



SOCIETY FOR
PSYCHOTHERAPY
RESEARCH

SPR UK-EU Research Methods Workshop 2026

The UK and European Chapters of SPR welcome you to join the 2026 Research Methods Workshop, which will be hosted by King's College London. The theme of this 3-day event aimed at students and early career researchers will be "Advances in psychotherapy personalization". This will be an opportunity to attend qualitative and quantitative methods training workshops, to take part in discussions with internationally renowned experts in the field, and to receive consultation on your research. A detailed programme is available in the next page.



Key info:

When?

Thursday 16 to Saturday 18 April 2026

Where?

Anatomy Theatre & Museum,
Strand Campus, King's
College London, London
WC2R 2LS

How much does it cost?

\$150 USD

How do I register?

<https://www.psychotherapyresearch.org/page/SPR-UK-EU-MethodWorkshop>

SPR UK-EU Research Methods Workshop 2026

TIMING	THURSDAY 16 th APRIL	FRIDAY 17 th APRIL		SATURDAY 18 th APRIL	
09:00 – 9:50	Welcome and introduction to the theme of personalization (Jaime Delgadillo, King's College London, UK)	“Been there and done it” session: Involving people with lived experience in research (McPin Foundation, UK)		“Been there and done it” session: Conducting qualitative interviews on mental health and sensitive topics (Biljana van Rijn, Naomi Moller, Ladislav Timulak)	
10:00 – 11:00	Could biomarkers help to personalize therapy? (Sigal Zilcha-Mano, Haifa University, Israel)	To what extent can client preferences contribute to personalization? (Mick Cooper, University of Roehampton, UK)		Could ecological momentary assessment (EMA) help to personalize therapy? (Miriam Hehlmann, Osnabrück University, Germany)	
11:00 – 11:30	BREAK				
11:30 – 12:30	Structured discussion panel on biomarkers	Structured discussion panel on patient preferences		Structured discussion panel on EMA	
12:30 – 13:30	LUNCH				
STREAM	Qualitative (Room A)	Quantitative (Room B)	Qualitative (Room A)	Quantitative (Room B)	Room A
13:30 – 15:30	Descriptive-interpretative qualitative analysis (Ladislav Timulak, Trinity College Dublin, Ireland)	Supervised machine learning for clinical prediction (James Tait, University of York, UK)	Ideal-type analysis (Sally O'Keeffe, Newcastle University, UK)	Introduction to natural language processing (Dana Atzil-Slonim, Bar-Ilan University, Israel)	Perspectives on personalization Lecture 1: Responsiveness (Bill Stiles, Miami University, USA) Lecture 2: Data-driven personalization (Wolfgang Lutz, University of Trier, Germany) Discussion: chaired by Michael Barkham, University of Sheffield, UK
15:30 – 16:00	BREAK				
16:00 – 18:00	Theory-building case study methodology (Bill Stiles, Miami University, USA)	Multi-level machine learning for nested data (Juan Martín Gómez Penedo, Vrije Universiteit Brussel, Belgium)	Reporting and writing qualitative research [90 min webinar until 5:30] (Victoria Clarke, University of the West of England, UK)	Clinical trial designs to support adaptive and personalized treatments (Richard Emsley, King's College London, UK)	END