

# FROM EARLY CHILDHOOD TO EMERGING ADULTHOOD AND BEYOND:

A Developmental Approach to Challenges and Opportunities

Thursday, November 9, 2023

7:30 am - 12:45 pm

Corwin Hall  
at Manhattan Eye,  
Ear & Throat Hospital

[Register Now](#)

Participants will receive 4.25 IPCE credits.



## Program Agenda

7:30-8:00 am	Registration and Continental Breakfast	10:05-10:35 am	The Experiences of Racially & Ethnically Underrepresented Physicians in Medical Training <i>Nidhi Parashar, PhD</i>
8:00-8:10 am	Greeting <i>David Roane, MD</i>	10:35-10:40 am	Q&A
8:10-8:20 am	Introduction	10:40-11:00 am	Coffee Break
8:20-8:50 am	Equitable Access to Quality Education to Improve Long-Term Outcomes <i>Anna Goodearl, PhD</i>	11:00-11:30 am	Finding the Minds of New Mothers: Risk and Resilience in the Perinatal Period <i>Ozlem Bekar, PhD</i>
8:50-8:55 am	Q&A	11:30-11:35 am	Q&A
8:55-9:25 am	Adolescent Mentalization <i>Joardan Bate, PhD</i>	11:35-12:05 pm	Discussant <i>Linda Mayes, PhD</i>
9:25-9:30 am	Q&A	12:05-12:10 pm	Q&A
9:30-10:00 am	Minding Multiple Minds: Innovative and Integrated Approaches to First Episode Psychosis <i>Lilly Zecevic, PhD</i>	12:10-12:40 pm	Panel Discussion Q&A
10:00-10:05 am	Q&A	12:40-12:45 pm	Final Words <i>Inga Blom, PhD &amp; David Roane, MD</i>

This event was made possible by the generosity of our supporters—the Arlene & Daniel Fisher Foundation, the Auxiliary of Lenox Hill Hospital and The Katz Institute for Women's Health.

## Department of Psychiatry

### Lenox Hill Hospital Department of Psychiatry Conference

**Topic: From Early Childhood to Emerging Adulthood and Beyond: A Developmental Approach to Challenges and Opportunities.**

**Discussant: Linda Mayes, MD**

## Hybrid Session with Registration Required

MEETH – Corwin Hall/Zoom

### Registration Link:

<https://LenoxHillPsychConference.eventbrite.com>

**Thursday, November 9<sup>th</sup>**

7:30am – 1:00pm

### Learning Objectives:

Upon completion of this session, participants should be able to:

- Review the different pathways for the recent increase in behavioral health needs for children and adolescents.
- Identify innovative approaches to improving access for child and adolescent mental health services.
- Identify key points for advocacy around reforms in support for child and adolescent mental health services.

**Resources and Tools:** PowerPoint presentations will be presented by speakers.

**Target Audience:** Psychiatrists, psychologists, neuropsychologists, Hospital-based physicians, community physicians, nurses, nurse practitioners and physician assistants.

### Joint Accreditation Statement:



In support of improving patient care, Northwell Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Credit Designations:

- **Physicians**  
Northwell Health designates this live activity for a maximum of **4.25 Credits™**. Physicians should claim only credit commensurate with the extent of their participation in the activity.
- **Nurses**  
Northwell Health designates this activity for **4 ANCC contact hours**.
- **Physician Assistants**  
Northwell Health has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for **4.25 CME credits**. PAs should only claim credit commensurate with the extent of their participation.
- **Psychologists**  
Northwell Health designates this activity for **4.25 APA CE credits for psychologists**. APA Psychology credit is not accepted by the New York State Education Department as meeting their CME requirement. However, Northwell Health, Inc. is recognized by the New York State Education Department's State Board for Psychology as an Approved Provider of continuing education for licensed psychologists by the Office of Professions #PSY-0176.
- **Social Workers**  
Lenox Hill Hospital, Northwell Health is recognized by the New York State Education Department's (NYSED) State Board for Social Work as an approved provider for continuing education for Licensed Social Workers, #0406. Northwell Health designates this activity for **4 contact hours**.

### Disclosure Policy:

Northwell Health adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME-CE activity, including faculty, planners, reviewers, or others are required to disclose all relevant financial relationships with ineligible companies. All relevant financial relationships have been mitigated prior to the commencement of the activity.

Northwell Health, Inc. is recognized by the- New York State Education Department's State Board for Psychology as an Approved Provider of continuing education for licensed psychologists by the Office of Professions #PSY-0176

### Planner and Speaker's Disclosures:

**Course Director(s):** David Roane, MD and Inga Blom, PhD does not have anything to disclose. **Speaker(s):** Linda Mayes, PhD; Inga Blom, PhD; Nidhi Parashar, PhD; MSW; Lily Zecevic, MS. Ed., PhD; Anna W. Goodearl, PhD; Jordan Bate, PhD do not have anything to disclose.