

# Elon Gersh

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714 E Pike St Apt 412 LTD • Seattle, WA 98122

## EDUCATION

University of Melbourne, Australia <b>Masters in Clinical Psychology</b>	2011 – 2014
University of Melbourne, Australia <b>Phd in Clinical Psychology</b>	2011 – 2014
Monash University, Melbourne, Australia <b>Honours in Psychology</b>	2009
Monash University, Melbourne, Australia <b>Bachelor of Arts</b> Major: Psychology, Minor: Philosophy	2006 – 2008

## CLINICAL EXPERIENCE

Prahran East Medical Centre <b>Private Clinical Psychologist</b> Private practice work in a general practice clinic working with a wide range of issues for clients aged 14 and above.	<b>June 2015-November 2016</b>
Continuing Care Team, Youth Mood Clinic Orygen Youth Health <b>Clinical Case Manager / Therapist</b> Individual therapy and case management for young people aged 15-25 with moderate to severe mood and anxiety disorders and suicide risk. Provision of manualised modular CBT treatment.	<b>May 2015-November 2016</b>
Continuing Care Team, Early Psychosis Prevention and Intervention Centre (EPPIC), Orygen Youth Health. <b>Case Manager / Clinician</b> Case management and individual psychotherapy with young people aged 15-25 with first episode psychosis. Included assessment, assertive outreach, family work, psychotherapy, intensive training in youth mental health.	<b>June 2014-May 2015</b>
MATTERS program, Berry Street <b>Family Therapist</b> Family therapy, couples therapy, intake and assessment for families with issues including domestic violence, child protection, mental health and drug and alcohol concerns. Involved in running parent groups for parents of aggressive and violent adolescents.	<b>April 2014 – May 2015</b>
Clinical and Health Psychology Team, Austin Hospital, Austin Health <b>Provisional Psychologist</b>	<b>January 2013 – June 2013</b>

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Clinical placement focused on individual assessment and psychotherapy for a wide range of adults with physical ill-health and co-morbid psychological difficulties.

Continuing Care Team, Early Psychosis Prevention and Intervention Centre (EPPIC), Orygen Youth Health.

### **Provisional Psychologist**

**July 2012 – December 2012**

Clinical placement focused on case management and individual psychotherapy with young people aged 15-25 with first episode psychosis. Included assessment, assertive outreach, family work, psychotherapy, intensive training in youth mental health.

University of Melbourne Psychology Clinic

### **Provisional Psychologist**

**2011 – 2012**

Clinical placement involving individual psychological assessment and treatment, facilitating a mindfulness group.

Helping Young People Early (HYPE) Clinic, Orygen Youth Health.

### **Support Worker**

**2011 – 2013**

Provided manualised supportive intervention as part of randomized clinical trial for young people aged 15-25 with borderline personality disorder.

Connections Family Services, Uniting Care Australia

### **Family Support Worker**

**2009 – 2010**

Case management for at risk families, family therapy, counselling, parenting support, liaison with Child Protection Services.

## **NON-CLINICAL WORK EXPERIENCE**

Seattle Children's Research Institute, Seattle Children's Hospital

**November 2016- Present**

### **Postdoctoral Research Fellow**

Involved in data analysis, preparation of research publications, team professional development and mentoring.

Helping Youth People Early (HYPE) Clinic, Orygen Youth Health

### **Research Assistant**

**2011 – 2014**

Involved in data collection, entry, analysis, database management for a government funded clinical trial of treatment for young people with Borderline Personality Disorder. Acting co-ordinator of trial involving recruitment and consent processes as well as attending to logistics of the trial.

School of Psychological Sciences, University of Melbourne

### **Head Tutor / Sessional Tutor**

**2011 – 2014**

Involved in developing content, managing tutors, administering courses. Developed strong communication, presentation, organization and consultation skills. Subjects in

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areas including introduction to psychology, psychopathology, biological, personality and social psychology.

Caulfield Pain Management and Research Centre

**Research Assistant.**

2008 – 2009

Developed skills in team-based applied clinical research including project management, quantitative research methods, presentation of findings to scholarly conferences and peer-reviewed journals.

Habonim Dror Youth Group

**Victorian President**

2007

Leadership position co-ordinating 60 youth leaders and approximately 200 young people aged 8-18 through weekly educational meetings, social action projects, biannual camps and leadership training.

### VOLUNTEER WORK

Big Brothers Big Sisters Australia

**Mentor**

2008 – 2010

Fortnightly one-on-one sessions to provide support, friendship and mentoring for disadvantaged youth.

PALS program, Mind Australia

**Mentor**

2007 – 2010

Fortnightly one-on-one sessions to improve quality of life for individuals with schizophrenia. Provided policy and training input to organization.

Habonim Dror Youth Group

**Youth Leader / Parents and Friend Committee Member**

2003 – 2010

Involved in youth leadership, running activity programs and camps, leadership positions included head of camp, educational committee, member of parents and friends committee. 2005 participant of “Shnat” program in Israel: year-long intensive leadership program including: study, teaching Hebrew and English to Israeli and Bedouin children, volunteer work on Kibbutz.

Headspace: National Youth Mental Health Service

**Youth Advisory Committee Member**

2008 – 2009

Policy and promotion work.

### AWARDS

Recipient North West Mental Health Research Seed Grant Funding

2016

Melbourne Abroad Travelling Scholarship

2014

Margaret Cohan Research Scholarship

2013

Australian Postgraduate Award Scholarship

2011-2014

Best Poster Award: Australian Pain Society Annual Meeting

2009

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Monash Jubilee Honours Scholarship	2009
Monash University Dean's Recognition Award	2009
Selected for Golden Key International Honours Society	2007
Selected for Ancora Imparo Monash University Leadership Program	2007
Awards for outstanding VCE achievement in Jewish Civilisation and Music	2004

### PUBLICATION AND PRESENTATIONS

- Gersh, E., Hulbert, C., Leiman, M., McCutcheon, L., Burke, E., Valkonen, H., Tikkanen, S., Chanen, A. (In press) The relationship between formulation, self-observation and the alliance process in psychotherapy for borderline personality disorder: A dialogical sequence analysis. *International Journal of Cognitive Analytic Therapy and Relational Mental Health*.
- Gersh, E., McCarty, C. A., Richardson, L. P. (2017) *Prevalence of adolescent health risk behaviors, associated parental concern and adolescent-parent correspondence*. Poster presented at Society for Adolescent Health and Medicine, New Orleans, LA, USA.
- Gersh, E., Hulbert, C., McKechnie, B., Ramadan, R., Worotniuk, T., Chanen, A. (2017). Alliance rupture and repair processes and therapeutic change in youth with borderline personality disorder. *Psychology and Psychotherapy: Theory Research and Practice*, 90, 1, 84-104.
- Gersh, E. (2015). *Alliance rupture and repair in youth with borderline personality disorder*. Paper presented at Project Air: Personality Disorders Conference, Woolongong, Australia.
- Gersh, E., Leiman, M., Hulbert, C., McCutcheon, L., Burke, E., Valkonen, H., Tikkanen, S., Chanen, A. (2014). *Therapeutic alliance rupture and repair processes and therapeutic change in young people with borderline personality disorder*. Paper presented at International Society for Psychotherapy Research Meeting, Copenhagen, Denmark.
- Gersh, E., Hulbert, C., McKechnie, B., Chanen, A. (2013). *Alliance rupture and repair processes and therapeutic change in young people with borderline personality disorder*. Paper presented at International Society for Psychotherapy Research Meeting, Brisbane, Australia.
- Gershe, E. Hulbert, C. Bourke, E. McCutcheon, L. & Chanen, A. (2012). *Dialogical Sequence Analysis in Cognitive Analytic Therapy for Borderline Personality Disorder*. Paper presented at Society for Psychotherapy Research Australia Area Group Conference, Melbourne, Australia.
- Gersh, E., Arnold, C., & Gibson, S. (2011). The relationship between readiness for change and clinical outcomes in response to multidisciplinary pain management. *Pain Medicine*, 12, 165-172.
- Gersh, E., Arnold, C., & Gibson, S. (2009). *The pain stages of change questionnaire and clinical outcomes from a multidisciplinary pain management program*. Poster presented at the 29<sup>th</sup> Annual Scientific Meeting of The Australian Pain Society, Sydney, Australia.

### MEMBERSHIPS

Society for Psychotherapy Research	2012-2016
International Association for Youth Mental Health	2013-current
Registered Clinical Psychologist: PSY0001623280	2014-current

### INTERESTS

Travelling  
Guitar  
Cooking

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### REFEREES

Available Upon Request