aarno A. Laitila, University of Jyväskylä	Friday I 8:30 AM10:00 AM I Room 2 Relational Mind: Doing relational research on embodiment and experience in couple therapy
	Preliminary steps into mixed methods case study: the value of ANS measures for couple therapy research Aarno A. Laitila, University of Jyväskylä
	Embodied dialogue in a couple therapy bodily mirroring behavior and the spoken dialogue Petra Nyman-Salonen, University of Jyväskylä
	Bridging research and clinical intervention: Stimulated Recall Interviews as creation of meaning in the personal, couple and therapeutic system Maria Borcsa, University of Applied Sciences Nordhausen
	Discussant: John McLeod, Oslo University, Norway;

practice-training-research networks Moderator: Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria)

### Friday | 8:30 AM--10:00 AM | Room 6 Psychotherapy training research

Personal background, motivation and Interpersonal style of psychotherapy trainees with different theoretical orientations: Preliminary results from the Italian context Irene Messina, University of Padua; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Salvatore Gullo, University Niccolò Cusano; Marco Sambin, University of Padua; David Orlinsky, University of Chicago, USA

Development of relational abilities in the process of becoming a psychotherapist: Preliminary results from the Austrian context Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Salvatore Gullo, University Niccolò Cusano; Elitsa Tilkidzhieva, Sigmund Freud University, Vienna, Austria; Vanessa Freitag, Sigmund Freud University Vienna; Irene Messina, University of Padua

Empathy in Psychoanalysis and Medical Education: What can we learn from each other? Felicitas Datz, Medical University Vienna; Karoline Parth, Medical University of Vienna; Ingrid Preusche, Medical University of Vienna, Austria; Henriette Löffler-Stastka, Medical University of Vienna, Austria

Discussant: David Orlinsky, University of Chicago, USA;

# 54.

## Panel

child & family Moderator: Antonella Cirasola, Anna Freud Center, London, UK Friday I 8:30 AM--10:00 AM I Room 7 Panel Title: Using a mentalizing approach to meet the mental health needs of children and their families

The Herts and Minds Study: Evaluating the effectiveness of Mentalization-Based Treatment (MBT) as an intervention for children in foster care Nick Midgley. UCL/ Anna Freud National Centre; Sarah Jane Besser, University of Hertfordshire: Helen Dve. University of Hertfordshire; Pasco Fearon, University College London; Tim Gale, Hertfordshire Partnership University NHS Foundation Trust; Kiri Jefferies-Sewell. Hertfordshire Partnership University NHS Foundation Trust; Karen Irvine, Hertfordshire Partnership University NHS Foundation Trust: Joyce Robinson, Hertfordshire Partnership University NHS Foundation Trust; Solange Wyatt, University of Hertfordshire; Sally Wood, Anna Freud Center, London, UK; David Wellsted, University of Hertfordshire

A feasibility study of the Reflective Fostering Programme (RFP) Sheila Redfern, Anna Freud Center, London, UK; Alistair Cooper, Anna Freud Center, London, UK; Grace West, Anna Freud Center, London, UK; Antonella Cirasola, Anna Freud Center, London, UK; Nick Midgley, UCL / Anna Freud National Centre

The Lighthouse Mentalization Based Treatment - Parenting Programme for maltreating parents Michelle Sleed, Anna Freud Center, London, UK; Gerry Byrne, Oxford Health NHS Foundation Trust

55. <b>Panel</b>	Friday I 8:30 AM10:00 AM I Room 8 Single case studies II
Moderator: Ruth Inslegers, Ghent University, Belgium	The evolution of the culture of publishing case studies: away from the Obscure, rediscovery of the Ordinary Juri Krivzov, Ghent University, Belgium; Liza Notaerts, Ghent University, Belgium; Ruth Inslegers, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium
	The 'good' versus the 'bad'. A comparison between 'good', 'mixed' and 'poor' outcome published single case studies using the Single Case Archive. Ruth Inslegers, Ghent University, Belgium; Reitske Meganck, Ghent University, Belgium; Juri Krivzov, Ghent University, Belgium; Liza Notaerts, Ghent University, Belgium
	Patients' experiences with routine outcome monitoring (ROM) and clinical feedback (CF) systems: a systematic review and synthesis of qualitative empirical literature Stig Magne Solstad, Helse Førde; Christian Moltu, Helse Førde; Louis Castonguay, Penn State University, University Park, USA
	Case study research into psychotherapies for people that present with physical symptoms, 2012-2016: A review of the literature John Hills, University of Leeds, London, UK; Dr Jane Cahill, University of Leeds, London, UK; Dr John Lees, University of Leeds, London, UK; Prof Dawn Freshwater, University of Western Australia, Perth

56. <b>Panel</b>	Friday   10:30 AM12:00 PM   Room 1 Naturalistic outcome studies
Moderator: Vera Sabina Gergov, University of Helsinki and Helsinki University Hospital	Embedding outcome research in daily practice: The Cambridge Community Personality Disorder Service. Amanda Spong, Cambridgeshire & Peterborough NHS Trust; Lucy Fergusson, Cambridge and Peterborough Foundation NHS Trust; mark morris, Cambridge and Peterborough Foundation NHS Trust
	The effectiveness of couple therapy: outcomes in a naturalistic United Kingdom setting David Stuart Hewison, Tavistock Relationships, London UK; Michele Birtel, Tavistock Relationships, London UK
	Naturalistic follow-up study among adolescent psychiatric patients: are psychotherapeutic interventions effective in clinical settings and who drop out? Vera Sabina Gergov, University of Helsinki and Helsinki University Hospital; Jari Lahti, Helsinki Collegium for Advanced Studies, Finland; Mauri Marttunen, National Institute for Health and Welfare, Helsinki, Finland; Jari Lipsanen, University of Helsinki; Nina Lindberg, University of Helsinki and Helsinki University Hospital
	Routine Measurement and Feedback - Evidence that therapists can significantly increase their personal effect size Jeb Brown, Center for Clinical Informatics; Ashley Simon, Center for Clinical Informatics

attachment & development Moderator: Alessandro Talia, Heidelberg University, Germany Friday I 10:30 AM--12:00 PM I Room 10 The impact of In-session Attachment and Mentalizing on Psychotherapy Process and Outcome: moderation and change

The relationship between in-session attachment, reflective functioning and therapeutic alliance in CBT-E and PPT for bulimia nervosa Frederik Scharff, University of Copenhagen, Denmark; Alessandro Talia, Heidelberg University, Germany; Stig Poulsen, University of Copenhagen, Denmark; Susanne Lunn, University of Copenhagen, Denmark; Sarah Daniel, University of Copenhagen, Denmark

# In-session attachment in two treatment modalities:outcome moderation and

**change** Paul Schröder, Heidelberg University, Germany; Stig Poulsen, University of Copenhagen, Denmark; Susanne Lunn, University of Copenhagen, Denmark; Sarah Daniel, University of Copenhagen, Denmark; Alessandro Talia, Heidelberg University, Germany

# Mentalization as a predictor or outcome of psychotherapy in psychodynamic

**treatment?** Jana Volkert, Heidelberg University, Germany; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany; Holger Schulz, University Medical Center Hamburg-Eppendorf, Germany; Maria Dehoust, University Medical Center Hamburg-Eppendorf, Germany; Anna Levke Brütt, University Medical Center Hamburg-Eppendorf, Germany; Sylke Andreas, Universität Witten, Germany

Facilitating clients' movement in the direction of secure attachment: A Task Analytic Investigation Alessandro Talia, Heidelberg University, Germany; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany; Sarah Daniel, University of Copenhagen, Denmark

Discussant: Henning Schauenburg, Heidelberg University, Germany;

58. <b>Panel</b> child & family Moderator: Jocelyn Catty, Tavistock Clinic, London, UK	Friday   10:30 AM12:00 PM   Room 14 <b>Practice into research and back</b> <b>again in child psychotherapy</b>
	Learning from research: adopting STPP into clinical practice Jocelyn Catty, Tavistock Clinic, London, UK
	Doing it collaboratively! A case study of designing quantitative effect-studies on narrative family therapy in a local clinical context Nina Tejs Jorring,
	Time and Psychotherapy: How do child and adolescent psychodynamic psychotherapists working in NHS settings talk about time as a factor in therapeutic work? Joanna Kathleen Bent-Hazelwood, Birkbeck University
	Children's perceptions towards group- psychotherapy: meaning, process, and the contribution of animals Orit Harel, Bar Ilan Univesity
	Prospective cohort study about the outcome of short-term-psychotherapy with children, adolescent and their families in a psychiatric ambulance Sabine Pachta, Medical University of Vienna, Austria

59. <b>Panel</b>	Friday I 10:30 AM12:00 PM I Room 15 Personality characteristics in psychotherapy II
Moderator: Johannes C. Ehrenthal, University of Klagenfurt, Austria	Clinical applications of psychotherapy research: Levels of personality functioning as outcome, mediator and moderator Johannes C. Ehrenthal, University of Klagenfurt,
	Austria Modelling vulnerability for psychopathology and its associations with childhood maltreatment and mentalising Tobias Nolte, University College, London, UK;
	Laura Gibbon, University College, London, UK; Read Montague, University College, London, UK; Peter Fonagy, University College, London, UK Perfectionism' Negative Impact in Psychotherapy: The Perfectionism Social
	Disconnection Modeland Clinical Process and Outcome Paul L Hewitt, University of British Columbia, Vancouver, Canada; Samuel Mikail, Sunlife Financial; Gord Flett, York University, Canada

<ul> <li>60.</li> <li>Panel psychotherapy integration Moderator: Antje Gumz, Berlin University of Psychology</li> <li>Implementation of Alliance-Focused Training to the German health care system Laurence Reuter, Berlin University of Psychology; Antje Gumz, Berlin University of Psychology &amp; University Medical Center Hamburg-Eppendorf</li> <li>Reflective functioning as a specific factor in psychology, Alpen-Adria Universität Klagenfurt; Sven Rabung, Alpen-Adria University of Psychology &amp; University of Innsbruck, Austria</li> <li>Subjective concepts of the "talking cure": A qualitative study Christopher Marx, Berlin University of Psychology; Aujana Kersten, Berlin University of Psychology; Aujena Kersten, Berlin Univ</li></ul>		
<ul> <li>Training to the German health care system Laurence Reuter, Berlin University of Psychology; Thomas Munder, Berlin University of Psychology &amp; University Medical Center Hamburg-Eppendorf</li> <li>Reflective functioning as a specific factor in psychotherapy: a systematic review Sylke Andreas, Department of Psychology, University of Witten/Herdecke &amp; Institute of Psychology, Alpen-Adria Univ; Luis Wehn, Institute of Psychology, Alpen-Adria Universität Klagenfurt; Jonas Lüdemann, Institute of Psychology, Alpen-Adria Universität Klagenfurt; Sven Rabung, Alpen-Adria-Universität Klagenfurt Sven Rabung, Alpen-Adria-Universität Klagenfurt</li> <li>Patient crying and supportive interventions: When do therapists use them? Michael Pöll, University of Innsbruck, Austria; Antje Gumz, Berlin University of Psychology &amp; University Medical Center Hamburg-Eppendorf; Eva Bänninger-Huber, University of Innsbruck, Austria</li> <li>Subjective concepts of the "talking cure": A qualitative study Christopher Marx, Berlin University of Psychology; Anjea Mars, Berlin University of Psychology; Anjea Gumz, Berlin University of Psychology; Anjea Gumz, Berlin University of Psychology; Anjea Gumz, Berlin</li> </ul>	<b>Panel</b> psychotherapy integration Moderator: Antje Gumz, Berlin University of	Alliance, reflective functioning, and language: Basic factors of
<ul> <li>in psychotherapy: a systematic review Sylke Andreas, Department of Psychology, University of Witten/Herdecke &amp; Institute of Psychology, Alpen-Adria Univ; Luis Wehn, Institute of Psychology, Alpen-Adria Universität Klagenfurt; Jonas Lüdemann, Institute of Psychology, Alpen-Adria Universität Klagenfurt; Sven Rabung, Alpen-Adria-Universität Klagenfurt</li> <li>Patient crying and supportive interventions: When do therapists use them? Michael Pöll, University of Innsbruck, Austria; Antje Gumz, Berlin University of Psychology &amp; University Medical Center Hamburg-Eppendorf; Eva Bänninger-Huber, University of Innsbruck, Austria</li> <li>Subjective concepts of the "talking cure": A qualitative study Christopher Marx, Berlin University of Psychology; Rajana Kersten, Berlin University of Psychology; Antje Gumz, Berlin University of Psychology; Antje Gumz, Berlin University of Psychology &amp; University Medical</li> </ul>		<b>Training to the German health care system</b> Laurence Reuter, Berlin University of Psychology; Thomas Munder, Berlin University of Psychology; Antje Gumz, Berlin University of Psychology &
<ul> <li>interventions: When do therapists use</li> <li>them? Michael Pöll, University of Innsbruck, Austria; Antje Gumz, Berlin University of Psychology &amp; University Medical Center</li> <li>Hamburg-Eppendorf; Eva Bänninger-Huber, University of Innsbruck, Austria</li> <li>Subjective concepts of the "talking cure": A qualitative study Christopher Marx, Berlin</li> <li>University of Psychology; Rajana Kersten, Berlin</li> <li>University of Psychology &amp; University Medical</li> </ul>		<b>in psychotherapy: a systematic review</b> Sylke Andreas, Department of Psychology, University of Witten/Herdecke & Institute of Psychology, Alpen-Adria Univ; Luis Wehn, Institute of Psychology, Alpen-Adria Universität Klagenfurt; Jonas Lüdemann, Institute of Psychology, Alpen-Adria Universität Klagenfurt;
<b>qualitative study</b> Christopher Marx, Berlin University of Psychology; Rajana Kersten, Berlin University of Psychology; Antje Gumz, Berlin University of Psychology & University Medical		interventions: When do therapists use them? Michael Pöll, University of Innsbruck, Austria; Antje Gumz, Berlin University of Psychology & University Medical Center Hamburg-Eppendorf; Eva Bänninger-Huber,
		<b>qualitative study</b> Christopher Marx, Berlin University of Psychology; Rajana Kersten, Berlin University of Psychology; Antje Gumz, Berlin University of Psychology & University Medical

61. <b>Panel</b> therapist effects Moderator: David Orlinsky, University of Chicago, USA	Friday I 10:30 AM12:00 PM I Room 6 Therapists as Persons, Persons as Therapists: Converging Personal and Professional Facets
	Correspondences Between Therapists' Personal Characteristics and Their Experiences of Therapeutic Work with Clients David Orlinsky, University of Chicago, USA; Michael Helge Rønnestad, University of Oslo, Norway
	Correspondences Between Therapists' Personal Characteristics and Their Experiences of Professional Development Michael Helge Rønnestad, University of Oslo, Norway; David Orlinsky, University of Chicago, USA
	Discussants: Ulrike Willutzki, Department of Psychology and Psychotherapy, Witten/ Herdecke University; Thomas Schröder, University of Nottingham, UK;

62. <b>Panel</b> child & family Moderator: Liselotte Grünbaum, Aalborg University, Denmark	Friday I 10:30 AM12:00 PM I Room 7 Practice oriented research with children, parents, and caregivers in a context of adverse early relationships and complex trauma
	<ul> <li>This shared parenting we do is hard to get your head around Caryn Onions, Mulberry Busch School</li> <li>Sibling figures in mind and as reported by caregivers a psychoanalytic case study of complex trauma Liselotte Grünbaum, Aalborg University, Denmark</li> </ul>
	Placement breakdown in foster care with children under-five: a psychoanalytic view of the caregiving relationship under stress Gillian Sloane Donachy, NHS Greater Glasgow & Clyde
	Discussant: Gerry Byrne, Oxford Health NHS Foundation Trust;

63. <b>Panel</b> evidence-based psychotherapies Moderator: Felicitas Rost, Tavistock and Portman NHS Foundation Trust	Friday I 10:30 AM12:00 PM I Room 8 Elucidating clinical outcome and drop-out: Giving authority to the experience and private theories of adolescent and adult patients with depressive symptoms
	When psychotherapy does not work. Lessons from the experiences of young adults in psychoanalytic psychotherapy Camilla von Below, Stockholm University, Sweden; Andrzej Werbart, Stockholm University, Sweden
	Giving depressed patients a voice: their experience of the outcome and helpful and unhelpful factors of long-term psychoanalytic psychotherapy Imke Ahlers, Tavistock Clinic, London, UK; Felicitas Rost, Tavistock and Portman NHS Foundation Trust
	A typology of therapy dropout in depressed adolescents Sally O'Keeffe, University College, London, UK; Peter Martin, University College, London, UK; Nick Midgley, UCL / Anna Freud National Centre
	Discussant: Sheila Butler, The Open University UK and KMPT NHS;

64. <b>Panel</b>	Friday I 10:30 AM12:00 PM I Room 9 Change processes in child and adolescent psychotherapy
Moderator: Fredrik Odhammar, The Erica Foundation	What have we learnt from young people about disclosing sexual abuse experiences? Emma Brennan, Dublin City University; Rosaleen McElvaney, Dublin City
	University Hospitalized children: symbolic play assessment, coping strategies and level of anxiety adriana lis, University of Padova, Italy; Daniela Di Riso, University of Padova, Italy; Elisa Delvecchio, university of Perugia Italy; Cristina Alberti, University of Padova, Italy; Susy Comunian, University of Padova, Italy; Diana Mabilia, University of Padova, Italy
	Different perspectives in measuring processes in psychodynamic child psychotherapy Fredrik Odhammar, The Erica Foundation; Geoffrey Goodman, Long Island University, USA; Gunnar Carlberg, The Erica Foundation

### 65. Brief Paper Session

Moderator: Franco F. Orsucci, University College of London & NC-IUL University of London

### Friday | 10:30 AM--12:00 PM | Room 11 Change processes I

Four Perspectives on the Change Process in a Single Case Study: Client, Therapist, Outcome Researcher, and Process Researcher Jan Roubal, Masaryk University in Brno, Czech Republic; Roman Hytych, Masaryk University in Brno, Czech Republic; Rolf Sandell, Linköping University and Lund University, Sweden; Tomas Rihacek, Masaryk University in Brno, Czech Republic

# Change in dynamic psychotherapy. What differentiates good and poor outcome

**cases.** Giulio de Felice, Sapienza University of Rome & NCU University, London; Benjamin Aas, Paracelsus Medical University, Salzburg, Austria; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria; Franco F. Orsucci, University College of London & NC-IUL University of London

Narrative Change Process in Dilemma-Focused Intervention: The Case of Maria Danilo Moggia, Universitat de Barcelona, Spain; Guillem Feixas, Universitat de Barcelona, Spain; Víctor Vela, Universitat de Barcelona, Spain: Maria

Manteca-Gómez, Universitat de Barcelona, Spain

Indices of change: analyzing the indexical properties of data from psychotherapy case work to discern patterns of therapeutic change over time John Hills, University of Leeds, London, UK; Dr John Lees, University of Leeds, London, UK; Dr Jane Cahill, University of Leeds, London, UK; Prof Dawn Freshwater, University of Western Australia, Perth

Semiotic Dynamics: How Language is Changing Franco F. Orsucci, University College of London & NC-IUL University of London; Giulio de Felice, Sapienza University of Rome & NCU University, London

66. Lunch	Friday I 12:00 PM1:00 PM I North Writing School <b>Lunch</b>
67. <b>Structured Discussion</b> practice-training-research networks Moderator: Georgia Lepper, University of Exeter UK	Friday   1:00 PM2:00 PM   Room 1 The UKCP 'Moments of Meeting' PRN: A learning experience in the common ground between research and practice
	The MOM project design and what have we learnt from the Research side? Tirril Harris, Kings College London
	<b>Commentary and discussion</b> Sheila Butler, The Open University UK and KMPT NHS
68. <b>Structured Discussion</b> <i>quantitative &amp; qualitative</i> <i>method</i> <i>Moderator: Franco F</i> <i>Orsucci, University College,</i> <i>London, UK</i>	Friday I 1:00 PM2:00 PM I Room 11 Complexity Science In Psychotherapy
	Discussants: Franco F. Orsucci, University College of London & NC-IUL University of London; Wolfgang Tschacher, University of Bern, Switzerland; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Giulio de Felice, Sapienza University of Rome & NCU University, London;

69. Panel	Friday   1:00 PM2:00 PM   Room 14 Animal Assisted Psychotherapy:
attachment & development Moderator: Joseph John Lancia, University of Rochester Medical Center	Theoretical Framework and Research Outcomes
	Understanding the Human Animal Encounter in the Psychotherapeutic Process Joseph John Lancia, University of Rochester Medical Center
	Studying change processes and therapy outcomes in psychotherapy assisted by animals among children with emotional distress. Tamar Axelrad Levy, Hebrew University, Jerusalem, Israel; Orya Tishby, Hebrew University, Jerusalem, Israel
	Animal-Assisted Group-Psychotherapy for Children: Conceptualization and a Mixed Methods Research Orit Harel, Bar Ilan Univesity; Shlomo Romi, Bar Ilan University; Deborah Court, Bar Ilan University
	Discussant: Joseph John Lancia, University of Rochester Medical Center;
70. <b>Panel</b>	Friday I 1:00 PM2:00 PM I Room 15 Personality disorders
Moderator: Reitske Meganck, Ghent University, Belgium	What is the impact of treatment duration of psychologically based interventions for adults with borderline personality
	disorder? A systematic review. Amanda Spong, Cambridgeshire & Peterborough NHS Trust
	<b>Negative Delusion and Agentic Selfhood in</b> <b>Borderline Personality Disorder</b> Dr Anna D R Bergqvist, Manchester Metropolitan University
	Beyond the impasse: reflections on dissociative identity disorder Reitske Meganck, Ghent University, Belgium

71. <b>Panel</b>	Friday   1:00 PM2:00 PM   Room 2 Empathy and compassion
Moderator: Robert Elliott, University of Strathclyde, Glasgow, UK	Therapist Empathy and Psychotherapy Outcome: An Updated Meta-analysis and Review Robert Elliott, University of Strathclyde, Glasgow, UK; Arthur Bohart, Saybrook University, San Francisco, USA; Jeanne Watson, University of Toronto, Canada; David Murphy, University of Nottingham, UK
	Compassion in Psychotherapy: Views and experiences of psychotherapists Neža Uršič, University of Ljubljana, Faculty of Arts, Department of Psychology; Gregor Žvelc, University of Ljubljana, Faculty of Arts, Department of Psychology; University of Primorska
	Development and evaluation of a brief Self- Practice Compassion-Focused Therapy intervention prior to Treatment as Usual for trauma patients: A Pilot Randomised Controlled Trial Claire Michelle Rycroft, University of Lincoln; Thomas Schröder, University of Nottingham, UK; Rachel Sabin- Farrell, University of Nottingham, UK; Paul Gilbert, university of Derby

70	
72.	Friday   1:00 PM2:00 PM   Room 8
Brief Paper Session	Qualitative / Conceptual Studies
Moderator: Nini Fang, University of Edinburgh	No wonder: the problem of 'depression' in psychodynamic practice Nini Fang, University of Edinburgh Narcissistic difficulties and development of relationship with authority in psychotherapy: qualitative analysis of subjective experience Dovile Petronytė - Kvedarauskienė, Vilnius University, Lithuania; Gražina Gudaitė, Vilnius University
	How to Research Clients' Experiences in Sandplay Therapy?- A Methodological Exploration Ying LIU, The University of Edinburgh, UK
	The Use and Benefits of Expressive writing in treatment of PTSD and other traumas in EAP & Primary Care settings (IAPT). Dr Kevin J. R. Wright, South London & Maudsley NHS MH Trust
73. Meeting	Friday I 1:00 PM2:00 PM I Room 10 European Country Coordinators
Moderator: Stig Poulsen, University of Copenhagen, Denmark	

74.	Friday I 2:00 PM3:30 PM I Room 6
<b>Structured Discussion</b>	The SPRISTAD Study of
practice-training-research	Psychotherapist Development in
networks	Training Experiences and
Moderator: Henriette Löffler-	challenges of data collection in
Stastka, Medical University	different countries and its impact on
of Vienna, Austria	research activity
	Discussants: Ulrike Willutzki, Department of Psychology and Psychotherapy, Witten/ Herdecke University; Henriette Löffler- Stastka, Medical University of Vienna, Austria; Omar C.G. Gelo, University of Salento (Italy) & Sigmund Freud University (Austria); Salvatore Gullo, University Niccolò Cusano; Irene Messina, University Niccolò Cusano; Irene Messina, University of Padua; Michael Helge Ronnestad, University of Oslo, Norway; Erkki Heinonen, National Institute for Health and Welfare, Helsinki, Finland; Biljana van Rijn, Metanoia Institute; David Orlinsky, University of Chicago, USA; Bernhard Strauss, University of Jena, Germany; Elitsa Tilkidzhieva, Sigmund Freud University, Vienna, Austria; David Orlinsky, University of Chicago, USA; Svenja Taubner, Institute for Psychosocial Prevention, University Hospital Heidelberg, Heidelberg, Germany; David Orlinsky, University of Chicago, USA;

75. <b>Structured Discussion</b> evidence-based psychotherapies Moderator: Björn Philips, Stockholm University, Sweden	Friday I 2:00 PM3:30 PM I Room 9 No such fool as Sweden: National guidelines and their influence on the practice of psychotherapy
	Discussants: Aarno A. Laitila, University of Jyväskylä; Glenys Parry, University of Sheffield, UK; Björn Philips, Stockholm University, Sweden; Stig Poulsen, University of Copenhagen, Denmark; Jan Ivar Røssberg, Oslo University Hospital, Norway; Henning Schauenburg, Heidelberg University, Germany;
76.	Friday   2:00 PM3:30 PM   Room 1
Panel	The value of systematic feedback in
evidence-based psychotherapies Moderator: Sven Rabung, Alpen-Adria-Universität	psychotherapy
Klagenfurt	Evidence for systematic feedback in
	<b>psychotherapy: an overview of reviews</b> Sven Rabung, Alpen-Adria-Universität Klagenfurt; Rebecca Kratochvil, Alpen-Adria-Universität Klagenfurt, Klagenfurt, Austria; Jonas Lüdemann, Institute of Psychology, Alpen-Adria Universität Klagenfurt
	The overall effect of systematic feedback in outpatient psychotherapy: a systematic review with meta-analysis Rebecca
	Kratochvil, Alpen-Adria-Universität Klagenfurt,
	Klagenfurt, Austria; Jonas Lüdemann, Institute of
	Psychology, Alpen-Adria Universität Klagenfurt; Sven Rabung, Alpen-Adria-Universität Klagenfurt
	The effect of systematic feedback on the therapy outcome of not-on-track
	outpatients: a systematic review with meta- analysis Jonas Lüdemann, Institute of
	Psychology, Alpen-Adria Universität Klagenfurt; Rebecca Kratochvil, Alpen-Adria-Universität Klagenfurt, Klagenfurt, Austria; Sven Rabung, Alpen-Adria-Universität Klagenfurt
	Discussant: Bruce Wampold, University of Wisconsin, Madison, USA;

quantitative & qualitative method Moderator: Benjamin Aas, Paracelsus Medical

University, Salzburg, Austria

Friday I 2:00 PM--3:30 PM I Room 11 Is it going to rain in Oxford? How psychotherapy research could change to allow for individual therapeutic decision making.

Phase Transitions in Psychotherapy: Bridging the Gap Between Theory and Practice Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria; Benjamin Aas, Paracelsus Medical University, Salzburg, Austria

Emotion Network Dynamics in Major Depressive Disorder: Why some patients may improve during psychotherapy whereas other patients do not. Maartje Eijlander, Radboud University, Nijmegen, Netherlands; Claudi Bockting, University of Groningen, Netherlands; Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria; Angelique Cramer, Tilburg University; Marieke van Rooij, Radboud University, Nijmegen, Netherlands; Anna Lichtwarck-Aschoff, Radboud University, Nijmegen, Netherlands

### Early-Warning Signals for Clinical Transitions in Clients with Mood Disorders

Merlijn Olthof, Radboud University, Nijmegen, Netherlands; Marieke van Rooij, Radboud University, Nijmegen, Netherlands; Anna Lichtwarck-Aschoff, Radboud University, Nijmegen, Netherlands; Guenter K. Schiepek, Paracelsus Medical University, Salzburg, Austria; Guido Strunk, Complexity-Research Vienna

### Optimal designs to examine whether individual affective changes in treated patients are clinically meaningful and preliminary results of an ESM micro trial.

Christien Slofstra, University of Groningen, Netherlands; Maaike Nauta, University of Groningen, Netherlands; Laura Bringmann, University of Groningen, Netherlands; Nicola Klein, University of Groningen, Netherlands; Nikolaos Batalas, Eindhoven University of Technology; Marieke Wichers, University of Groningen, Netherlands; Claudi Bockting, University of Groningen, Netherlands

78. <b>Panel</b> translational research Moderator: Bergljot Gjelsvik, University of Oxford	Friday I 2:00 PM3:30 PM I Room 15 The psychology of suicidal imagery: Clinical implications and possibilities for negotiating urges
	Suicidal imagery: A catalyst in the suicidal process? Bergljot Gjelsvik, University of Oxford; Eleanor Chatburn, University of Oxford; Kirsten Benum, University of Oslo, Norway; Hanne Weie Oddli, University of Oslo, Norway
	Key characteristics of flash-forwards in recurrently suicidal patients Eleanor Chatburn, University of Oxford; Kirsten Benum, University of Oslo, Norway; Hanne Weie Oddli, University of Oslo, Norway; Bergljot Gjelsvik, University of Oxford
	'I wanted to kill the body, not the experience'. Suicidal imagery as transitional space. Hanne Weie Oddli, University of Oslo, Norway; Kirsten Benum, University of Oslo, Norway; Eleanor Chatburn, University of Oxford; Bergljot Gjelsvik, University of Oxford
	Discussant: Margrethe Halvorsen, Oslo University Hospital, Norway;

79. <b>Panel</b> quantitative & qualitative method Moderator: Juha Holma, University of Jyväskylä	Friday I 2:00 PM3:30 PM I Room 2 Relational mind: Combining discursive research and embodied synchrony in studying couple therapy
	Embodied dialogues in couple therapy sessions with two therapists Juha Holma, University of Jyväskylä
	Moving beyond language in discursive research on psychotherapy: Examining embodied and discursive aspects of positioning in one couple therapy Evrinomy Avdi, Aristotle University of Thessaloniki
	<b>Disconnection in transition phase to</b> <b>parenthood</b> Helena Päivinen, University of Jyväskylä
	Discussant: Chris DH Evans, University of Roehampton;

Moderator: Sidse Arnfred, University of Copenhagen, Denmark

### Friday | 2:00 PM--3:30 PM | Room 7 Randomized Controlled Trials of CBT

Computer-assisted Cognitive-behavior Therapy versus standard Cognitivebehavior Therapy: A summary of findings Marna S Barrett, University of Pennsylvania, Philadelphia, USA; Tracy Eells, University of Louisville, USA; Greg Brown, University of Pennsylvania, Philadelphia, USA; Jesse Wright, University of Louisville, USA; Michael Thase, University of Pennsylvania, Philadelphia, USA

Rumination-focused cognitive behavioural therapy (CBT) versus standard CBT for

depression: a phase II trial Morten Hvenegaard, University of Copenhagen, Denmark; Stig Poulsen, University of Copenhagen, Denmark; Stine Møller, University of Copenhagen, Denmark; Stephen Austin, University of Copenhagen, Denmark; Ben Grafton, University of Western Australia, Perth; Morten Kistrup,; Nicole Rosenberg, Aarhus University, Denmark; Henriette Holm, SDU, Denmark; Edward Watkins, University of Exeter

Trans-diagnostic group CBT vs. standard group CBT for depression, social anxiety disorder and agoraphobia/panic disorder -an example of the complexity of group therapy RCT design Sidse Arnfred, University of Copenhagen, Denmark; Ruth Aharoni, Mental Health Capital Region, Copenhagen; Stig Poulsen, University of Copenhagen, Denmark; Stig Poulsen, University of Copenhagen, Denmark; Nicole Rosenberg, Aarhus University, Denmark; Mikkel Arendt, Psychiatric Hospital Risskov, Aarhus; Bo Bach, Mental Health Region Zealand; Nina Reinholt, University of Copenhagen, Denmark

Analysing results with different statistical models: The randomized controlled trial on cognitive behavioral therapy and systemic therapy for social anxiety disorders. Laura Klewinghaus, Heidelberg University, Germany; Christina Hunger, University Hospital, Heidelberg, Germany; Rebecca Hilzinger, University Hospital, Heidelberg, Germany; Johannes Mander, Heidelberg University, Germany; Hinrich Bents, Heidelberg University, Germany; Jochen

alliance & interpersonal process Moderator: Thomas Schröder, University of Nottingham, UK

### Friday | 2:00 PM--3:30 PM | Room 8 Intersession experiences (ISE) filling in the gaps.

**Introduction: 35 years of ISE research** Thomas Schröder, University of Nottingham, UK; Sally Stewart, Nottinghamshire Healthcare NHS Trust, UK

Intersession experiences of British psychological therapists studied in depth Danielle De Boos, University of Nottingham, UK; Sally Stewart, Nottinghamshire Healthcare NHS Trust, UK; Thomas Schröder, University of Nottingham, UK

Intersession experiences of British psychological therapists studied over time. Sally Stewart, Nottinghamshire Healthcare NHS Trust, UK; Thomas Schröder, University of Nottingham, UK; Nima Moghaddam, University of Lincoln, UK

The interaction between in-session processes and intersession experiences in patients with mental disorders from a psychodynamic perspective. Thorsten-Christian Gablonski, Heidelberg University, Germany; Sylke Andreas, Universität Witten, Germany

Methods of longitudinal Cluster Analysis versus Growth Curve Modelling of Intersession Trajectories: A reanalysis of the ANTOP-Intersession Experience Data. Armin Hartmann, University of Freiburg, Germany

82. Brief Paper Session	Friday I 2:00 PM3:30 PM I Room 10 Randomized Controlled Trials
Moderator: Susanne Lunn, University of Copenhagen, Denmark	Effectiveness of EMDR in patients with substance use disorder and comorbid PTSD: a randomized controlled trial Annett Lotzin, University Medical Center Hamburg- Eppendorf, Germany; Laycen Chuey-Ferrer, AHG Clinic Dormagen; Arne Hofman, EMDR-Institute Germany; Peter Liebermann, EMDR Institute Germany; Ingo Schäfer, University Medical Center Hamburg-Eppendorf, Hamburg The psychodrama in the treatment of obesity: process and outcome study Filipa Mucha Vieira, University of Porto; Gabriela Moita, Portuguese Society of Psychodrama; Célia Sales, University of Porto; Sandra Torres, University of Porto
	<ul> <li>Improving cognitive function in serious mental health disorders. Gary Donohoe, National University of Ireland Galway</li> <li>TAU nose to nose with CBT in treatment study. What TAU achieves that? Ole Hultmann, University of Gothenburg; Ulf Axberg, University of Gothenburg</li> <li>Bias in psychotherapy research a case example Susanne Lunn, University of Copenhagen, Denmark</li> </ul>

### 83. Brief Paper Session

Moderator: Daniel Hayes, Evidence Based Practice Unit, University College London and Anna Freud Centre, UK.

### Friday | 2:00 PM--3:30 PM | Room 14 Treatment for children and adolescents

The narrative authorship model with children: a clinical example Margarida Rangel Henriques, Faculty of Psychology and Sciences of Educacion of University of Porto, Portugal; Sara Silva, University of Porto; Alexandra Silva, University of Porto; Miguel Gonçalves, Psychology Research Center, University of Minho

What Happens At The Point of NOT Understanding - working through shame to having an open responsiveness in the classroom setting. Vanessa McHardy, UKCP

**Counselling demand and provision in primary schools in Ireland** Deirdre Dooley Judge, Dublin City University; Rosaleen McElvaney, Dublin City University; Evelyn Gordon, Dublin City University; Amy Byrne, Dublin City University

Maypole Dancing and Grotstein's "Bedlam": Complexity and Intensity in the Therapeutic Encounter in an Adolescent Psychoanalytic Psychotherapy Group Dr Monique M-C Maxwell, Tavistock Clinic, London, UK

**Evaluation of i-THRIVE decision aids for improving shared decision making in child and youth health** Daniel Hayes, Evidence Based Practice Unit, University College London and Anna Freud Centre, UK.; Rosa Town, UCL and ANFCC; Emilios Lemoniatis, Tavistock Clinic, London, UK; Julian Childs, University College, London, UK; Miranda Wolpert, Anna Freud Center, London, UK; Nick Midgley, UCL / Anna Freud National Centre; Anna Moore, UCL and AFC

84. <b>Plenary</b>	Friday I 4:00 PM5:30 PM I South Writing School <b>Closing Plenary</b>
Moderators: Miranda Wolpert, Anna Freud Center, London, UK; Julian Rubel, University Trier, Germany	

# **Index to Participants**

Aas, Benjamin: 20, 65, 77 Addison, Ann: 44 Agnew-Davies, Roxane McKechnie : 42 Aharoni, Ruth: 80 Ahlers, Imke: 63 Alberti, Cristina: 64 Allison, Liz: 43 Altmann, Uwe: 13 Alves, Daniela: 50 Andreas, Sylke: 60 Andreas, Sylke : 34, 57, 81 Angus, Lynne : 1 Arendt, Mikkel: 80 Arnfred, Sidse: 80 Ashby, Mary Lister: 44 Austin, Stephen: 80 Avdi, Evrinomy: 17, 27, 41, 79 Axberg, Ulf: 82 Axelrad Levy, Tamar: 69 Bach, Bo: 80 Bänninger-Huber, Eva: 26, 45, 60 Baradon, Tessa: 27, 41 Barkham, Michael: 47 Barrett, Marna S: 80 Bass, Diana : 20 Batalas, Nikolaos: 77 Baumgartner, Julia: 45

Bégin, Philippe : 45 Bell, Chance: 16 Benelli, Enrico: 45 Bent-Hazelwood, Joanna Kathleen: 58 Bents, Hinrich: 43, 45, 80 Benum, Kirsten: 78 Ben-Yehuda, Ariel: 33 Bergauer, Reto: 45 Bergqvist, Dr Anna D R: 70 Besser, Sarah Jane: 54 Bhola, Poornima: 34 Bianco, Francesca: 45 Birtel, Michele: 56 Blackshaw, Emily: 45 Blanck, Paul: 45 Blumenthal, Stephen: 48 Bockting, Claudi: 77 Bohart, Arthur: 71 Bonalume, Laura: 17 Borcsa, Maria: 52 Brambilla, Daniela: 17 Brennan, Emma: 64 Bringmann, Laura: 77 Bronstein, Miriam: 16 Brown, Greg: 80 Brown, Jeb: 56 Brütt, Anna Levke : 57 Buller, Stephen: 4, 32 Busmann, Mareike: 40 Butler, Sheila : 36, 63, 67 Byrne, Amy: 83 Byrne, Gerry: 54, 62 Cahill, Dr Jane: 55, 65 Calderon, Ana: 30 Carlberg, Gunnar: 64 Caro Gabalda, Isabel: 28 Carpenter, Naomi: 1 Castonguay, Louis: 55

Catty, Jocelyn: 58 Celie, Jan Edmond: 45 Cevelicek, Michal: 21 Chandra, Prabha: 34 Chatburn, Eleanor: 78 Cheston, Richard Iain Lloyd: 28 Childs, Julian: 46, 83 Chryssafidou, Evi: 28 Chuey-Ferrer, Laycen: 82 Cierpka, Manfred: 37 Cirasola, Antonella: 30, 41, 54 Citkowska-Kisielewska, Anna: 51 Clarke, Jeremy: 47 Clarke, Victoria: 2 Cohen, Esther: 27, 41 Comunian, Susy: 64 Constantinou, Matthew Paul: 43 Cooper, Alistair: 54 Cooper, Mick: 45 Correia, Carlos: 43 Court, Deborah: 69 Cramer, Angelique: 77 Cunha, Carla: 33 Cyranka, Katarzyna: 51 Daniel, Sarah: 57 Datz. Felicitas: 53 De Boos, Danielle: 81 de Felice, Giulio : 65, 68 de Roten, Yves : 32 De Smet, Melissa Miléna : 25 Dehoust, Maria: 57 Deisenhofer, Anne-Katharina: 13 della rosa, elena : 45 Delvecchio, Elisa: 64 Dembinska, Edyta: 51 Derksen, Jan: 19 Descôteaux, Jean: 45 Desmet, Mattias: 21, 25, 43, 45

Devi, K Dharani : 34 Di Blasi, Maria: 33 Di Lorenzo, Mauro : 17 Di Malta, Gina Saskija : 12 Di Pierro, Rossella: 17 Di Riso. Daniela: 64 Diamond, Gary M.: 45 Dittmann, Jane: 13 Dolezal, Petr: 21 Donachy, Gillian Sloane: 62 Donohoe, Gary: 82 Dooley Judge, Deirdre: 83 Duggal, Chetna: 16, 45 Dve, Helen: 54 Eells, Tracy: 80 Egeland, Randi: 45 Ehrenthal, Johannes C.: 32, 59 Eijlander, Maartje: 77 Elliott, Robert: 47, 71 Ersahin, Zehra: 16 Euler, Sebastian : 40 Evans, Chris DH: 45, 79 Evans, Maggie: 42 Evensen, Julie Horgen: 45 Falconer, Caroline: 28 Falkenström, Fredrik: 46 Falter, Christine: 13 Fang, Nini: 72 Fearon, Pasco: 54 Feder, Gene: 42 Feixas, Guillem: 33, 65 Fergusson, Lucy : 56 Fernández Alvarez, Javier : 36 Ferrari, Giulia: 42 Ferreira, Angela: 50 Fidan, Merih B: 20 Firestone, Ph.D., Lisa: 7 Flett, Gord: 59

Fonagy, Peter: 43, 59 Freitag, Vanessa: 53 Freshwater, Prof Dawn: 55, 65 Gablonski, Thorsten-Christian: 40, 45, 81 Gale, Tim: 54 García Ruiz. Beatriz: 40 Geller, Shulamit : 45 Gelo, Omar C.G.: 6, 38, 45, 53, 65, 68, 74 Georg, Anna K.: 39 Georgescu, Alexandra: 13 Gergov, Vera Sabina : 56 Gershy, Naama: 39 Giannone, Francesca: 33 Gibbon, Laura: 59 Gibson, Adam E J: 12 Gidhagen, Ylva: 51 Gilbert, Paul: 71 Giordano, Cecilia: 33 Gjelsvik, Bergljot: 78 Gnesi, Chiara: 17 Goncalves, Miguel: 50, 83 Goodman, Geoffrey: 64 Gordon, Evelyn: 83 Goss, Stephen: 45 Grafton, Ben: 80 Grünbaum, Liselotte : 62 Guarnaccia, Cinzia: 33 Gudaitė, Gražina: 72 Gullo, Salvatore: 6, 33, 38, 45, 53, 74 Gumz, Antje : 15, 60 Hafener, Michael: 26 Hajkowski, Susan: 4, 8, 32 Halvorsen, Margrethe: 78 Hamilton, Antonia: 13 Hanetz-Gamliel, Keren: 45 Harel, Orit : 58, 69 Härkänen, Tommi: 45 Harris, Tirril: 67

Hartmann, Armin: 6, 81 Hayden, Markus C.: 34 Hayes, Daniel: 12, 83 Heidenreich, Thomas: 45 Heinonen, Erkki: 6, 45, 74 Heiskanen. Lotta Aura : 34 Hennigan, Jeanette: 45 Henriques, Margarida Rangel: 83 Hewison, David Stuart : 56 Hewitt, Paul L: 59 Hills, John : 55, 65 Hilzinger, Rebecca: 43, 80 Hofman, Arne: 82 Holm, Henriette: 80 Holma, Juha: 79 Holmes, Sophie: 38 Holmqvist, Rolf: 51 Horn, Richard: 29 Horvath, Adam: 50 Huber, Dorothea: 34 Huber, Eva: 26 Hultmann, Ole: 82 Hunger, Christina: 43, 80 Hvenegaard, Morten: 80 Hytych, Roman: 65 Inslegers, Ruth : 43, 45, 55 Irvine, Karen: 54 Jaderberg, Laine: 45 Jankowski, Peter: 16 Jefferies-Sewell, Kiri: 54 Jenissen, Simone: 37 Jovanoska, Karolina: 37 Kaess, Michael: 46 Kanellopoulou, Elina: 18, 46 Kersten, Rajana: 60 Khattra, Jasmine: 1 Kistrup, Morten: 80 Klaus, Isabella: 29

Klein, Nicola: 77 Kleinbub, Johann: 38 Klewinghaus, Laura : 80 Knekt, Paul: 45 Kralik, Juraj : 39 Krall. Johannes Florian: 17 Kratochvil, Rebecca: 76 Krivzov, Juri: 45, 55 Krizanec, Spela: 17 Kröger, Paula: 45 Kuei, Tien: 3, 45 Kusaoka, Akihiro : 45 Lagetto, Goria: 38 Lahti, Jari: 56 Laidlaw, Christine : 14 Laitila, Aarno A.: 52, 75 Lancia, Joseph John: 69 Lasvergnas, Coralie : 17 Laverdière, Olivier: 45 Lavik, Kristina Osland: 45 Lazar, Aryeh: 37 Lees, Dr John: 55, 65 Lemoniatis, Emilios: 83 Lepper, Georgia: 67 Lichtwarck-Aschoff, Anna: 77 Liebermann, Peter: 82 Lindberg, Nina: 56 Lindfors, Olavi: 45 Lingiardi, Vittorio: 45 Lipsanen, Jari: 56 lis, adriana : 64 LIU, Ying: 72 Lo Coco, Gianluca: 33 Löffler-Stastka, Henriette : 6, 29, 53, 74 Lotzin, Annett : 82 Løvgren, André: 18 Lüdemann, Jonas: 60, 76 Lueger, Robert J.: 43

Lukac-Greenwood, Jasenka: 49 Lunn, Susanne: 57, 82 Lutz, Wolfgang: 13 Mabilia, Diana: 64 Macaulay, Christianne: 1 Macke-Bruck, Brigitte: 29 Magalhães, Carina: 50 Mander, Johannes: 43, 45, 80 Mañós Serrat, Carla: 40 Manteca-Gómez, Maria: 65 Maroun, Rita A: 14 Martin, Peter: 63 Marttunen, Mauri: 56 Marx, Christopher: 60 Marzana, Daniela: 17 Mateu Vives, Glòria: 40 Maxwell, Dr Monique M-C: 83 McElvaney, Rosaleen : 64, 83 McHardy, Vanessa: 83 McLeod, John: 31, 52 Meganck, Reitske : 21, 25, 43, 45, 55, 70 Meira, Liliana: 43 Mendlovic, Shlomo: 5, 33 Mergenthaler, Erhard: 38 Messina, Irene: 4, 6, 19, 45, 53, 74 Midgley, Nick: 17, 30, 41, 54, 63, 83 Mielimaka, Michal: 51 Mikail, Samuel: 59 Milard, Emma Louise : 49 Miller, Scott D.: 33 Miltz, Sarah Anne: 27 Moggia, Danilo: 33, 65 Moghaddam, Nima: 81 Moita, Gabriela: 82 Moller, Naomi Petra: 2, 35 Møller, Stine: 80 Moltu, Christian: 55 Monsberger, Sabine : 45

Montague, Read: 59 Monteiro, Marina Lopes : 33 Moon, Sarah: 16 Moore, Anna : 83 morris, mark: 56 Müllauer. Pia K.: 34 Munder, Thomas: 15, 60 Muntigl, Peter: 26 Murphy, David: 71 Muzi, Laura: 45 Nauta, Maaike: 77 Ness, Elisabeth: 18 Niño-Robles, Noelia: 33 Nogueira, Daniela: 33 Nolte, Tobias : 59 Norlén, Anna: 41 Norman, Ufuoma: 25 Notaerts, Liza: 45, 55 Nyman-Salonen, Petra: 52 O'Keeffe, Sally: 30, 63 O'Sullivan, Sheila : 44 Oddli, Hanne Weie: 78 Odhammar, Fredrik: 64 Ok, Uzevir: 16 Oliveira-Silva, Patrícia: 50 Olthof, Merlijn: 77 Onions, Caryn: 62 Orlinsky, David : 6, 45, 53, 61, 74 Orsucci, Franco F: 68 Orsucci, Franco F.: 65, 68 Pachta, Sabine : 58 Paine, David: 16 Päivinen, Helena: 79 Palmieri, Arianna: 38 Pap. Gabriela : 21 Paquin-Boudreault, Amylie: 45 Parry, Glenys: 49, 75 Parth, Karoline: 53

Pennicott-Banks, Elaine: 27 Peres de Sousa, Nuno : 43 Peter, Dr Sarah : 14 Petronytė - Kvedarauskienė, Dovilė : 72 Philips, Björn : 40, 51, 75 Pinsof, William: 43 Pleschberger, Ingrid: 29 Pöll, Michael: 26, 60 Poulsen, Stig: 8, 24, 25, 46, 57, 73, 75, 80 Preusche, Ingrid: 53 Pristavec, Sara: 17 Råbu, Marit: 31 Rabung, Sven : 45, 60, 76 Ramsever, Fabian: 13, 15 Redfern, Sheila: 54 Reinholt, Nina: 80 Reuter, Laurence: 60 Reynolds, Shirley: 30 Ribeiro Silva, Joana: 50 Ribeiro, Eugénia : 50 Rihacek, Tomas: 44, 65 Robinson, Joyce: 54 Romi, Shlomo: 69 Ronnestad, Michael Helge: 74 Rønnestad, Michael Helge: 6, 61 Rosenberg, Nicole: 80 Røssberg, Jan Ivar: 18, 45, 75 Rost, Felicitas : 8, 11, 19, 23, 25, 48, 63 Rostant, Nancy: 27 Roubal, Jan : 44, 65 Rubel, Julian: 13, 84 Ruffing, Elizabeth: 16 Rugenstein, Kai: 15 Rupert, David: 16 Rutkowski, Krzysztof: 51 Rycroft, Claire Michelle: 71 Saad, Amit: 33 Sabin-Farrell, Rachel: 49, 71

Sabourin-Guardo, Éléonore: 45 Sachpasidi, Christina: 20 Sales, Célia: 82 Salgado, João: 33, 43 Salvatore, Sergio: 38 Salvenauer, Stefan : 45 Sambin, Marco: 4, 19, 45, 53 Sammet, Isa: 34 Sampaio, Adriana: 50 Sandage, Steven J.: 16 Sandell, Rolf: 65 Sandmeir, Anna : 43 Santos, Anita: 43 Schäfer, Ingo: 82 Scharff, Frederik: 57 Schauenburg, Henning: 37, 57, 75 Schiepek, Guenter K.: 65, 77 Schröder, Paul: 39, 57 Schröder, Thomas: 49, 61, 71, 81 Schulz, Holger: 57 Schwartz, Brian: 13 Schwarz, Boaz: 33 Schweitzer, Jochen: 43, 80 Scottà, Francesco: 4, 19, 45 Séguin, Delphine: 45 Seilonen, Minna-Leena: 21 Seybert, Carolina: 34 Shannon, Karen: 49 Silva, Alexandra: 83 Silva, Sara: 83 Simon, Ashley: 56 Siton, Ben: 37 Sleed, Michelle: 27, 41, 54 Slofstra, Christien: 77 Sobanski, Jerzy A.: 51 Solstad, Stig Magne: 55 Sousa, Inês: 50 Spencer, Rose: 45

Spitzfaden, Sarah Elizabeth : 41 Spong, Amanda: 56, 70 Staniaszek, Karolina: 45 Stapley, Emily: 41 Stastka, Kurt: 29 Stewart, Sally: 81 Stiles, William B: 28, 50 Strauss, Bernhard: 13, 74 Strunk, Guido: 77 Suckling, John: 30 Suttora, Chiara: 17 Szeles, Tanja: 15 Talia, Alessandro: 45, 57 Tallberg, Peter: 18 Target, Mary: 41 Taubner, Svenja : 6, 15, 29, 40, 45, 46, 57, 74 Tejs Jorring, Nina: 58 Thase, Michael: 80 Thielemann, Désirée: 13 Thomas, Sayi: 14 Thurin, Jean-Michel: 45 Thurin, Monique: 45 Tilkidzhieva, Elitsa: 6, 53, 74 Tishby, Orya: 69 Torres, Sandra: 82 Town, Rosa: 83 Truijens, Femke: 25 Tschacher, Wolfgang : 13, 15, 26, 68 Tsvieli, Noa: 45 Turner, Afra: 45 Tzur Bitan, Dana : 37 Ugurlu Bakar, H. Sinem: 16 Ulberg, Randi : 18, 45, 46 Uršič, Neža: 71 Van Nieuwenhove, Kimberly : 21 van Rijn, Biljana: 6, 28, 49, 74 van Rooij, Marieke: 77 Vela, Víctor: 65

Victor, Philipp: 15 Vieira, Filipa Mucha: 82 Virtala, Esa: 45 Vogeley, Kai: 13 Volkert, Jana: 40, 45, 57 von Below, Camilla : 63 Wahlström, Jarl: 21 Walter, Marc: 40 Wampold, Bruce: 9, 76 Watkins, Edward: 80 Watson, Jeanne: 71 Wehn, Luis: 60 Wellsted, David: 54 Werbart, Andrzej: 63 West, Grace: 54 Wichers, Marieke: 77 Wilberg, Theresa: 45 Willcox, Rachel: 2 Willutzki, Ulrike: 6, 15, 61, 74 Wilson, John: 28, 45 Wolf, Isabelle : 29 Wolpert, Miranda: 36, 83, 84 Wood, Sally: 54 Woods, Marguerite: 31 Wrege, Johannes: 40 Wright, Dr Kevin J. R.: 72 Wright, Jesse: 80 Wyatt, Solange: 54 Yakeley, Jessica: 48 Zeyer, Denise : 34 Žvelc, Gregor : 17, 37, 71