



THERAPEUTIC WORK FOR CHILDREN WITH COMPLEX TRAUMA

A Three-Track Psychodynamic Approach

Nicole Vliegen, Eileen Tang, Nick Midgley,
Patrick Luyten and Peter Fonagy



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Therapeutic Work for Children with Complex Trauma

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Therapeutic Work for Children with Complex Trauma offers a contemporary three-track psychodynamic treatment model to mental health professionals working with traumatised children and their caregivers. The book offers a contemporary and comprehensive approach to working with traumatised children by integrating knowledge and skills from traditional psychodynamic child psychotherapy and more contemporary trauma-informed and mentalization-based frameworks.

Written in accessible language this treatment guide is primarily aimed at psychodynamically trained psychotherapists, mental health professionals, and professional caregivers working with traumatised children.

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