

# CaFTR

## e-group online survey

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Presentation held at the 45th Annual Meeting of the Society for Psychotherapy  
Research (SPR) in Copenhagen, June 26th 2014

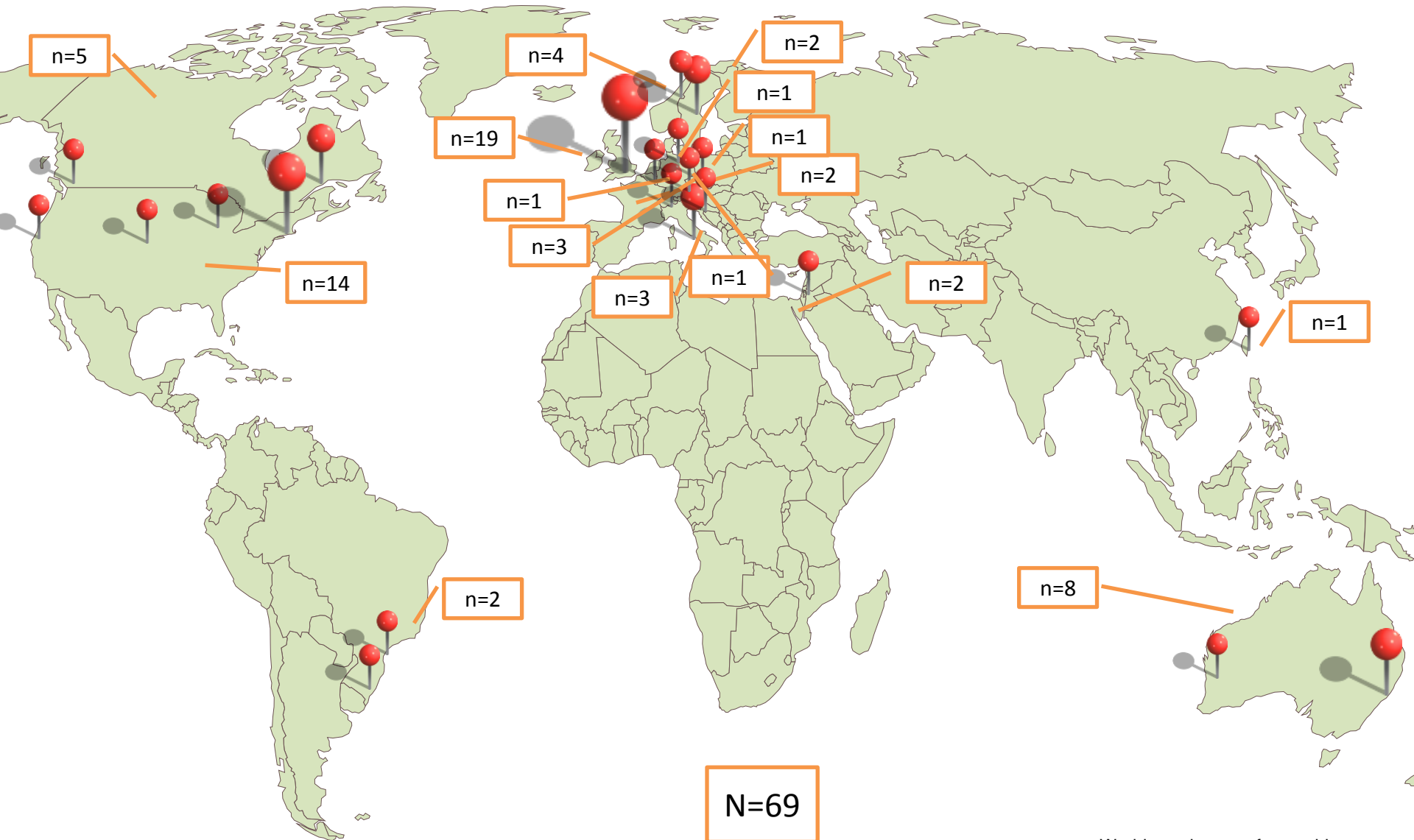
## Aims:

- Identify current research activity of CaFTR e-group members
- Gain feedback on what the priorities of the CaFTR group should be
- Ideas about topics for future international collaboration

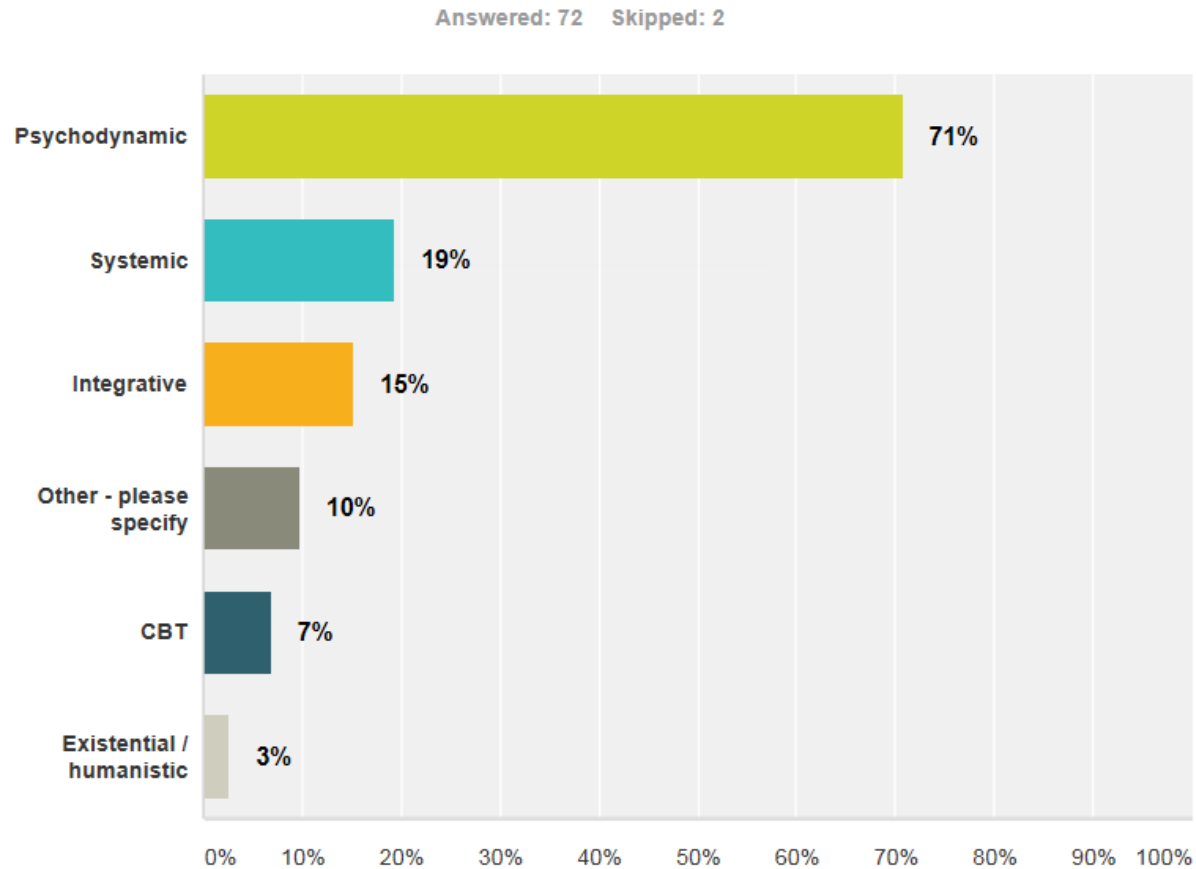
## Method:

- Link circulated via CaFTR e-group
- Carried out between March and April 2014
- Participants: N=74

## Personal information: 1. Participant origin

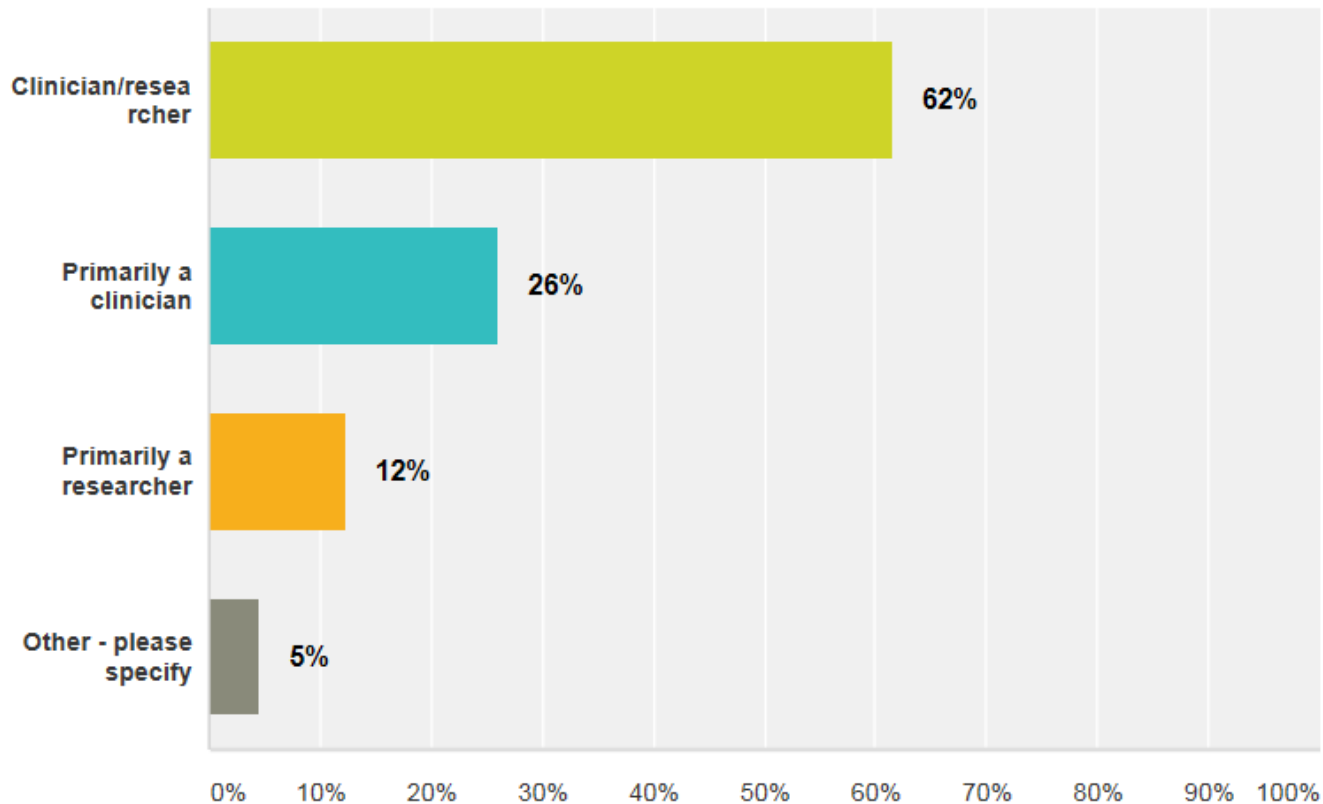


## Personal information: 2. Primary theoretical approach



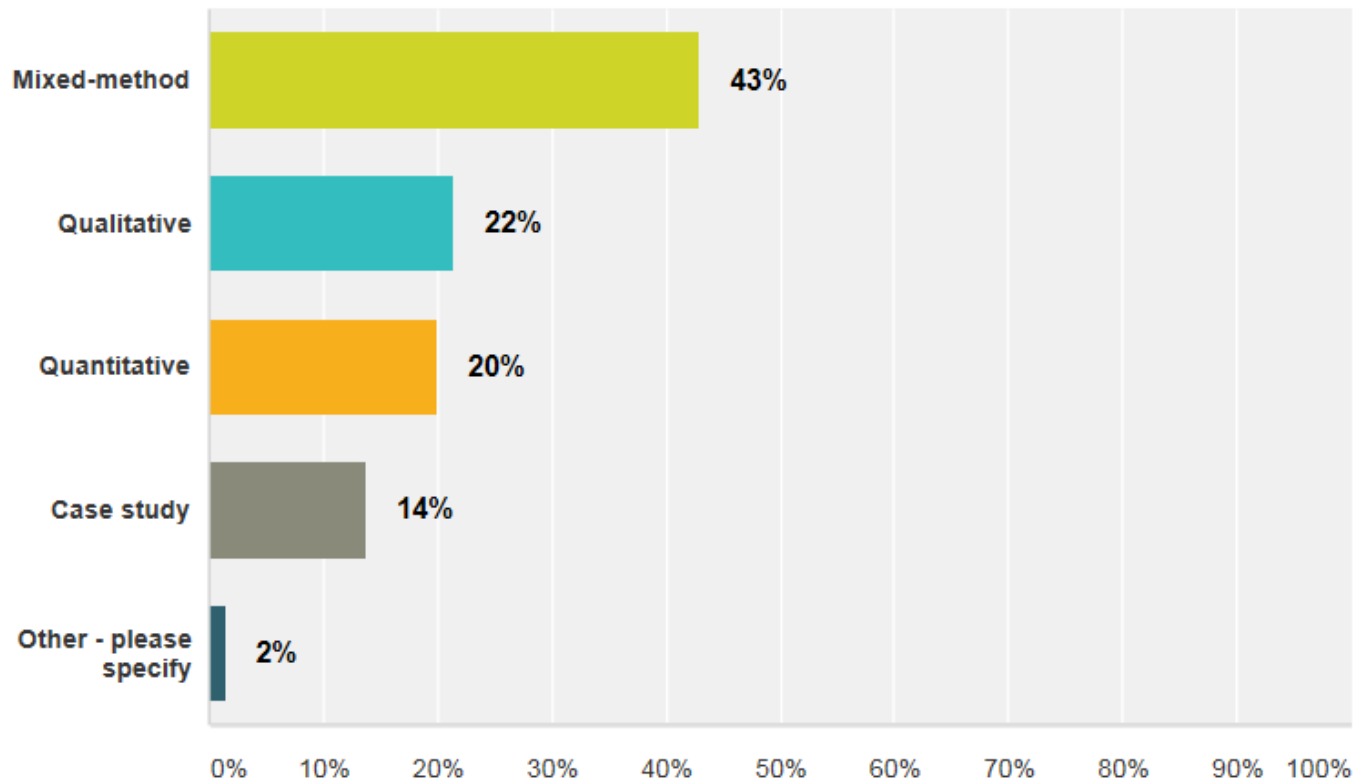
## Information about research activity: 3. Are you...

Answered: 65 Skipped: 9



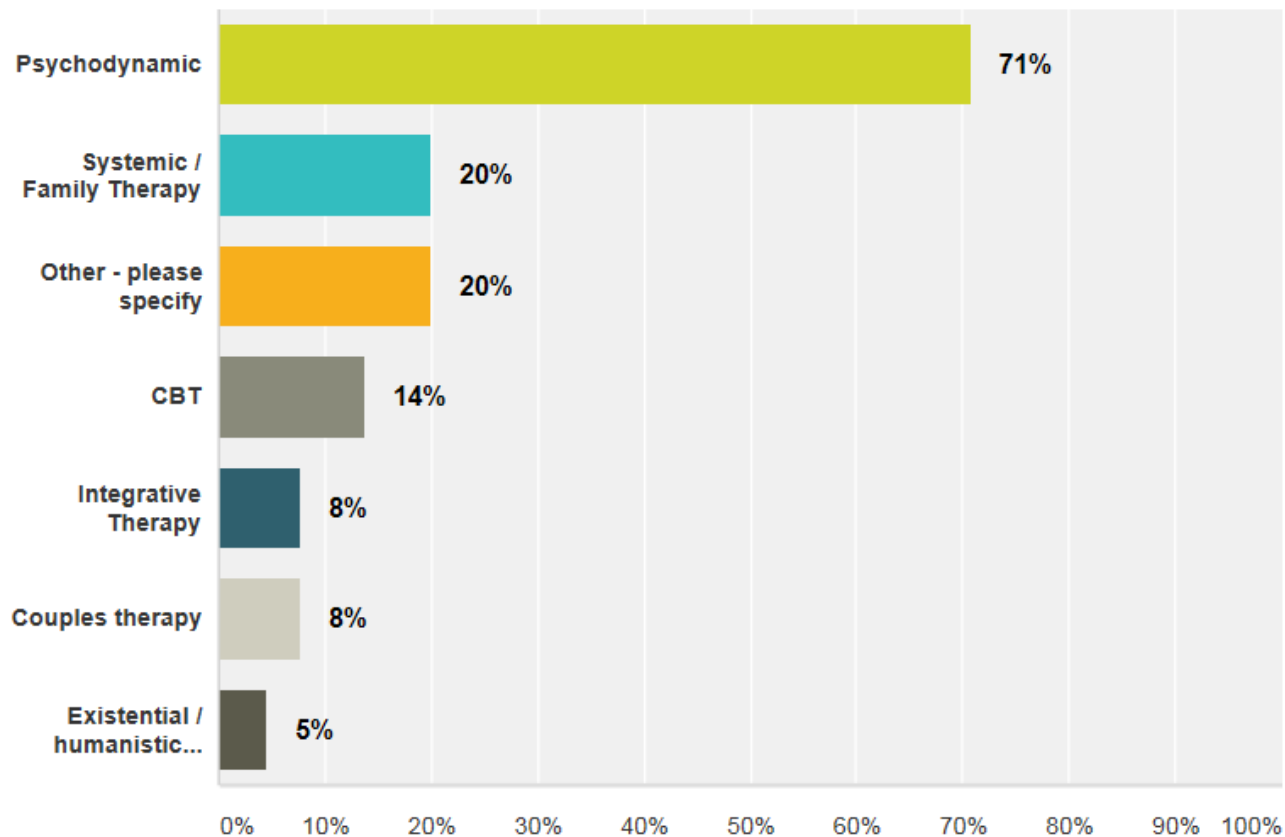
## Information about research activity: 4. What methodological approach/es do you use most as a researcher?

Answered: 65 Skipped: 9



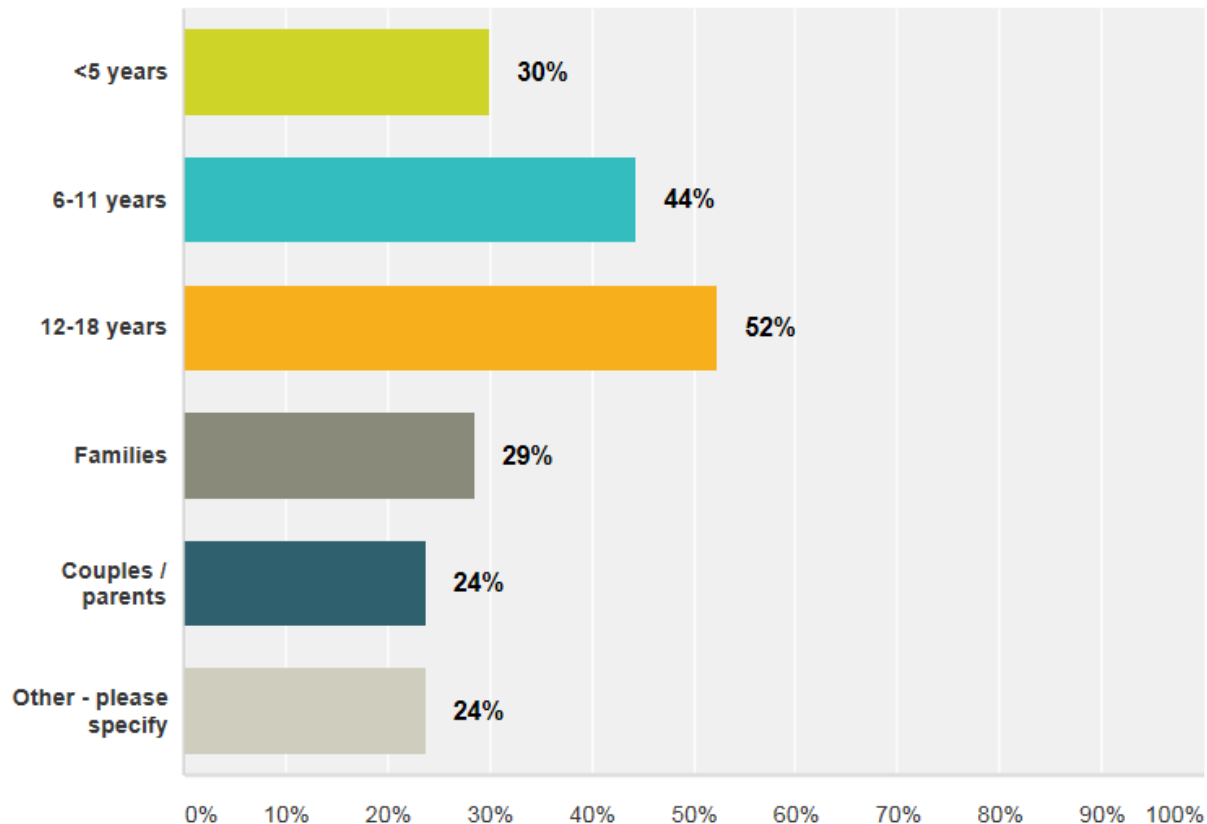
## Information about research activity: 5. What type/s of therapy do you mostly research?

Answered: 65 Skipped: 9



## Information about research activity: 6. What age group/s do you mostly study?

Answered: 63 Skipped: 11

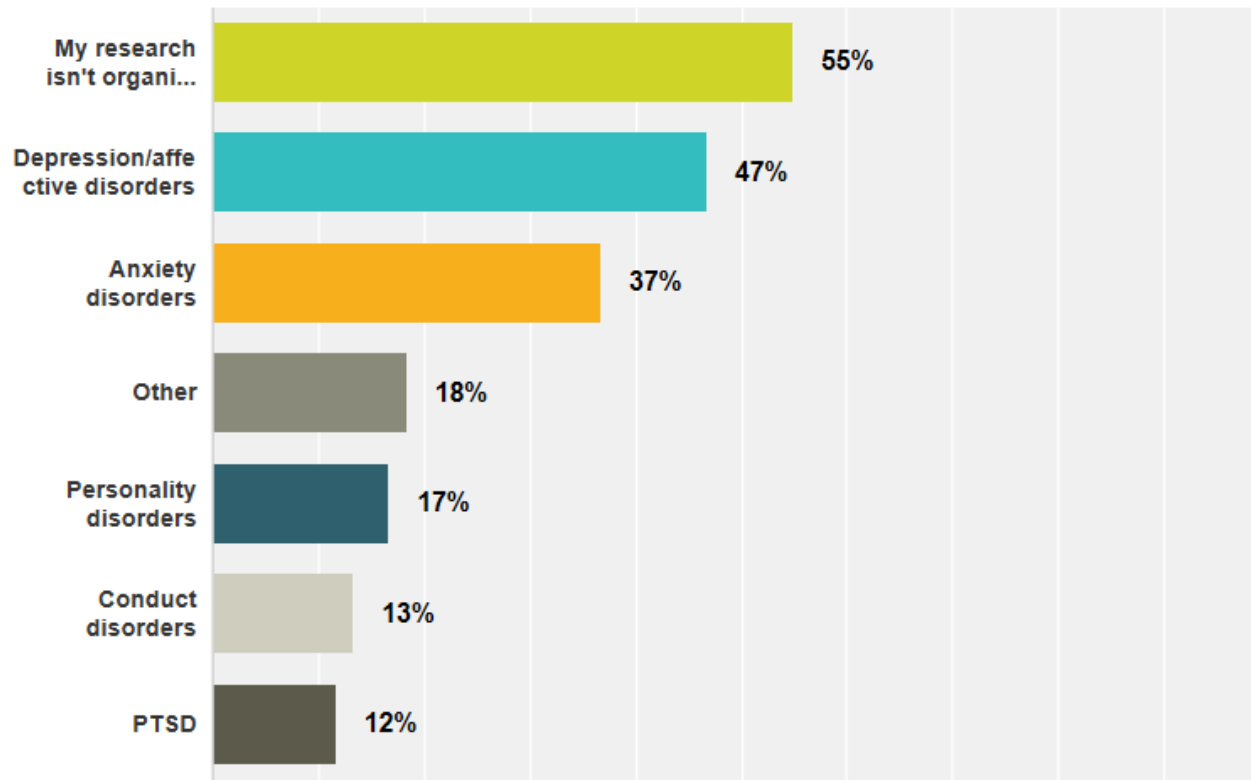




## Information about research activity:

### 7. What type/s of pathology do you mostly research?

Answered: 60 Skipped: 14



... answers less than 10% omitted

## 8. What are the main research projects that you are currently involved with? I/III

### Psychodynamic/ Psychoanalytic

Children &  
adolescents

Process &  
outcome

Routine  
practice

Short-term therapy

Single case  
studies

### Systemic

Efficacy of brief systemic  
interventions

*Systemic Therapy  
Inventory of Change  
(STIC)*

*Experience in Social  
Systems  
Questionnaire  
(EXIS) validation*

Mentalisation-  
based treatment

### Play Therapy

Children with ataxia

Play assessment

CDPI/CPTI

## 8. What are the main research projects that you are currently involved with? II/III

### Children

Attachment therapy

Trauma, disaster

Adoption/foster care

Counselling

Integration project for children w. immigration background

Group therapy

ADHD

### Families

F. violence

- Assessment
- Counselling

F. therapy

- Outcome
- Alliance

Work with parents in C&A therapy

F. functioning

F. constellations

Patterns in families w/ a depressed member

### Adolescents

Therapy drop-out

Transference interventions/interpretations

Borderline

Depression

### Psychosomatic

Chronic disease management

Diabetes and family dynamics

Non-epileptic seizures

### Couples

Couple attunement

Counseling

Pathological grief

First consultation

## 8. What are the main research projects that you are currently involved with? III/III

### Process

Development of process measures  
Change processes  
APQ/CPQ  
Alliance  
Rupture and repair

### Outcome

Re-referral rates following child therapy  
Moderators of o.  
Drop-out  
Outcome measures

### Measures & Methods

Promotion of mixed-methods  
Linguistic text analysis to predict suicide and violence  
Post-partum mood screening instrument

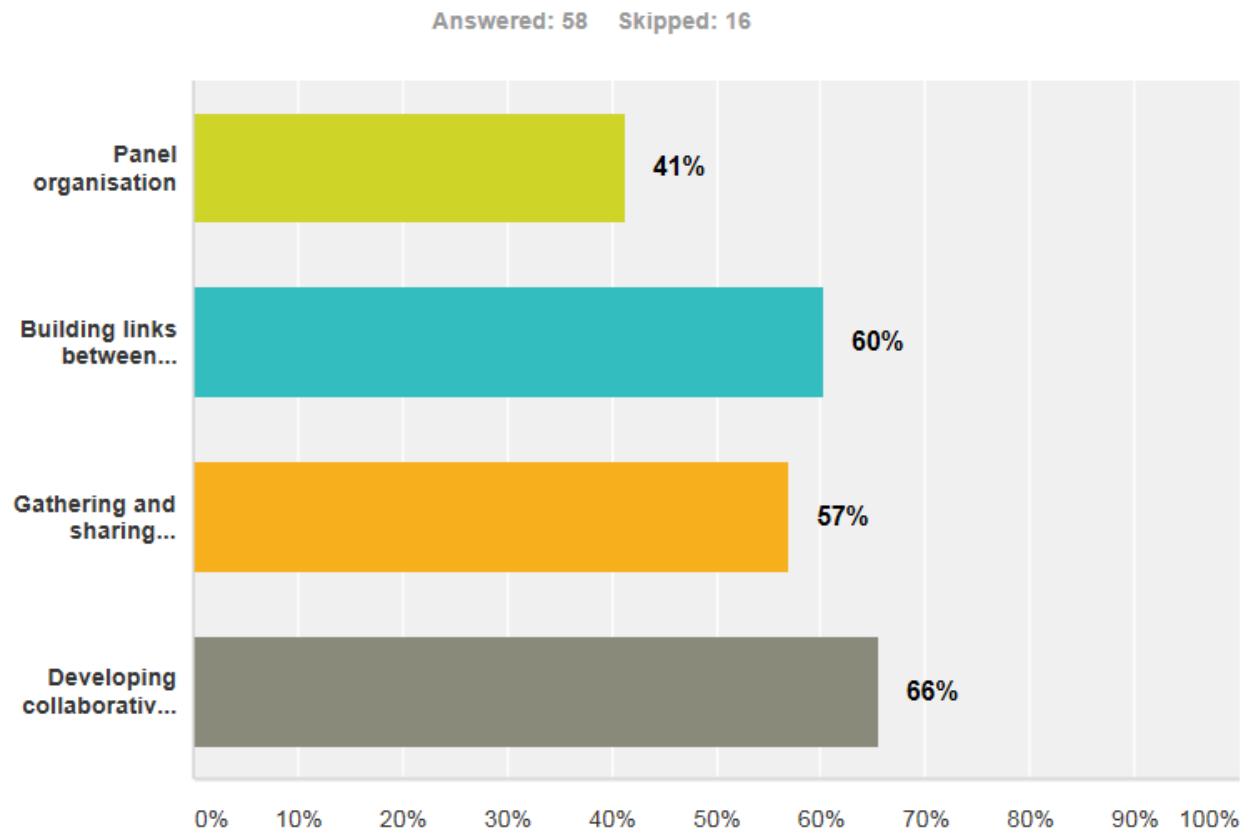
### Health services research

Development of mental health services  
Clinical audit of CAMHS  
Drop-outs  
Treatment-failures  
Non-responders

- Development of counsellors/therapists
  - Burnout in hospice workers
  - Case discussion groups

## Research priorities for CaFTR:

### 9. CaFTR should be focusing on... (max. two answers)



# 10. Suggestions for international collaboration? I/III

## Therapy approach

### Psychodynamic/ Psychoanalytic

Children &  
adolescents

Process &  
outcome

Different clinical  
conditions

RCT: child therapy vs.  
mother therapy alone

### Systemic

RCT: Efficacy of systemic  
vs. CBT for social anxiety

*Systemic Therapy  
Inventory of Change  
(STIC)*

*Experience in Social  
Systems*

*Questionnaire  
(EXIS) validation*

### Mentalisation- based treatment

Anxiety/  
depression

Children witnessing  
violence, disaster

Fostered/adopted  
children

### Play Therapy

Play activity in  
different cultures in  
healthy and  
mentally ill children

Play as medium in  
therapy

## 10. Suggestions for international collaboration? II/III

### Target groups

#### Children

Counselling  
for witnesses  
of violence

Trauma, disaster

Anxiety/depression

Adoption/foster care

Prevention for children  
at risk (immigration  
background)

Use of digital media,  
personality, and  
pathology

#### Families

Conflict-resolution  
strategies across  
generations

Emotional availability in  
parent-child interactions

Work with parents in  
C&A therapy

#### Adolescents

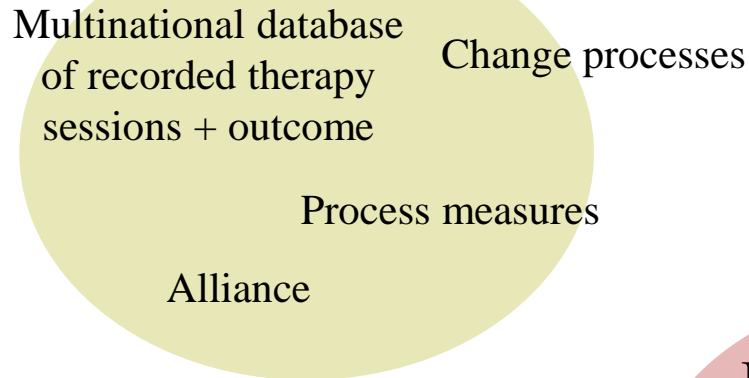
Therapy  
drop-out

Mechanisms of  
change/process

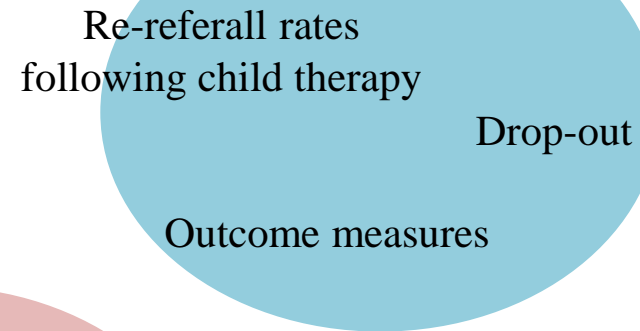
Counselling for  
university students

## 10. Suggestions for international collaboration? III/III

### Process



### Outcome



### Mixed-methods

NIMH research domain  
criteria (RDoC)

Psychological research  
with functional/somatic  
research



## Conclusions

- Variety of topics, with some overlap
- Main focus psychodynamic and systemic

## Points for discussion

- Are these the kind of themes for collaboration?
- Are they concrete enough?
- How can we organise / stimulate collaboration on these themes?
- Should we let small initiatives grow by themselves, or should we stimulate certain themes?

