

**CAFTR JOURNAL CLUB PRESENTS:**

# **PREDICTORS, MODERATORS AND MEDIATORS IN YOUTH PSYCHOTHERAPY; SYSTEMATIC REVIEWS FROM TREATME**

**Chair: Malenka Areas**

**Presenters: Randi Ulberg, Vera Gergov & Sonja Protić**

Please **Register** here:

<https://us02web.zoom.us/meeting/register/tZ0scemgrTogG9X958hvbIDZubursgY2Ex-6>



**March 26th, 2024**

16:00 - 17:00 PM

Central European Time

# CAFTR JOURNAL CLUB: MARCH MEETING

In this meeting we will discuss **sociodemographic predictors and moderators in youth psychotherapy** and **mediators of outcome in trauma- focused therapy**.

**Randi Ulberg** will give a short **overview of the European Network on Individualized Psychotherapy Treatment of Young People with Mental Disorders (TREATme)**.

**Vera Gergov** will be presenting a **systematic review providing an overview of the sociodemographic predictors and moderators** on the outcome of psychotherapeutic interventions for adolescents and young people with mental disorders across treatment modalities.

**Sonja Protić** will be reporting the results of a **systematic review on the current state of psychotherapy mediators research** in adolescents and transition age youth with trauma-specific psychopathology.

We are hoping you will participate and share your thoughts about this innovative and exciting area of research!

We will use the Zoom platform in the format of an **interactive video conference meeting**. A meeting invitation and the paper will be sent when you register for the event.

## Articles to be discussed:

- Gergov, V., Prevendar, T., Voursora, E., Ulberg, R., Dahl, H-S. J., Feller, C., Jacobsen, C. F., Karain, A., Milic, B., Poznyak, E., Sacco, R., Tulbure, B. T., Camilleri, N., Liakea, I., Podina, I., Saliba, A., Torres, S., & Poulsen, S. (2023). Sociodemographic Predictors and Moderators of Treatment Outcomes of Psychotherapeutic Interventions for Young People with Mental Disorders: A Systematic Review. *Adolescent Research Review*. <https://doi.org/10.1007/s40894-023-00228-6>
- Protić, S., Wittmann, L., Taubner, S., Conejo-Cerón, S., Ioannou, Y., Heinonen, E., Saliba, A., Moreno-Peral, P., Volkert, J., Barkauskiene, R., Julia Schmidt, S., Rangel Santos Henriques, M. I., Pinheiro Mota, C., Sales, C. M. D., Røssberg, J. I., Adler, A., Giacomo, D. D., Mucha Vieira, F., Drndarević, N., Ulberg, R., Stepisnih Perdih, T., & Mestre, J. M. (2024). Mediators of Outcome in Trauma-Focused Psychotherapy with Youth: A Systematic Review. *Trauma, Violence, & Abuse*, 0(0). <https://doi.org/10.1177/15248380231223264>

Please **Register** here:

<https://us02web.zoom.us/meeting/register/tZ0scemgrTogG9X958hvbIDZubursgY2Ex-6>



**March 26th, 2024**

16:00 - 17:00 PM

Central European Time

# MEET OUR PRESENTERS



**Randi Ulberg**, is a Professor M.D. and the leader of the Department of Child and Adolescent Psychiatry at the University Of Oslo, Norway. She chairs the research network European Network on Individualized Psychotherapy Treatment of Young People with Mental Disorders (TREATme).



**Vera Gergov** is a PhD, clinical psychologist (specialist degree in psychotherapy) and psychotherapist working as the Chief of Professional and Public Affairs in The Finnish Psychological Association and as a postdoctoral researcher at the University of Helsinki. She is the Vice Chair of TREATme



**Sonja Protić** is a professor at University of Applied Science Darmstadt. Her main research interests are trauma and externalizing behavior, emotional development, and adolescents psychotherapy.

Please **Register** here:

<https://us02web.zoom.us/meeting/register/tZ0scemgrTogG9X958hvbIDZubursgY2Ex-6>



**March 26th, 2024**  
16:00 - 17:00 PM  
Central European Time