



SOCIETY FOR
PSYCHOTHERAPY
RESEARCH

EUROPE CHAPTER, ROME 2022

9th EU-SPR Chapter Meeting Rome 2022

Therapist Responsiveness: Challenges and Opportunities

September 22-24, 2022 at Frentani Congress Center, Rome (Italy)

Final Program

Therapist Responsiveness: Challenges and Opportunities



Therapists' decisions and actions are affected by, among many other things, client expressions and behaviors. Adaptations of the therapeutic process in response to client expression and behavior can be summarized under the term "therapist responsiveness". Such therapist responsiveness may operate within the therapeutic relationship, as adaptation of a specific therapeutic technique or as an explicit orientation towards client characteristics. Therapist responsiveness may represent challenges in psychotherapy research, when studying clinical outcome and mechanisms of change. However, therapist responsiveness may also offer opportunities for developing new assessments and designs for the future of psychotherapy research.

For the 9th Meeting of the European Chapter of the Society for Psychotherapy Research (EU-SPR), we selected the topic of "Therapist Responsiveness: Challenges and Opportunities". Since Gordon Paul's plea, in 1957, on what perspectives need to be considered in psychotherapy outcome research – speaking to an almost unbearable complexity – psychotherapy researchers have worked to develop methods to take into account the individual patient in research. However, while important advances for the field, many of these methods have not taken into account the fact that the one who is supposed to deliver a specific therapy (the therapist) is affected by the one who comes in to be treated (the patient). To use a shortcut, the independent variable depends on the dependent variable, which becomes a fundamental problem in the design.

The European Chapter of SPR thinks it is time to discuss these problems in-depth and to take a step forward in understanding therapist responsiveness, for example its relationship with other variables of the therapeutic relationship, such as the therapeutic alliance, and to contribute to ignite more related research across therapy approaches. Such a step may just be one on a journey which aims at building a knowledge base which could have an impact on understanding and doing psychotherapy differently than today. The Rome 2022 Chapter Meeting may contribute to this process in various ways.

The planning of the 9th EU-SPR meeting in Rome was embedded in the particularly challenging context of the pandemic. European citizens, and worldwide, still recall today Rome's suffering at the time of the first wave hitting Europe coming from the south. Therefore, in this dramatic context, the organization of the Rome 2022 meeting became like a flag a number of SPR members persistently and proudly continued to hold up with us during these, at times dark, months. Definitely, the Rome 2022 EU-SPR Meeting is the fruit of exceptional commitment to SPR and its members. We thank the Rome 2022 Planning Committee and all our colleagues from the Italy Area Group of SPR for their hard work, lightheartedness and friendship. Heartfelt thanks also to the colleagues from the Scientific Committee for their very helpful advice and their efficient turn-around when it came to rate the submissions. Finally, we acknowledge all volunteers, colleagues from support at SPR and the Executive Councils of EU-SPR and of SPR for their support of the Rome 2022 conference.

And now, enjoy and get inspired by the scientific program of Rome 2022, enjoy the meeting against the backdrop of an unforgettable scene steeped in history!



Ueli Kramer, PhD
Program Chair



Vittorio Lingiardi, MD
Planning Committee Chair

Committees and Contributions



Program Chair and President of the European Chapter of SPR: Ueli Kramer

Chair of the Rome Planning Committee and President of the Italy Area Group of SPR:

Vittorio Lingiardi

Rome 2022 Scientific Committee: Miguel Gonçalves, Anna Babl, Jan R. Boehnke, Kim de Jong, Johannes Ehrenthal, Giovanna Esposito, Irene Messina, Helene Nissen-Lie, Tomas Rihacek, Sigal Zilcha-Mano

Rome Planning Committee: Antonino Carcione, Tommaso Boldrini, Daniela Strozzi, Guido Giovanardi, Ilaria Riccardi, Annalisa Tanzilli

EU-SPR Executive Council: Ueli Kramer, Miguel Gonçalves, Svenja Taubner

EU-SPR Executive Officer: Bernadette Walter

EU-SPR Support: Sven Schneider

Support by MeetingSavvy: Brad Smith

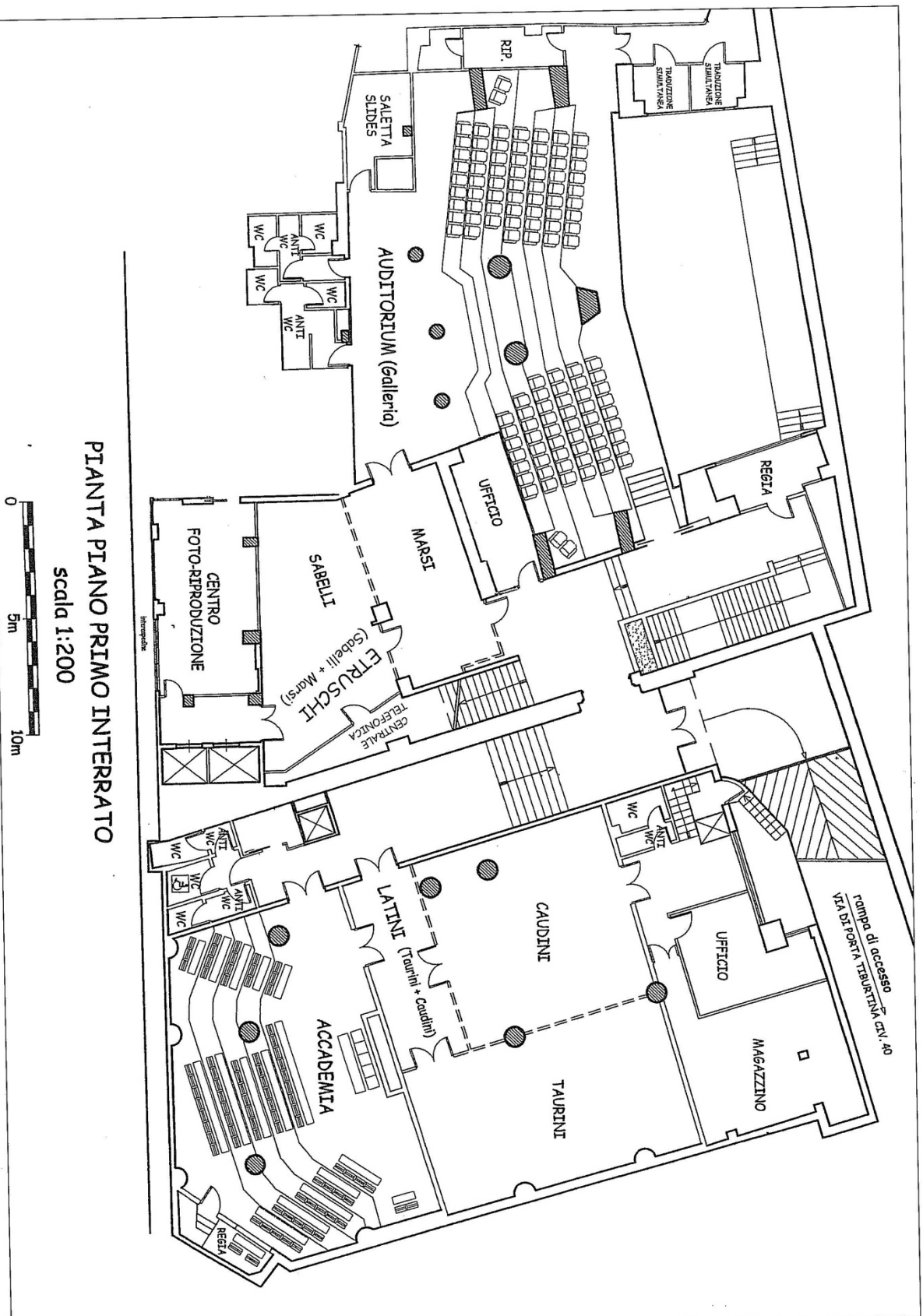
Rome 2022 Volunteers: Alice Fiorini Bincoletto, Alice Cibelli, Gianluca Cruciani, Bianca Di Giannantonio, Flavia Fiorentino, Eleonora Innocenzi, Gabriele Lo Buglio, Marta Mirabella, Marta Moselli, Filippo Maria Nimbi, Eleonora Patriarca, Ginevra Protopapa, Raffaella Passeggia

Conference Venue: Frentani Congress Center, Via dei Frentani 4, 00185 Roma (Italy)

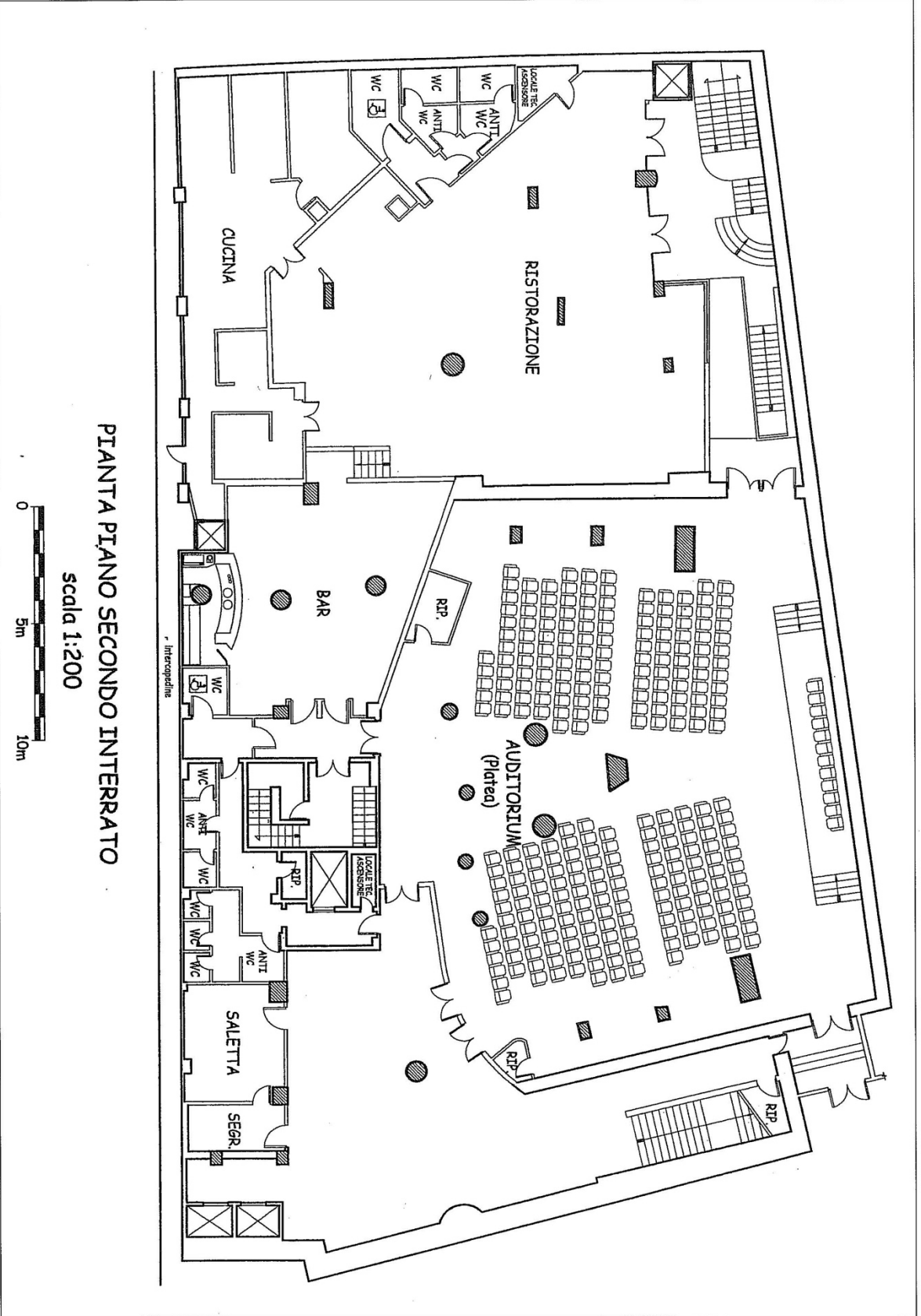
WiFi at Frentani Congress Center

- user: centro congressi ospiti
- password: ccfrentani2021

First Floor



Second Floor



PIANTA PIANO SECONDO INTERATO

scala 1:200



Thursday, September 22, 2022

	Cafeteria Frentani Congress Center	Room 1 Auditorium (Galleria)	Room 2 Accademia	Room 3 Taurini	Room 4 Caudini	Room 5 Sabelli	Room 6 Marsi
9:00			WORKSHOP: Identifying Identity Conflicts with the Repertory Grid Technique and gauging their relevance for psychotherapy outcome	WORKSHOP: Attachment as common core in psychotherapy	WORKSHOP: Conversation analysis in the study of a grieving couple therapy	WORKSHOP: Introduction to Mixed Effects Models in R	WORKSHOP: Systematic Pragmatic Phenomenological Analysis: a phenomenological research method
10:00							
11:00							
12:00							
13:00	OPENING WELCOME: Opening Session and Official Welcome to Rome 2022						
14:00	PANEL/SYMPOSIUM: The good, the bad, and the ugly: What clients take away from psychotherapy	PANEL/SYMPOSIUM: Research on Interpersonal Skills in Therapists (RISKIT)	PANEL/SYMPOSIUM: Innovative approaches to study psychotherapy interactions using physiological and behavioral measures - From aesthetic experiences to multi-person	BRIEF PAPER SESSION: Therapist Effects	PANEL/SYMPOSIUM: Getting the most from therapeutic alliance: Exploration of distinct roles within psychodynamic and cognitive-behavioral therapy.		
15:00	COFFEE BREAK: Coffee Break						
16:00	PANEL/SYMPOSIUM: Ambivalence toward change and its resolution in the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders	STRUCTURED DISCUSSION: Integrating Qualitative & Quantitative Methods in Psychotherapy Research: The Way Forward?	PANEL/SYMPOSIUM: Tailoring setting and techniques to improve therapist responsiveness	PANEL/SYMPOSIUM: Mentalizing processes and Epistemic trust in therapy and social contexts	PANEL/SYMPOSIUM: Psychotherapy research as a bridge between science and practice	BRIEF PAPER SESSION: Psychopathology	
17:00	PANEL/SYMPOSIUM: Internet-based psychodynamic therapy for adolescents with depression	STRUCTURED DISCUSSION: Early Career Researchers in Europe: modern challenges and opportunities	BRIEF PAPER SESSION: Patient- Therapist Interaction	PANEL/SYMPOSIUM: A clinician centered approach to parenting assessment and family treatment	BRIEF PAPER SESSION: Therapist Responsiveness	BRIEF PAPER SESSION: Qualitative Research	
18:00	PLENARY: Responsiveness is a problem, not a solution (for research)						
19:00	SPECIAL EVENT: Welcome Reception						
20:00							

Friday, September 23, 2022

Room 1 Auditorium (Galleria) Room 2 Accademia Room 3 Taurini Room 4 Gaudini Room 5 Sabelli Room 6 Marzi Foyer

Catena Frenani
Congress Center
Roma

Fauno 3.0, Piazza
Sassani 2c, 00161
Roma

9:00	PANEL/SYMPOSIUM: Challenges in group therapy research: Advances in understanding effectiveness and change	STRUCTURED DISCUSSION: What is the clinical impact of complexly science in psychotherapy?	PANEL/SYMPOSIUM: Going beyond the first impression: In the pursuit of how and for whom psychotherapy works in depression	PANEL/SYMPOSIUM: Monitoring countertransference and relationship patterns to foster therapist responsiveness	PANEL/SYMPOSIUM: Therapy with adolescents who present suicidal ideation and attempts: the responsiveness of patients and therapists	PANEL/SYMPOSIUM: Common relationship factors and therapist-patient matchmaking: How do they relate to client outcomes?
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COFFEE BREAK:
Coffee Break

11:00	PANEL/SYMPOSIUM: Therapists' responsiveness to ruptures in the alliance and their resolution	PANEL/SYMPOSIUM: Observing Mentalization: Its Role in Different Clinical Contexts	PANEL/SYMPOSIUM: Dyadic Emotional Processes in Psychotherapy	BRIEF PAPER SESSION: Alliance	PANEL/SYMPOSIUM: Mindfulness, Self-Compassion and their Impact on Psychopathology, Clinical Interventions and Self-	BRIEF PAPER SESSION: LGBT+
12:00	PLENARY: Therapist responsiveness as a common factor in psychotherapy					

LUNCH BREAK:
Lunch

14:00	Chapter Business Meeting					
15:00	PANEL/SYMPOSIUM: Lost in Transition: Patient and Therapist Experiences of Forced Shift to Remote Psychotherapy during the COVID-19 Pandemic	PANEL/SYMPOSIUM: Relational testing in individual and couple therapy	PANEL/SYMPOSIUM: Assimilation Theory Case Studies: Theory Building Research	PANEL/SYMPOSIUM: A dynamic systems approach to psychotherapy: Toward a more comprehensive understanding of	PANEL/SYMPOSIUM: Technology-assisted psychotherapy	BRIEF PAPER SESSION: Parenting

COFFEE BREAK:
Coffee Break

16:00						
17:00	PANEL/SYMPOSIUM: New directions in the evaluation and treatment of mental functioning and personality pathology in the developmental age	STRUCTURED DISCUSSION: "In hindsight, I was more depressed than I thought". Response shifts in psychotherapy	PANEL/SYMPOSIUM: New research using the Core Conflictual Relationship Theme method - New perspectives on therapist countertransference and	PANEL/SYMPOSIUM: Psychotherapy as Co-Responsiveness of Therapists and Clients	PANEL/SYMPOSIUM: What (does not) work, for whom, and how? Understanding the Influence of therapist variables on treatment	BRIEF PAPER SESSION: Personality Disorders

POSTER SESSION: Poster Session 1

18:00
19:00
20:00
21:00
23:00

SPECIAL EVENT:
Early Career Researcher Night

Saturday, September 24, 2022

	Room 1 Auditorium (Galleria)	Room 2 Accademia	Room 3 Taurini	Room 4 Caudini	Room 5 Sabelli	Room 6 Marsi	Cafeteria Frenani Congress Center	Foyer	Hotel Ateneo Palace	I Gusto, Piazza di S. Apollinare, 41, 00186 Roma
9:00 AM	PANEL/SYMPOSIUM: Personality pathology, dyads, and quality of therapeutic relation: the object relations approach and the contribution of Transference Focused Psychotherapy (TFP)	STRUCTURED DISCUSSION: Training therapists in these changing times	PANEL/SYMPOSIUM: Personality functioning as a key indicator for course and change of psychopathology: Results from clinical and non-clinical samples across the life span	PANEL/SYMPOSIUM: Exploring individual resources to promote change in self-help interventions and psychotherapy	BRIEF PAPER SESSION: Addictive and young adults	PANEL/SYMPOSIUM: Personalized and feedback-informed Psychotherapy				
10:00 AM							COFFEE BREAK: Coffee break			
11:00 AM	PANEL/SYMPOSIUM: Interpersonal Psychophysiology: research and clinical applications	PANEL/SYMPOSIUM: Using Network Models in Clinical Practice	PANEL/SYMPOSIUM: Therapist responsiveness from a dialectical behavior therapy perspective: Dialectic principles, evidence based psychological symptoms and interpersonal processes	PANEL/SYMPOSIUM: META-Analysis Findings from a European network on individualised psychotherapy for young people	BRIEF PAPER SESSION: Neuroscience and Physiology					
12:00 PM		EU-SFR for Ukraine					LUNCH BREAK: Lunch			
1:00 PM										
2:00 PM	PANEL/SYMPOSIUM: Recent Results from the SPRISMO Study of Psychotherapy Training and Trainers	PANEL/SYMPOSIUM: Expectations, values, and motivation: The influence of client-specific motivational factors on the course, outcome and long-term benefit of therapy	PANEL/SYMPOSIUM: Emotions, vulnerability, parental responsiveness and change in emotion and attachment-based treatments	PANEL/SYMPOSIUM: Increasing efficacy of treatments for depression with recent scientific innovations	BRIEF PAPER SESSION: Alliance	BRIEF PAPER SESSION: Therapist training				
3:00 PM		Video project for SFR website								
4:00 PM	STRUCTURED DISCUSSION: Trends in Guidance, Development and Implementation of Psychotherapy in Mental Health Care Systems	PANEL/SYMPOSIUM: New horizons of research in defense mechanisms: Recent original applications of the Defense Mechanisms Rating Scale (DMRS)-therapeutic edition	PANEL/SYMPOSIUM: Inside Out: Outside In: Spine and Muscles of Mentalizing Abilities							
5:00 PM	PLENARY: The future of psychotherapy research on therapist responsiveness			BRIEF PAPER SESSION: Group Therapy	BRIEF PAPER SESSION: Outcome	BRIEF PAPER SESSION: Research Methodology				
6:00 PM	PLENARY: Forward									
7:00 PM										
8:00 PM										
10:00 PM										

POSTER SESSION: Poster Session 2

SPECIAL EVENT: Walking Tour through Rome

SPECIAL EVENT: Social Dinner (Registration required)

Thursday, September 22

Pre-Conference Workshops

1. **WORKSHOP**

Thursday | 9:00-12:00 | Room 2 Accademia
Identifying Identity Conflicts with the Repertory Grid Technique and gauging their relevance for psychotherapy outcome

Organizer: *Guillem Feixas, Universitat de Barcelona, Spain*
2. **WORKSHOP**

Thursday | 9:00-12:00 | Room 3 Taurini
Attachment as common core in psychotherapy

Organizer: *Lisa Firestone, Glendon Association*
3. **WORKSHOP**

Thursday | 9:00-12:00 | Room 4 Caudini
Conversation analysis in the study of a grieving couple therapy

Organizers: *Bernadetta Janusz, Jagiellonian University, Kraków, Poland; Anssi Peräkylä, Helsinki University, Helsinki, Finland;*
4. **WORKSHOP**

Thursday | 9:00-12:00 | Room 5 Sabelli
Introduction to Mixed Effects Models in R

Organizer: *Jan Boehnke, University of Dundee, UK*
5. **WORKSHOP**

Thursday | 9:00-12:00 | Room 6 Marsi
Systematic Pragmatic Phenomenological Analysis: a phenomenological research method

Organizer: *Joel Vos, Metanoia Institute*

Scientific Program

Thursday, September 22

08:00

Registration Opens

6.
OPENING WELCOME

Thursday | 13:00-13:55 | Room 1 Auditorium (Galleria)
Opening Session and Official Welcome to Rome 2022

- **President of the European Chapter of the Society for Psychotherapy Research and Program Chair.** Ueli Kramer, University of Lausanne, Switzerland
- **President of the Italy Area Group of the Society for Psychotherapy Research.** Vittorio Lingiardi, Sapienza University of Rome, Italy
- Alessio D'Amato, Lazio Region Councilor for Health and Social-Health Integration
- Santo Di Nuovo, President of the Italian Psychological Association (AIP)
- Fabio Lucidi, Dean of the Faculty of Medicine and Psychology, Sapienza University of Rome, and Past-President of the Italian Society of Health Psychology (SIPSa)

7.
PANEL/SYMPOSIUM

Thursday | 14:00-15:15 | Room 1 Auditorium (Galleria)
The good, the bad, and the ugly: What clients take away from psychotherapy

Moderator: *Bernhard Strauss, Institute of Psychosocial Medicine and Psychotherapy, Jena, Germany*

- **Measuring clients' session reactions: The development of the Session Reactions Scale-3.** Tomas Řiháček, Masaryk University Brno Czech Republic; Jesse Owen, University of Denver USA; Robert Elliott, University of Strathclyde, Glasgow, UK
- **Adverse Events in Psychotherapy – A Systematic Review of Randomized Controlled Trials.** Jenny Rosendahl, Institute of Psychosocial Medicine and Psychotherapy, Jena, Germany; Rahel Klatte, Institute of Psychosocial Medicine and Psychotherapy, Jena, Germany; Christoph Flückiger, University of Zurich, Switzerland; Bernhard Strauss, Institute of Psychosocial Medicine and Psychotherapy, Jena, Germany

- **Estimating the prevalence of negative effects and border violations in psychotherapy.** Bernhard Strauss, Institute of Psychosocial Medicine and Psychotherapy, Jena, Germany; Romina Gawlytta, Institute of Psychosocial Medicine and Psychotherapy, Jena, Germany; Andrea Schleu, Private Practice Essen Germany; Dominique Frenzl, Institute of Psychosocial Medicine and Psychotherapy, Jena, Germany

Discussant: Gianluca Lo Coco, University of Palermo, Italy

8.
PANEL/SYMPOSIUM

Thursday | 14:00-15:15 | Room 2 Accademia
Research on Interpersonal Skills in Therapists (RISKIT)

Organizer: *Truls Ryum, Norwegian University of Science and Technology, Trondheim, Norway*

Moderator: *Patrick A. Vogel, Norwegian University of Science and Technology, Trondheim, Norway*

- **Development of Mentalization Skills in Psychology students.** Torbjørn Nilsen, Norwegian University of Science and Technology, Trondheim, Norway; Steffen André Fagerbakk, Norwegian University of Science and Technology, Trondheim, Norway; Silje Helen Sørhøy, Norwegian University of Science and Technology, Trondheim, Norway; Nina Jakhelln Laugen, Norwegian University of Science and Technology, Trondheim, Norway
- **An apprenticeship model in the training of psychotherapy students. Results from a pilot mixed methods study.** Katrine Høyer Holgersen, Norwegian University of Science and Technology, Trondheim, Norway; Heidi Brattland, Nidelv community mental center; Patrick A. Vogel, Norwegian University of Science and Technology, Trondheim, Norway; Nina Jakhelln Laugen, Norwegian University of Science and Technology, Trondheim, Norway; Truls Ryum, Norwegian University of Science and Technology, Trondheim, Norway
- **Therapist factors in therapy with children and adolescents.** Nina Jakhelln Laugen, Norwegian University of Science and Technology, Trondheim, Norway; Torbjørn Nilsen, Norwegian University of Science and Technology, Trondheim, Norway; Patrick A. Vogel, Norwegian University of Science and Technology, Trondheim, Norway; Truls Ryum, Norwegian University of Science and Technology, Trondheim, Norway

Discussant: Signe Stige, University of Bergen

9.
PANEL/SYMPOSIUM

Moderator: *Virpi-Liisa Kykyri,*
University of Jyvaskyla

Thursday | 14:00-15:15 | Room 3 Taurini
Innovative approaches to study psychotherapy interactions using physiological and behavioral measures - from aesthetic experiences to multi-person synchronies

- **Beauty and uncertainty as transformative factors: a free energy principle account of aesthetic diagnosis and intervention in Gestalt psychotherapy.** Pietro Sarasso, Università di Torino
- **Nonverbal synchrony in couple therapy linked to clients' well-being and the therapeutic alliance.** Petra Nyman-Salonen, University of Jyväskylä; Virpi-Liisa Kykyri, University of Jyvaskyla; Wolfgang Tschacher, Universität Bern; Joonas Muotka, University of Jyvaskyla; Anu Tourunen, University of Jyvaskyla; Markku Penttonen, University of Jyvaskyla; Jaakko Seikkula, University of Jyvaskyla
- **Multi-Person, Multi-Modal Synchrony: Associations Between Sympathetic Nervous System Synchrony, Movement Synchrony, and Speech in Couple Therapy.** Anu Tourunen, University of Jyvaskyla; Petra Nyman-Salonen, University of Jyväskylä; Joonas Muotka, University of Jyvaskyla; Markku Penttonen, University of Jyvaskyla; Jaakko Seikkula, University of Jyvaskyla; Virpi-Liisa Kykyri, University of Jyvaskyla
- **Is breathing and electrodermal activity differently synchronized in distinct therapeutic subsystems? Preliminary results from the Relational Mind project.** Joana Coutinho, Universidade do Minho, Braga, Portugal; Markku Penttonen, University of Jyvaskyla; Anu Tourunen, University of Jyvaskyla; Jaakko Seikkula, University of Jyvaskyla; Anssi Peräkylä, Helsinki University, Helsinki, Finland; Wolfgang Tschacher, Universität Bern; Virpi-Liisa Kykyri, University of Jyvaskyla

10.
BRIEF PAPER SESSION

Moderator: *Helene Amundsen*
Nissen-Lie, University of Oslo,
Norway

Thursday | 14:00-15:15 | Room 5 Sabelli
Therapist Effects

- **A Measure for Psychotherapist's Intuition: Construction, Development, and Pilot Study of the Aesthetic Relational Knowledge Scale (ARKS).** Margherita Spagnuolo Lobb, Istituto di Gestalt HCC Italy; Federica Sciacca, University of

Catania; Serena Iacono Isidoro, National Research Council;
Zira Hichy, University of Catania

- **Attachment styles of clients and psychotherapists and their importance for the therapeutic alliance and symptom reduction in the context of psychological/psychotherapeutic treatments at the Outpatient Clinics of Sigmund Freud-University Vienna.** Manfred Reisinger, Sigmund Freud University, Vienna, Austria; Jan Aden, Sigmund Freud University, Vienna, Austria; Birgit Stetina, Sigmund Freud University, Vienna, Austria
- **The characteristics of the psychotherapist: a relationship between theory of mind, empathic skills and family structure.** Nicoletta Vegni, Niccolò Cusano University; Paolo Soraci, Niccolò Cusano University; Sabina Spagna, Niccolò Cusano University; Roberta Cimaglia, Niccolò Cusano University; Lara Scali, Niccolò Cusano University; Claudia Prestano, Niccolò Cusano University
- **PCEPS EFT-9_ Contrasting cases of lower and higher therapists performing.** Marina Monteiro, University of Maia, Portugal; Daniela Nogueira, University of Maia, Portugal; Robert Elliott, University of Strathclyde, Glasgow, UK; João Salgado, University of Maia, Portugal; Carla Cunha, University of Maia, Portugal

11.
PANEL/SYMPOSIUM

Organizer: *Luís Janeiro,*
Universidade do Algarve

Thursday | 14:00-15:15 | Room 6 Marsi

Getting the most from therapeutic alliance: Exploration of distinct roles within psychodynamic and cognitive-behavioral therapy.

- **How does in-session therapeutic collaboration explain therapeutic alliance evolution?** Eugénia Ribeiro, Universidade do Minho, Braga, Portugal; Adam Horvath, Simon Fraser University, Burnaby, Canada; William Stiles, Miami University, Oxford, USA; Inês Sousa, Universidade do Minho, Braga, Portugal; Ângela Ferreira, Universidade do Minho, Braga, Portugal; Cátia Cardoso, Universidade do Minho, Braga, Portugal; Gysele Melo, Universidade do Minho, Braga, Portugal
- **In the relationship we can heal: dynamic patterns between therapeutic alliance and outcomes on psychodynamic psychotherapy.** Laura Inês Ferreira, Universidade do Algarve, Portugal; Eugénia Ribeiro, Universidade do Minho, Braga, Portugal; Luís Janeiro, Universidade do Algarve

- **One therapist & two clients: Distinct therapeutic alliance patterns explain two opposite outcomes.** Luís Janeiro, Universidade do Algarve; Laura Inês Ferreira, Universidade do Algarve, Portugal

Discussant: Adam Horvath, Simon Fraser University, Burnaby, Canada

12.
COFFEE BREAK

Thursday | 15:15-15:40 | Cafeteria Frentani Congress Center
Coffee Break

13.
PANEL/SYMPOSIUM

Thursday | 15:40-16:55 | Room 1 Auditorium (Galleria)
Ambivalence toward change and its resolution in the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders

Moderator: *João Tiago Oliveira, Universidade do Minho, Braga, Portugal*

- **The interplay between ambivalence towards change and emotion regulation.** João Tiago Oliveira, Universidade do Minho, Braga, Portugal; Juan Martín Gómez Penedo, Universidad de Buenos Aires, Argentina; Miguel Gonçalves, Universidade do Minho, Braga, Portugal
- **Ambivalence resolution in the unified protocol for transdiagnostic treatment of emotional disorders: An exploratory case study.** Cátia Braga, Universidade do Minho, Braga, Portugal; Helena Ferreira, Universidade do Minho, Braga, Portugal; Inês Sousa, Universidade do Minho, Braga, Portugal; Miguel Gonçalves, Universidade do Minho, Braga, Portugal
- **Therapist interventions and ambivalence resolution: an exploratory case study.** Helena Ferreira, Universidade do Minho, Braga, Portugal; Cátia Braga, Universidade do Minho, Braga, Portugal; Miguel Gonçalves, Universidade do Minho, Braga, Portugal

Discussant: Julian Rubel, Universität Giessen

14.
STRUCTURED DISCUSSION

Thursday | 15:40-16:55 | Room 2 Accademia
Integrating Qualitative & Quantitative Methods in Psychotherapy Research: The Way Forward?

Moderator: *Mila Hall, University of Giessen, Germany*

Discussants: Harriette Riese, University of Groningen, University Medical Center Groningen, Department of Psychiatry, The Netherlands; Nora Daniels-Wredenhagen, sysTelios ThinkTank; Naomi Moller, The Open University, Britain; Mila Hall, University of Giessen, Germany; Felicitas Rost, The Open University, UK;

15.
PANEL/SYMPOSIUM

Thursday | 15:40-16:55 | Room 3 Taurini
Tailoring setting and techniques to improve therapist responsiveness

Moderator: *Attà Negri, University of Bergamo, Italy*

- **How the function of free-association and free-floating attention changes in several settings: first application of FASS, a new clinician self-report tool investigating free-association and free-floating attention in psychoanalytic sessions.** Rachele Mariani, Sapienza University of Rome, Italy; Cinzia Di Monte, Sapienza University of Rome, Italy; Tiziana Bastianini, Italian Psychoanalytic Society, Italy; Annalisa Ferruta, Italian Psychoanalytical Society, Italy; Benedetta Guerrini Degl'Innocenti, Italian Psychoanalytical Society, Italy; Christopher Christian, Institute for Psychoanalytic Training and Research, USA; Anna Maria Speranza, Sapienza University of Rome, Italy; Alessandro Musetti, University of Parma, Italy
- **The chair and the couch: A comparison between the two settings based on a linguistic analysis.** Attà Negri, University of Bergamo, Italy; Federico Bianchi, University of Bergamo, Italy; Stefano Milesi, University of Bergamo, Italy; David Maria Scirocco, University of Bergamo, Italy

Discussant: Guido Giovanardi, Sapienza University of Rome, Italy

16.

PANEL/SYMPOSIUM

Organizer: *Chloe Campbell, University College, London, UK*

Moderators: *Alberto Milesi, Università degli studi di Milano-Bicocca; Marianna Liotti, Sapienza University of Rome, Italy;*

Thursday | 15:40-16:55 | Room 4 Caudini

Mentalizing processes and Epistemic trust in therapy and social contexts

- **Adolescence in lockdown: the protective role of mentalizing.** Alberto Milesi, Università degli studi di Milano-Bicocca; Francesca Locati, University of Milano-Bicocca; Federica Conte, University of Milano-Bicocca; Chloe Campbell, University College, London, UK; Peter Fonagy, University College, London, UK; Karin Ensink, Université Laval, Québec, Canada; Laura Parolin, University of Milano-Bicocca
- **Establishing therapeutic trust in an unstable world: Social communication and psychopathology in non-mentalizing systems.** Chloe Campbell, University College, London, UK; Michael Tanzer, University College, London, UK; Patrick Luyten, University College, London, UK; Peter Fonagy, University College, London, UK
- **Epistemic trust, Mistrust and Credulity: The Italian validation of the ETMCQ.** Marianna Liotti, Sapienza University of Rome, Italy; Alberto Milesi, University of Milano-Bicocca; Laura Parolin, University of Milano-Bicocca; Vittorio Lingiardi, Sapienza University of Rome, Italy; Anna Maria Speranza, Sapienza University of Rome, Italy; Chloe Campbell, University College, London, UK; Peter Fonagy, University College, London, UK; Guido Giovanardi, Sapienza University of Rome, Italy
- **Epistemic Trust and Therapeutic Alliance in patient-therapist dyads: How trust affects psychotherapy.** Alice Fiorini Bincoletto, Sapienza University of Rome, Italy; Marianna Liotti, Sapienza University of Rome, Italy; Vittorio Lingiardi, Sapienza University of Rome, Italy; Anna Maria Speranza, Sapienza University of Rome, Italy; Antonino Carcione, Third Center for Cognitive Psychotherapy, Rome; Salvatore Gullo, University of Palermo, Italy; Guido Giovanardi, Sapienza University of Rome, Italy

Discussant: Riccardo Williams, Sapienza University of Rome, Italy

17.
PANEL/SYMPOSIUM

Moderators: *Birgitta Schiller, Sigmund Freud University, Vienna, Austria; Eva Wimmer, Sigmund Freud University, Vienna, Austria;*

Thursday | 15:40-16:55 | Room 5 Sabelli
Psychotherapy research as a bridge between science and practice

- **Body Anamnesis: Implementation of a new questionnaire in outpatient clinics.** Paul Rach, Sigmund Freud University, Vienna, Austria; Stella Becher, Sigmund Freud University, Vienna, Austria; Eva Wimmer, Sigmund Freud University, Vienna, Austria; Manfred Reisinger, Sigmund Freud University, Vienna, Austria; Kathrin Mörtl, Sigmund Freud University, Vienna, Austria; Jutta Fiegl, Sigmund Freud University, Vienna, Austria; Birgitta Schiller, Sigmund Freud University, Vienna, Austria
- **The body in online therapy - how digital experience changes the psychotherapeutic practice.** Birgitta Schiller, Sigmund Freud University, Vienna, Austria; Stella Becher, Sigmund Freud University, Vienna, Austria
- **Body and Psychotherapy. Inter- and Transdisciplinary Perspectives from Psychotherapy and Medicine.** Eva Wimmer, Sigmund Freud University, Vienna, Austria; Jessica Pacher, Sigmund Freud University, Vienna, Austria
- **Evaluation of deregistration cases with emphasis on premature discontinuation at the psychotherapeutic outpatient clinic of Sigmund Freud Private University, Vienna.** Manuel Führholzer, Sigmund Freud University, Vienna, Austria; Lisa Winter, Sigmund Freud University, Vienna, Austria

18.
BRIEF PAPER SESSION

Moderator: *Tommaso Boldrini, University of Padova, Italy*

Thursday | 15:40-16:55 | Room 6 Marsi
Psychopathology

- **Panic and personality disorder – new results from the APS-RCT.** Henning Schauenburg, University Hospital Heidelberg; Miriam Henkel, University Kassel; Dorothea Huber, International Psychoanalytic University Berlin; Silke Wiegand-Grefe, University Hospital Hamburg Eppendorf; Cord Benecke, University Kassel
- **Symptoms of neurotic disorders in the COVID-19 pandemic.** Michał Mielimąka, Jagiellonian University, Kraków, Poland; Joanna Mostowik, Dpt. of Psychotherapy Jagiellonian University Medical College; Aleksandra Wolinska, University Hospital in Krakow; Krzysztof Rutkowski, Dpt. of Psychotherapy Jagiellonian University Medical College; Edyta Dembińska, Dpt. of Psychotherapy

Jagiellonian University Medical College; Jerzy Sobański, Dpt. of Psychotherapy Jagiellonian University Medical College; Katarzyna Klasa, Dpt. of Psychotherapy Jagiellonian University Medical College; Patrycja Jęda, Jagiellonian University, Kraków, Poland

- **A multidimensional network analysis in youth at ultra-high risk for psychosis.** Gabriele Lo Buglio, Sapienza University of Rome, Italy; Tommaso Boldrini, University of Padova, Italy; Erika Cerasti, Sapienza University of Rome, Italy; Laura Muzi, University of Perugia; Maria Pontillo, Ospedale Pediatrico Bambino Gesù; Stefano Vicari, Catholic University of Sacred Heart, Milan, Italy; Vittorio Lingiardi, Sapienza University of Rome, Italy; Marco Solmi, Ottawa Hospital/University of Ottawa, Canada

19.
PANEL/SYMPOSIUM

Thursday | 17:00-18:15 | Room 1 Auditorium (Galleria)
Internet-based psychodynamic therapy for adolescents with depression

Organizers: *Björn Philips, Stockholm University, Swede; Jakob Mechler, Stockholm University, Sweden; Karin Lindqvist, Stockholm University, Sweden; Nick Midgley, University College, London, UK; Rose Mortimer, Anna Freud Center, London, UK;*

Moderator: *Björn Philips, Stockholm University, Swede*

- **The ERiCA study (EaRly Internet-based interventions for Children and Adolescents) – a randomized controlled non-inferiority trial.** Jakob Mechler, Stockholm University, Sweden
- **Distant and close - the experience of the relationship in internet based psychodynamic treatment for adolescent depression: A qualitative study.** Karin Lindqvist, Stockholm University, Sweden
- **The Depression: Online Therapy Study (D:OTS)—A Pilot Study of an Internet-Based Psychodynamic Treatment for Adolescents with Low Mood in the UK.** Nick Midgley, University College, London, UK
- **Connecting over the Internet: Establishing the Therapeutic Alliance in an Internet-Based Treatment for Depressed Adolescents.** Rose Mortimer, Anna Freud Center, London, UK

Discussant: Svenja Taubner, Heidelberg University, Germany

20.
STRUCTURED DISCUSSION

Organizers: *Johann Roland Kleinbub, University of Padova, Italy; Ueli Kramer, University of Lausanne, Switzerland;*

Thursday | 17:00-18:15 | Room 2 Accademia
Early Career Researchers in Europe: modern challenges and opportunities

Discussants: Dana Tzur Bitan, Ariel University; Mila Hall, University of Giessen, Germany; Erkki Heinonen, University of Oslo, Norway; Irene Messina, Universitas Mercatorum, Rome; Joanna Mostowik, Dpt. of Psychotherapy Jagiellonian University Medical College; João Tiago Oliveira, Universidade do Minho, Braga, Portugal;

21.
BRIEF PAPER SESSION

Moderator: *Celia Faye Jacobsen, University of Copenhagen, Denmark*

Thursday | 17:00-18:15 | Room 3 Taurini
Patient-Therapist Interaction

- **Being in sync in psychotherapy: a metanalysis on the role of behavioral synchrony in the psychotherapeutic process.** Camilla Gregorini, Università di Milano-Bicocca; Pietro De Carli, University of Milano-Bicocca; Laura Parolin, University of Milano-Bicocca; Emanuele Preti, University of Milano-Bicocca
- **Dropout from Psychotherapy - Understanding Therapist Effects and Client Predictors.** Celia Faye Jacobsen, University of Copenhagen, Denmark; Susanne Lunn, University of Copenhagen, Denmark; Jan Nielsen, University of Copenhagen, Denmark; Birgit Bork Mathiesen, University of Copenhagen, Denmark; Line Rettig Lauritzen, University of Copenhagen, Denmark; Stig Poulsen, Copenhagen University
- **Preparing Clients for Psychotherapy through Role Induction: A Meta-Analysis.** Joshua Swift, Idaho State University; Elizabeth Penix, Idaho State University; Ailun Li, Idaho State University
- **Patient personal autonomy in psychotherapy: a qualitative research.** Tommaso Boldrini, University of Padova, Italy; Miranda Boldrini, AutonomiCap; Université Saint-Louis Bruxelles; Sara Di Martino, University of Padova, Italy; Soldati Teresa, University of Padova, Italy; Silvia Salcuni, University of Padova, Italy; Guido Giovanardi, Sapienza University of Rome, Italy

22.
PANEL/SYMPOSIUM

Thursday | 17:00-18:15 | Room 4 Caudini
A clinician-centered approach to parenting assessment and family treatment

Organizer: *Nicola Carone, University of Pavia, Italy*

Moderator: *Nicola Carone, University of Pavia, Italy*

- **The PDM-2 goes to court: Assessing parenting skills, parents' personality, and parent-child relationship in child custody disputes.** Nicola Carone, University of Pavia, Italy; Laura Muzi, University of Perugia; Vittorio Lingiardi, Sapienza University of Rome, Italy
- **Assessment in infancy and early childhood: New tools and perspectives.** Maria Quintigliano, Sapienza University of Rome, Italy; Alexandro Fortunato, Sapienza University of Rome, Italy; Anna Maria Speranza, Sapienza University of Rome, Italy
- **Remote vs in presence: Spontaneous changes in clinician communicative style in online clinical interviews with parents of children with Neurodevelopmental Disorders during COVID 19 pandemic.** Simona De Falco, University of Trento, Italy; Liliana Carrieri, University of Trento, Italy; Arianna Bentenuto, University of Trento, Italy; Paola Venuti, University of Trento

Discussant: Laura Parolin, University of Milano-Bicocca

23.
BRIEF PAPER SESSION

Thursday | 17:00-18:15 | Room 5 Sabelli
Therapist Responsiveness

Moderator: *Nuno Conceicao, Faculty of Psychology - Lisbon University*

- **Therapist responsiveness in conversational action – variations in person reference as a discursive means.** Jarl Wahlström, University of Jyväskylä
- **The Responsiveness Problem in Video-Psychotherapy: A Qualitative Exploration of Therapist Adaptation in an All-Remote Age.** Earta Norwood, University of Maryland, College Park, USA; Barbara Thompson, Private Practice; Stephanie Yee, University of Maryland, College Park, USA; Clara Hill, University of Maryland, College Park, USA
- **Responsiveness to Bad Habits of Mind: An Experimental Study on Clinical Decision-making to Target Change in Personality..** Nuno Conceicao, Faculty of Psychology - Lisbon University; Andre Ferreira, Faculty of Psychology - University of Lisbon; Raquel Terruta, Faculty of Psychology - University of Lisbon; Mariana Dias, Faculty of Psychology - University of Lisbon; Patricia Oliveira, Faculty of Psychology - University of Lisbon

24.

BRIEF PAPER SESSION

Moderator: *Antonino Carcione, Third Center for Cognitive Psychotherapy, Rome, Italy*

Thursday | 17:00-18:15 | Room 6 Marsi

Qualitative Research

- **Patients' Narrative Processes and Therapists' Co-Narrative Response in Psychodynamic Therapy.** Daniel Fesel, Goethe-University Frankfurt; Tilmann Habermas, Goethe-University Frankfurt
- **Client-Identified Outcomes of Psychotherapy: A Qualitative Meta-Analysis.** Michaela Ladmanová, Masaryk university, Brno; Tomas Řiháček, Masaryk University Brno Czech Republic; Ladislav Timulak, Trinity College, Dublin, Ireland; Robert Elliott, University of Strathclyde, Glasgow, UK
- **Qualitative Analysis of Problematic Mental States in patient with Personality Disorders.** Giulio Amadei, Third Center for Cognitive Psychotherapy, Rome, Italy; Livia Colle, University of Turin, Italy; Laura Conti, Third Center for Cognitive Psychotherapy, Rome, Italy; Ilaria Riccardi, Third Center for Cognitive Psychotherapy, Rome, Italy; Antonio Semerari, Third Center for Cognitive Psychotherapy, Rome, Italy; Ludovica Foglia, Third Center for Cognitive Psychotherapy, Rome, Italy

25.

PLENARY

Moderator: *Ueli Kramer, University of Lausanne, Switzerland*

Thursday | 18:20-19:15 | Room 1 Auditorium (Galleria)

Responsiveness is a problem, not a solution (for research)

- William Stiles, Miami University, Oxford, USA

26.

SPECIAL EVENT

Thursday | 19:15-20:15 | Cafeteria Frentani Congress Center

Welcome Reception

Friday, September, 23

27.
PANEL/SYMPOSIUM

Organizer: *Gianluca Lo Coco,*
University of Palermo, Italy

Moderator: *Gianluca Lo Coco,*
University of Palermo, Italy

Friday | 9:00-10:15 | Room 1 Auditorium (Galleria)

Challenges in group therapy research: Advances in understanding effectiveness and change processes

- **An international project to disseminate evidence-based information for group psychotherapy.** Maria Simon, Friedrich-Schiller-Universität Jena, Germany; Gary Burlingame, Brigham Young University, Provo, USA; Romina Gawlytta, Institute of Psychosocial Medicine and Psychotherapy, Jena, Germany; Jenny Rosendahl, Institute of Psychosocial Medicine and Psychotherapy, Jena, Germany; Bernhard Strauss, Institute of Psychosocial Medicine and Psychotherapy, Jena, Germany
- **Implementation and first results of a Naturalistic Longitudinal Study on the Effectiveness of Outpatient Group Psychotherapy in 40 Therapy Groups.** Hannah Bischof, ÖAGG-psychotherapeutische Ambulanz gGmbH; Aglaja Przyborski, Bertha von Suttner Privatuniversität; Gunter Dietrich, Österreichischer Arbeitskreis für Gruppentherapie und Gruppendynamik; Bernhard Strauss, Institute of Psychosocial Medicine and Psychotherapy, Jena, Germany
- **Group Leader Modeling or Responding: The Co-development of Group Leader and Group Member Emotional Expressions.** Gianluca Lo Coco, University of Palermo, Italy; Salvatore Gullo, University of Palermo, Italy; Cecilia Giordano, University of Palermo, Italy; Maria Di Blasi, University of Palermo, Italy; Francesca Giannone, University of Palermo, Italy; Dennis Kivlighan, University of Maryland, College Park, USA
- **Group treatment for women with non-metastatic breast cancer – A meta-analysis.** Romina Gawlytta, Institute of Psychosocial Medicine and Psychotherapy, Jena, Germany; Jenny Rosendahl, Institute of Psychosocial Medicine and Psychotherapy, Jena, Germany; Susan Koranyi, University Hospital Leipzig, Germany; Anja Mehnert-Theuerkauf, University Hospital Leipzig, Germany; Bernhard Strauss, Institute of Psychosocial Medicine and Psychotherapy, Jena, Germany

Discussant: Dennis Kivlighan, University of Maryland, College Park, USA

28.
STRUCTURED DISCUSSION

Moderators: *Franco Orsucci, University College, London, UK; Wolfgang Tschacher, Universität Bern;*

Friday | 9:00-10:15 | Room 2 Accademia
What is the clinical impact of complexity science in psychotherapy?

Discussants: Sergio Salvatore, Sapienza University of Rome, Italy; Joana Coutinho, Universidade do Minho, Braga, Portugal; Pietro Sarasso, University of Torino; Bernhard Strauss, Institute of Psychosocial Medicine and Psychotherapy, Jena, Germany; Miran Mozina, Sigmund Freud University, Vienna, Austria; Benjamin Aas, Ludwig-Maximilians-Universität, Munich, Germany; Guenter Schiepek, Paracelsus Medical University, Salzburg, Austria;

29.
PANEL/SYMPOSIUM

Organizer: *Malenka Areas, Universidad de Buenos Aires, Argentina*

Moderator: *Julian Rubel, Universität*

t Giessen

Friday | 9:00-10:15 | Room 3 Taurini
Going beyond the first impression: In the pursuit of how and for whom psychotherapy works in depression

- **Negative mood regulation expectancies as a mechanism of change in cognitive therapy for depression.** Malenka Areas, Universidad de Buenos Aires, Argentina; Juan Martín Gómez Penedo, Universidad de Buenos Aires, Argentina; Anna Babl, University of Bern, Switzerland; Andrés Jorge Roussos, Universidad de Buenos Aires, Argentina; Martin grosse Holtforth, University of Bern, Switzerland
- **Does working on patients' strengths lead to better outcomes? Disaggregation of trait-like and state-like effects of mastery experiences as well as moderating factors in the treatment of depression.** Javier Fernández-Álvarez, University of Bern, Switzerland; Juan Martín Gómez Penedo, Universidad de Buenos Aires, Argentina; Martin grosse Holtforth, University of Bern, Switzerland
- **Pre-treatment interpersonal problems as moderator of between- and within-patient effects of self-efficacy on treatment outcome in depression.** Erkki Heinonen, University of Oslo, Norway; Juan Martín Gómez Penedo, Universidad de Buenos Aires, Argentina; Jari Lipsanen, University of Helsinki; Tobias Krieger, University of Bern, Switzerland; Martin grosse Holtforth, University of Bern, Switzerland

30.
PANEL/SYMPOSIUM

Friday | 9:00-10:15 | Room 4 Caudini
Monitoring countertransference and relationship patterns to foster therapist responsiveness

Moderator: *Diego Rocco, University of Padova, Italy*

- **Affective relationship patterns and feelings of countertransference in psychoanalytic long-term psychotherapies.** Eva Bänninger-Huber, Institute of Psychology, Innsbruck, Austria
- **The relationship between countertransference and the elaborative activity between sessions.** Francesco De Bei, Sapienza University of Rome, Italy; Diego Rocco, University of Padova, Italy; Attà Negri, University of Bergamo, Italy

Discussant: Alessandro Gennaro, Sapienza University of Rome, Italy

31.
PANEL/SYMPOSIUM

Friday | 9:00-10:15 | Room 5 Sabelli
Therapy with adolescents who present suicidal ideation and attempts: the responsiveness of patients and therapists

Moderator: *Tamar Axelrad-Levy, McGill University, Montreal, Canada*

- **Co-Occurring Change between Suicidal Behavior and Mechanisms of Change in Dialectical Behavior Therapy for Adolescents at High Risk for Suicide** Jamie Bedics, California Lutheran University
- **Management of the suicidal risk in adolescence. Riccardo Williams Department of Dynamic and Clinical Psychology, University of Rome.** Riccardo Williams, Sapienza University of Rome, Italy
- **The dynamics of borderline personality disorder on suicidal adolescents in crisis: Implications for therapist responsiveness.** Maria Brown, McGill University, Montreal, Canada; Brian Greenfield, McGill University, Montreal, Canada; Alexia Jolicoeur-Martineau, McGill University, Montreal, Canada; Melissa Henry, McGill University, Montreal, Canada; Bonnie Harnden, McGill University, Montreal, Canada; Vincent Peck, McGill University, Montreal, Canada; Ashley Wazana, McGill University, Montreal, Canada
- **Therapy responsiveness and adherence among suicidal adolescents and the contribution of psychological traits and environmental factors to therapy outcomes.** Tamar Axelrad-Levy, McGill University, Montreal, Canada
- **Suicide among youths: regional and international epidemiological data for prevention.** Maurizio Pompil, The Suicide Prevention Center at Sant'Andrea Hospital in Rome; Elena Rogante, Sapienza University of Rome, Italy;

Salvatore Sarubbi, Sapienza University of Rome, Italy;
Denise Erbuto, Sapienza University of Rome, Italy

32.
PANEL/SYMPOSIUM

Moderator: *Rivka Shir, Hebrew University, Jerusalem, Israel*

Friday | 9:00-10:15 | Room 6 Marsi
Common relationship factors and therapist-patient matchmaking: How do they relate to client outcomes?

- **Confidence in the therapist and confidence in the treatment predict symptomatic improvement week by week in therapy: A latent curve modeling approach.** Ingvild Finsrud, Oslo University Hospital, Norway; Helene Amundsen Nissen-Lie, University of Oslo, Norway; Pål Ulvenes, Modum Bad Research Institute, Vikersund, Norway; Linne Melsom, Modum Bad Research Institute, Vikersund, Norway; KariAnne Vrabel, Modum Bad Research Institute, Vikersund, Norway; Bruce Wampold, University of Wisconsin, Madison, USA
- **Toward a more nuanced understanding of the role of the sub-facets of the working alliance in producing therapeutic change.** Teodor Steimoen, University of Oslo, Norway; Andreas Høstmælingen, University of Oslo, Norway; Helene Amundsen Nissen-Lie, University of Oslo, Norway; Jon T. Monsen, University of Oslo, Norway; Ole Andre Solbakken, University of Oslo, Norway
- **Pre-Therapy Matchmaking: Therapist-patient match in personality traits and attachment styles.** Rivka Shir, Hebrew University, Jerusalem, Israel; Orya Tishby, Hebrew University, Jerusalem, Israel

Discussant: William Stiles, Miami University, Oxford, USA

33.
COFFEE BREAK

Friday | 10:15-10:40 | Cafeteria Frentani Congress Center
Coffee Break

34.
PANEL/SYMPOSIUM

Moderator: *Orya Tishby, Hebrew University, Jerusalem, Israel*

Friday | 10:40-11:55 | Room 1 Auditorium (Galleria)
Therapists' responsiveness to ruptures in the alliance and their resolution

- **Therapist sensitivity and deliberate practice as predictors of therapeutic alliance.** Celia Faye Jacobsen, University of

Copenhagen, Denmark; Erminio Spadaro, University of Copenhagen, Denmark; Jan Nielsen, University of Copenhagen, Denmark; Karen-Inge Karstoft, Copenhagen University; Stig Poulsen, Copenhagen University

- **Patient's Experience of Therapist Attunement in the process of alliance ruptures and resolution.** Maayan Levy Chajmovic, Hebrew University, Jerusalem, Israel
- **Which resolution strategy works for whom?** Orya Tishby, Hebrew University, Jerusalem, Israel

Discussant: George Silberschatz, University of California, San Francisco, USA

35.

PANEL/SYMPOSIUM

Organizer: *Osmano Oasi, Catholic University of Sacred Heart, Milan, Italy*

Moderator: *Edgardo Caverzasi, Italian Psychoanalytical Society*

Friday | 10:40-11:55 | Room 2 Accademia

Observing Mentalization: Its Role in Different Clinical Contexts

- **Change of mentalization in relation with specific interventions within mentalization-based psychotherapy of adolescents with conduct disorder – a comparative case study.** Svenja Taubner, Heidelberg University, Germany; Sophie Hauschild, Institute for Psychosocial Prevention, University Hospital Heidelberg, Germany; Lea Kasper, Institute for Psychosocial Prevention, University Hospital Heidelberg, Germany
- **Mechanisms of change in mentalization-based therapy for borderline personality disorder: Patient attachment and therapist attunement.** Frederik Weischer Frandsen, University of Copenhagen, Denmark; Alessandro Talia, University of Cambridge, UK; Stig Poulsen, Copenhagen University; Fredrik Falkenström, Linnaeus University; Sebastian Simonsen, The Psychiatric Research Unit, Stolpegaard Psychotherapy Centre, Denmark
- **Adherence and Competence Scale (MBT-ACS). A study about reliability and validity of the Italian version.** Francesca De Salve, Catholic University of Sacred Heart, Milan, Italy; Paolo Ambrosi, University of Pavia; Elisa Maraffini, Department of Brain and Behavioural Sciences, University of Pavia, Italy; Francesca Argirò, AULSS 6 Euganea, Department of Psychiatry, Camposampiero, Italy; Emanuela Baccega, AULSS 6 Euganea, Department of Psychiatry, Camposampiero, Italy; Stefano Carrera, AULSS 6 Euganea, Department of Psychiatry, Camposampiero, Italy; Elisa Cestari, AULSS 6 Euganea, Department of Psychiatry, Camposampiero, Italy; Federica Favano, AULSS 6 Euganea, Department of Psychiatry, Camposampiero, Italy; Alberto Frasson, AULSS 6 Euganea, Department of Psychiatry, Camposampiero, Italy; Elisa Sartoretto, AULSS 6 Euganea, Department of Psychiatry, Camposampiero, Italy; Walter Padoani, AULSS 6 Euganea, Department of Psychiatry, Camposampiero, Italy; Guia Pandolfi, AULSS 6 Euganea, Department of Psychiatry, Camposampiero, Italy; Eleonora Tussardi, AULSS 6 Euganea, Department of Psychiatry, Camposampiero, Italy; Jee Yun Cappelletti, AULSS 6 Euganea, Department of Psychiatry, Camposampiero, Italy; Osmano Oasi, Catholic University of Sacred Heart, Milan, Italy

36.
PANEL/SYMPOSIUM

Moderator: *Omer Goren, Bar Ilan University, Israel*

Friday | 10:40-11:55 | Room 3 Taurini
Dyadic Emotional Processes in Psychotherapy

- **Interpersonal biofeedback in the clinical dyad: a pilot study.** Johann Roland Kleinbub, University of Padova, Italy; Ylenia Cariolato, University of Padova, Italy; Arianna Palmieri, University of Padova, Italy
- **Clients' and Therapists' parasympathetic Self- and Co-regulation.** Omer Goren, Bar Ilan University, Israel; Eran Bar-Kalifa, Ben Gurion University, Beer Sheva, Israel; Adar Paz, Bar Ilan University, Israel; Dana Atzil-Slonim, Bar Ilan University, Israel

Discussant: Wolfgang Tschacher, Universität Bern

37.
BRIEF PAPER SESSION

Moderator: *Ines Culina, Lausanne University Hospital, Switzerland*

Friday | 10:40-11:55 | Room 4 Caudini
Alliance

- **The effect of oxytocin administration on patient-therapist alliance congruency: Results from a randomized controlled trial.** Dana Tzur Bitan, Ariel University; Ariella Grossman-Giron, Ariel University, Shalvata MHC; Hadar Fisher, Haifa University, Israel; Dana Atzil-Slonim, Bar Ilan University, Israel; Hagai Maoz, Shalvata MHC
- **Clients and therapists Closeness–Distance Dynamics as a Pathway for Understanding Changes in the Alliance during Psychodynamic Therapy.** Sharon Egozi, Tel-Hai College, Israel
- **The first session matters: Therapist responsiveness and the therapeutic alliance in the treatment of borderline personality disorder.** Ines Culina, Lausanne University Hospital, Switzerland; Elsa Fiscalini, University of Fribourg, Switzerland; Chantal Martin-Soelch, University of Fribourg, Switzerland; Ueli Kramer, University of Lausanne, Switzerland

38.
PANEL/SYMPOSIUM

Organizers: *Corina Aguilar-Raab, Heidelberg University, Germany; Friederike Winter, Heidelberg University, Germany;*

Moderator: *Corina Aguilar-Raab, Heidelberg University, Germany*

Friday | 10:40-11:55 | Room 5 Sabelli
Mindfulness, Self-Compassion and their Impact on Psychopathology, Clinical Interventions and Self-Care in Psychotherapists

- **Predictive Validity of Trait Mindfulness on Meaning in Life, Psychopathology, and Mood and Satisfaction during Daily Life Decisions.** Carina Remmers, University Witten-Herdecke; Albert Anoschin, University Witten-Herdecke; Johannes Zimmermann, University Kassel
- **Contemplative Practices in Psychotherapy: A Systematic Study of the Implementation in Self-Care of Psychotherapists and in Clinical Practice as well as Correlations with Personality Characteristics.** Friederike Winter, Heidelberg University, Germany; Corina Aguilar-Raab, Heidelberg University, Germany
- **Outcome and Change Mechanisms of a Group-based Intervention for depressed Couples: The role of Mindfulness and Self-Compassion.** Corina Aguilar-Raab, Heidelberg University, Germany; Friederike Winter, Heidelberg University, Germany; Marco Warth, Heidelberg University, Germany; Beate Ditzen, Heidelberg University, Germany; Marc N. Jarczok, Ulm University, Germany

39.
BRIEF PAPER SESSION

Moderator: *Naomi Moller, The Open University, Britain*

Friday | 10:40-11:55 | Room 6 Marsi
LGBT+

- **Working therapeutically with trans (including non-binary) people: What does 'good' look like?.** Naomi Moller, The Open University, Britain
- **Psychotherapy with transgender and non-binary patients: a qualitative analysis of the countertransferential reactions of clinicians with different theoretical orientations.** Guido Giovanardi, Sapienza University of Rome, Italy; Alexandro Fortunato, Sapienza University of Rome, Italy; marta mirabella, Sapienza University of Rome, Italy; Bianca Di Giannantonio, Sapienza University of Rome, Italy; Serena Degli angeli, Sapienza University of Rome, Italy; Karine Milanese, Sapienza University of Rome, Italy; Anna Maria Speranza, Sapienza University of Rome, Italy; Vittorio Lingiardi, Sapienza University of Rome, Italy

40.
PLENARY

Moderator: *Miguel Gonçalves,
Universidade do Minho, Braga,
Portugal*

Friday | 12:00-13:00 | Room 1 Auditorium (Galleria)
Therapist responsiveness as a common factor in psychotherapy

- **Therapist responsiveness: Easy to feel but difficult to define. A brief journey through the variables of the therapeutic relationship.** Vittorio Lingiardi, Sapienza University of Rome, Italy
- **Do the right thing! What if the timing is wrong? Considerations on the relationship between responsiveness and metacognition in the therapeutic process.** Antonino Carcione, Third Center for Cognitive Psychotherapy, Rome, Italy

Discussants: Helene Amundsen Nissen-Lie, University of Oslo, Norway; Adam Horvath, Simon Fraser University, Burnaby, Canada;

41.
LUNCH BREAK

Friday | 13:00-14:00 | Cafeteria Frentani Congress Center
Lunch

42.

Friday | 14:00-15:00 | Room 1 Auditorium (Galleria)
Chapter Business Meeting

43.
PANEL/SYMPOSIUM

Moderator: *Andrzej Werbart,
Stockholm University, Sweden*

Friday | 15:05-16:20 | Room 1 Auditorium (Galleria)
Lost in Transition: Patient and Therapist Experiences of Forced Shift to Remote Psychotherapy during the COVID-19 Pandemic

- **Loss of Rituals, Boundaries, and Relationship: Patient Experiences of Transition to Telepsychotherapy Following the Onset of COVID-19 Pandemic.** Björn Philips, Stockholm University, Swede; Linda Byléhn, Stockholm University, Sweden; Tuva Maja Jansson, Stockholm University, Sweden; Andrzej Werbart, Stockholm University, Sweden
- **Therapeutic Encounters at the Onset of the COVID-19 Pandemic: Psychodynamic Therapists' Experiences of Transition to Remote Psychotherapy.** Andrzej Werbart, Stockholm University, Sweden; Katrin Ahlström,

Stockholm University, Sweden; Camilla von Below, Stockholm University, Sweden; David Anders Forsström, Stockholm University, Sweden

- **Treatment in the Time of COVID-19: Towards New Ways of Understanding Psychoanalytical Work at Distance and Back to the Coach.** Licia Reatto, Italian Psychoanalytic Society; Andrzej Werbart, Stockholm University, Sweden; Osmano Oasi, Catholic University of Sacred Heart, Milan, Italy; Mattia Giordano, Catholic University of Sacred Heart, Milan, Italy; Cristina Riva Crugnola, University of Milano-Bicocca, Italy

Discussant: Helene Amundsen Nissen-Lie, University of Oslo, Norway

44.
PANEL/SYMPOSIUM

Friday | 15:05-16:20 | Room 2 Accademia
Relational testing in individual and couple therapy

Organizers: *Francesco Gazzillo, Sapienza University of Rome, Italy; Ramona Fimiani, Sapienza University of Rome, Italy; Martina Rodomonti, Control-Mastery Theory Italian Group; Eleonora Fiorenza, Sapienza University of Rome, Italy;*

- **Testing in psychotherapy.** Francesco Gazzillo, Sapienza University of Rome, Italy
- **Testing and therapeutic alliance.** Ramona Fimiani, Sapienza University of Rome, Italy
- **Couple conflict and failed tests.** Eleonora Fiorenza, Sapienza University of Rome, Italy
- **Passing test in couple therapy.** Martina Rodomonti, Control-Mastery Theory Italian Group

Moderator: *Ueli Kramer, University of Lausanne, Switzerland*

Discussant: George Silberschatz, University of California, San Francisco, USA

45.
PANEL/SYMPOSIUM

Friday | 15:05-16:20 | Room 3 Taurini
Assimilation Theory Case Studies. Theory Building Research

Organizer: *Biljana van Rijn, Metanoia Institute*

- **Assimilating Problematic Life Script Themes in Clinical Supervision: The Case of Adam.** Biljana van Rijn, Metanoia Institute; James Agar, Metanoia Institute; Charlotte Sills, Metanoia Institute; William Stiles, Miami University, Oxford, USA
- **Chinese Calligraphy Enhanced Therapy (CCET) as a Culturally Sensitive Psychotherapy Approach to Bridge Underrepresented Chinese Clients in the UK.** Juan Du, Metanoia Institute; Biljana van Rijn, Metanoia Institute;

William Stiles, Miami University, Oxford, USA

Discussant: William Stiles, Miami University, Oxford, USA

46.
PANEL/SYMPOSIUM

Organizers: *Omar Gelo, University of Salento; Giulio de Felice, University of Chichester, UK and Sapienza University of Rome;*

Moderator: *Omar Gelo, University of Salento*

Friday | 15:05-16:20 | Room 4 Caudini

A dynamic systems approach to psychotherapy: Toward a more comprehensive understanding of psychopathology and psychotherapy change processes.

- **Toward a unified model of psychotherapy change processes: A dynamic-systems approach.** Giulio de Felice, University of Chichester, UK and Sapienza University of Rome; Gloria Lagetto, University of Salento; Omar Gelo, University of Salento
- **The meaning-making process as an aim of clinical intervention.** Alessandro Gennaro, Sapienza University of Rome, Italy
- **How Patterns of Change Are Related to Outcome – Dynamic Complexity, Dynamic Synchronization, and Phase Transitions.** Guenter Schiepek, Paracelsus Medical University, Salzburg, Austria; Helmut Schöller, Institute of Synergetics and Psychotherapy Research, Austria; Wolfgang Aichhorn, Paracelsus Medical University, Salzburg, Austria; Leonhard Kratzer, Clinic St. Irmingard, Germany

Discussant: Sergio Salvatore, Sapienza University of Rome, Italy

47.
PANEL/SYMPOSIUM

Moderator: *Guillem Feixas, Universitat de Barcelona, Spain*

Friday | 15:05-16:20 | Room 5 Sabelli

Technology-assisted psychotherapy

- **Virtual reality and mental imagery in compassion-based interventions.** Ausiàs Cebolla, University of Valencia, Spain; Javier Fernández-Álvarez, University of Bern, Switzerland; Jaime Navarrete, Parc Sanitari Sant Joan de Déu; Rocio Herrero, Universidad de Zaragoza; Rosa Maria Baños, CIBER of physiopatology
- **Enhancing psychotherapy with immersive (VR) self-identity exploration: A case illustration and research protocol using EYME-Explore Your Meanings.** Guillem Feixas, Universitat de Barcelona, Spain; Alejandro García Gutiérrez, Universitat de Barcelona, Spain; Miquel Alabernia-Segura, Universitat de Barcelona, Spain

- **Therapists' needs from a monitoring and feedback system using information and communication technologies in a practice-research network.** Guadalupe Molinari, Valencian International University, CIBER of physiology; Macarena Espinoza, Aigle Valencia; Ernestina Etchemendy, University of Valencia, Spain; Javier Fernández-Álvarez, University of Bern, Switzerland
- **The person of the therapist in times of COVID-19: How did psychotherapists feel and how did they perceive their practice?.** Daniel Espinosa, Universidad CES; Javier Fernández-Álvarez, University of Bern, Switzerland

48.

BRIEF PAPER SESSION

Moderator: *Miguel Gonçalves,
Universidade do Minho, Braga,
Portugal*

Friday | 15:05-16:20 | Room 6 Marsi

Parenting

- **Efficacy of parent-infant psychotherapy for mother-child dyads in early infancy: first results of the SKKIPPI studies.** Lars Kuchinke, International Psychoanalytic University Berlin; Janna Mattheß, International Psychoanalytic University Berlin; Mona Sprengeler, University Hospital Leipzig, Germany; Katharina Richter, Charité Berlin; Melanie Eckert, International Psychoanalytic University Berlin; Gabriele Koch, International Psychoanalytic University Berlin; Petra Vieniues, Diako Flensburg; Thomas Keil, Charité Berlin; Christiane Ludwig-Körner, International Psychoanalytic University Berlin; Julia Fricke, Charité Berlin; Stephanie Roll, Charité Berlin; Anne Berghöfer, Charité Berlin; Kai von Klitzing, University Hospital Leipzig, Germany; Franziska Schlenso-Schuster, University Hospital Leipzig, Germany
- **Transmission of maternal attachment experiences to the child: Preliminary results from the SKKIPPI intervention studies for the evaluation of Parent-Infant-Psychotherapy.** Janna Mattheß, International Psychoanalytic University Berlin; Melanie Eckert, International Psychoanalytic University Berlin; Gabriele Koch, International Psychoanalytic University Berlin; Katharina Richter, Charité Berlin; Carla Ellinghaus, International Psychoanalytic University Berlin; Thomas Keil, Charité Berlin; Christiane Ludwig-Körner,

International Psychoanalytic University Berlin; Lars Kuchinke, International Psychoanalytic University Berlin

- **Promoting sensitive parenting in mothers with Substance Use Disorder: suggestions for the use of the Video-feedback Intervention to promote Positive Parenting and Sensitive Discipline.** Alessio Porreca, Università degli Studi di Padova; Pietro De Carli, Università degli Studi Milano-Bicocca; Alessandra Simonelli, Università degli Studi di Padova; Lavinia Barone, Università degli Studi di Pavia; Bianca Filippi, Università degli Studi di Padova; Paola Rigo, Università degli Studi di Padova; Marinus H. van IJzendoorn, UCL; Marian J. Bakermans-Kranenburg, Vrije Universiteit Amsterdam
- **PSYCHOLOGICAL HEALTH SCREENING FOR MEN WHOSE PARTNERS ARE HOSPITALIZED IN AN OBSTETRIC UNIT FOR A HIGH-RISK PREGNANCY.** margherita capretti, University of Bergamo, Italy; emanuela beretta, ASST Spedali Civili, Brescia; silvia lucariello, università Bicocca di Milano; Chiara Bani, University of Bergamo, Italy; Stephen matthey, Università di Brescia; enrico sartori, Università di Brescia

51.
COFFEE BREAK

Friday | 16:20-16:50 | Cafeteria Frentani Congress Center
Coffee Break

50.
PANEL/SYMPOSIUM

Friday | 16:50-18:05 | Room 1 Auditorium (Galleria)
New directions in the evaluation and treatment of mental functioning and personality pathology in the developmental age

Organizer: *Annalisa Tanzilli,*
Sapienza University of Rome, Italy

Moderator: *Riccardo Williams,*
Sapienza University of Rome, Italy

- **The challenge of assessing fidelity and mechanism of change in mentalization-based treatment: Introducing the Observing Mediational Interaction coding scheme.** Carla Sharp, University of Houston; Sophie Kerr, University of Houston, Texas, USA; Allman Madeleine, University of Houston, Texas, USA
- **Pathways toward suicide in adolescent patients with emerging borderline and narcissistic personality syndromes: A PDM-2-oriented empirical investigation.** Riccardo Williams, Sapienza University of

Rome, Italy; Flavia Fiorentino, Sapienza University of Rome, Italy; Marta Moselli, Sapienza University of Rome, Italy; Vittorio Lingiardi, Sapienza University of Rome, Italy; Annalisa Tanzilli, Sapienza University of Rome, Italy

- **The interactive relationship between Mentalizing Self and Other and PDM-2 Mental Functioning: a comparison between Somatic Symptoms Disorder patients and nonclinical adolescents.** Francesca Locati, University of Milano-Bicocca; Bizzi Fabiola, University of Genoa, Genoa, Italy; Marta Tironi, University of Genoa, Genoa, Italy; Laura Parolin, University of Milano-Bicocca; Karin Ensink, Université Laval, Québec, Canada; Emanuela Brusadelli, University of Wollongong, Australia
- **A bifactor model of personality organization in adolescence: the validity of a brief screening measure assessing severity and core domains of functioning.** Marko Biberdzic, University of Wollongong, Australia; Brin F.S. Grenyer, University of Wollongong, Australia; Lina Normandin, Université Laval, Canada; Karin Ensink, Université Laval, Québec, Canada; John F. Clarkin, Weill Medical College, Cornell University, New York, USA

Discussant: Antonino Carcione, Third Center for Cognitive Psychotherapy, Rome, Italy

51.
STRUCTURED DISCUSSION

Friday | 16:50-18:05 | Room 2 Accademia
“In hindsight, I was more depressed than I thought”. Response shifts in psychotherapy research.

Moderator: *Femke Truijens, Erasmus University Rotterdam, The Netherlands*

Discussants: Jan Boehnke, University of Dundee, UK; Julian Rubel, Universität Giessen; Femke Truijens, Erasmus University Rotterdam, The Netherlands;

52.
PANEL/SYMPOSIUM

Friday | 16:50-18:05 | Room 3 Taurini
New research using the Core Conflictual Relationship Theme method - New perspectives on therapist countertransference and responsiveness to outcome

Moderator: *Brin F.S. Grenyer, University of Wollongong, Australia*

- **Helping patients master core conflictual relationship themes in psychotherapy: A single case study of therapist responsiveness.** Brin F.S. Grenyer, University of Wollongong, Australia; Ely Marceau, University of Wollongong, Australia

- **Lessening of the pervasiveness of interpersonal patterns in borderline personality disorder explains symptom decrease after treatment: A process analysis.** Ueli Kramer, University of Lausanne, Switzerland; H  l  ne Beuchat, Lausanne University, Switzerland; Loris Grandjean, Lausanne University, Switzerland
- **Echoes of the trauma in therapists' core conflictual relationship themes with their parents and clients.** Hadas Wiseman, Haifa University, Israel; Maayan Abargil, Hebrew University, Jerusalem, Israel

Discussant: Orya Tishby, Hebrew University, Jerusalem, Israel

53.
PANEL/SYMPOSIUM

Organizers: *Wolfgang Tschacher, Universit  t Bern; Franco Orsucci, University College, London, UK;*

Moderator: *Wolfgang Tschacher, Universit  t Bern*

Friday | 16:50-18:05 | Room 4 Caudini
Psychotherapy as Co-Responsiveness of Therapists and Clients

- **A psycho-semiotic model of the dynamics of the intersubjective field. A computational approach to the analysis of psychotherapy process.** Sergio Salvatore, Sapienza University of Rome, Italy; Giampaolo Salvatore, Studio Maya, Salerno, Italy; Alessandro Gennaro, Sapienza University of Rome, Italy
- **The relevance of hybrid synchronisation and chimaera states in psychotherapy.** Franco Orsucci, University College, London, UK
- **On multi-person synchrony in psychotherapy.** Deborah Meier, University of Bern, Switzerland; Wolfgang Tschacher, Universit  t Bern
- **Psychotherapy as the interaction of embodied agents.** Wolfgang Tschacher, Universit  t Bern; Deborah Meier, University of Bern, Switzerland

54.
PANEL/SYMPOSIUM

Moderators: *Nicola Carone, University of Pavia, Italy; Laura Muzi, University of Perugia;*

Friday | 16:50-18:05 | Room 5 Sabelli
What (does not) work, for whom, and how? Understanding the influence of therapist variables on treatment failures across diverse clinical settings

- **Case-specificity is necessary to evaluate patients' responses to problematic therapist behaviors.** George Silberschatz, University of California, San Francisco, USA
- **Is the Therapist Always a Secure Base? The Impact of Therapist Attachment on Ruptures, Repairs, and Empathy.** Cheri Marmarosh, George Washington University, Washington, DC, USA; Suzanne Hollman, McLean Hospital/Harvard University, USA
- **Unsuccessful psychotherapies in patients with severe eating disorders: The role of therapists' negative emotional responses.** Laura Muzi, University of Perugia; Anna Franco, Eating Disorder Clinic "Residenza Gruber", Bologna, Italy; Milena Montaguti, Eating Disorder Clinic "Residenza Gruber", Bologna, Italy; Micaela Riboldi, Eating Disorder Clinic "Residenza Gruber", Bologna, Italy; Michele Rugo, Eating Disorder Clinic "Residenza Gruber", Bologna, Italy; Claudia Mazzeschi, University of Perugia, Italy; Vittorio Lingiardi, Sapienza University of Rome, Italy
- **Sexual orientation and child assisted conception microaggressions by therapists in clinical contexts: Implications for treatment failures when working with sexual minority parents.** Eleonora Innocenzi, "Tor Vergata" University of Rome, Italy; Nicola Carone, University of Pavia, Italy

Discussant: Gianluca Lo Coco, University of Palermo, Italy

55.
BRIEF PAPER SESSION

Moderator: *Loris Grandjean,
Lausanne University, Switzerland*

Friday | 16:50-18:05 | Room 6 Marsi
Personality Disorders

- **Change in self-contempt across psychotherapy in borderline personality disorder.** H el ene Beuchat, Lausanne University, Switzerland; Loris Grandjean, Lausanne University, Switzerland; Antonio Pascual-Leone, University of Windsor, Ontario, Canada; Chantal Martin-Soelch, University of Fribourg, Switzerland; Jean-Nicolas Despland, Lausanne University Hospital, Switzerland; Ueli Kramer, University of Lausanne, Switzerland
- **Change in Emotional Arousal in Clients with Borderline Personality Disorder during a Brief Treatment.** Loris Grandjean, Lausanne University, Switzerland; Ueli Kramer, University of Lausanne, Switzerland; H el ene Beuchat, Lausanne University, Switzerland
- **Focusing on Self-Criticism using the Two Chair Dialogue in Clients with Emotional Vulnerability: A Case**

Illustration. José Luis Blanco Machinea, University of Lausanne, Lausanne, Switzerland; Loris Grandjean, Lausanne University, Switzerland; Hélène Beuchat, Lausanne University, Switzerland; Ueli Kramer, University of Lausanne, Switzerland

- **Metacognitive Interpersonal Treatment for Personality disorders: Could an integrated Metacognitive Interpersonal Treatment based on individual and social skills group make the difference?** Giulio Amedei, Terzo Centro di Psicoterapia Cognitiva; Donatella Fiore, Third Center for Cognitive Psychotherapy, Rome, Italy; Paola Mallozzi, Third Center for Cognitive Psychotherapy, Rome, Italy; Fabio Moroni, Third Center for Cognitive Psychotherapy, Rome, Italy; Antonino Carcione, Third Center for Cognitive Psychotherapy, Rome, Italy; Giuseppe Nicolò, Third Center for Cognitive Psychotherapy, Rome, Italy; Giovanni Pellicchia, Third Center for Cognitive Psychotherapy, Rome, Italy; Michele Procacci, Third Center for Cognitive Psychotherapy, Rome, Italy; Antonio Semerari, Third Center for Cognitive Psychotherapy, Rome, Italy; Livia Colle, University of Turin, Italy

56.
POSTER SESSION

Friday | 18:10-19:15 | Foyer
Poster Session 1

- **(1)Expressive art therapy for patients with Schizotypal Personality Disorder.** Kåre Donskov Nielsen, University of Copenhagen, Denmark; Sidse Marie Arnfred, Copenhagen University
- **(2)Hear What You Feel, Feel What You Hear: The Effect Of Musical Sequences On Emotional Processing.** Marta Esteves, University of Lisbon, Portugal
- **(3)The Hypnotizability (HYP) scale: a new 15-item MMPI-2 subscale for the initial selection of candidates for hypnotherapy during psychotherapy.** Anna Kaczmarek, Dpt. of Psychotherapy Jagiellonian University Medical College; Michał Mielimąka, Jagiellonian University, Kraków, Poland; Krzysztof Rutkowski, Dpt. of Psychotherapy Jagiellonian University Medical College
- **(4)Emotion Regulation – a mechanism of change in The Unified Protocol for Transdiagnostic Treatment of Emotional Disorders?** Nina Reinholt, Mental Health Services Region Zealand Denmark; Fredrik Falkenström, Linnaeus University; Elizabeth Eustis, Boston University; Carsten Hjorthøj, Copenhagen University; Anne Bryde

Christensen, Mental Health Services Region Zealand; Stig Poulsen, Copenhagen University; Nicole Kristjansen Rosenberg, Mental Health Services Capital Region of Denmark; Clas Winding Christensen, Mental Health Services Capital Region of Denmark; Sidse Marie Arnfred, Copenhagen University

- **(5)The efficacy of a reflective parenting home visiting program and mentalizing supervision on depression, anxiety and parenting stress in primiparous mothers.** Laura Vismara, University of Cagliari, Italy; Cristina Sechi, University of Cagliari, Italy; Loredana Lucarelli, University of Cagliari, Italy
- **(6)Is physical pain painful for all? An experimental study on touch, pain and self-harm in patients suffering from Borderline Personality Disorder.** Gianluca Cruciani, Sapienza University of Rome, Italy; Pietro Zingaretti, Sapienza University of Rome, Italy; Marco Iosa, Sapienza University of Rome, Italy; Sergio De Filippis, Villa von Siebenthal Neuropsychiatric Clinic and Hospital, Genzano di Roma; Vittorio Lingiardi, Sapienza University of Rome, Italy; Grazia Fernanda Spitoni, Sapienza University of Rome, Italy
- **(7)The rough road: A single case study of Dreamtelling in a group during the COVID-19 pandemic and military conflict.** Shulamit Geller, The Academic College of Tel-Aviv Yaffo; Gil Goldzweig, The Academic College of Tel-Aviv Yaffo; Robi Friedman, Haifa University, Israel
- **(8)Therapists' Emotional Responses in Individual Therapy with Depressed Adolescents: An Evaluation of the Data Structure of the Feeling Word Checklist-28.** Pernille Brøsholm, University of Oslo, Norway; Randi Ulberg, University of Oslo, Norway; Hanne-Sofie Dahl, University of Oslo, Norway; Agneta Thorén, The Erica Foundation
- **(9)Unmet needs in case of no progress in group therapy.** Jasmin Gryesten, University of Copenhagen, Denmark; Stig Poulsen, Copenhagen University; Christian Moltu, Western Norway University of Applied Sciences; Sidse Marie Arnfred, Copenhagen University
- **(10)Psychodynamic Case Formulation of a Patient with Borderline Personality Disorder Based on Core Relational Themes and Defensive Functioning in Comparison to a Healthy Participant.** Meltem Yilmaz, Sapienza University of Rome, Italy; Loris Grandjean, Lausanne University, Switzerland; H el ene Beuchat, Lausanne University, Switzerland; Guido Giovanardi, Sapienza University of Rome, Italy; Ueli Kramer, University of Lausanne, Switzerland; Vittorio Lingiardi, Sapienza University of Rome, Italy

- **(11) Alliance Rupture and Repair and the Use of Emotion-Regulation Strategies in Psychodynamic Therapy.** Michal Ben Lavi, Hebrew University, Jerusalem, Israel
- **(12) Help-seeking and utilization behavior of psychologically stressed mothers in the first year after birth.** Katharina Richter, Charité Berlin; Gabriele Koch, International Psychoanalytic University Berlin; Janna Mattheß, International Psychoanalytic University Berlin; Thomas Keil, Charité Berlin; Marie Bolster, Charité Berlin; Christiane Ludwig-Körner, International Psychoanalytic University Berlin; Anne Berghöfer, Charité Berlin; Lars Kuchinke, International Psychoanalytic University Berlin
- **(13) Polycystic ovary syndrome - personality and temperamental characteristics.** Witold Urban, Dpt. of Psychotherapy Jagiellonian University Medical College; Michał Mielimąka, Jagiellonian University, Kraków, Poland; Krzysztof Rutkowski, Dpt. of Psychotherapy Jagiellonian University Medical College; Katarzyna Klasa, Dpt. of Psychotherapy Jagiellonian University Medical College; Olga Kacalska-Janssen, Jagiellonian University, Kraków, Poland; Robert Jach, Jagiellonian University, Kraków, Poland
- **(14) How do adolescents experience videoconferencing cognitive psychotherapy?** Emma Merike Savilahti, University of Helsinki
- **(15) Measurement of therapeutic alliance in group psychotherapy - the development of the Therapeutic Alliance Questionnaire TAQ 36-2.** Joanna Mostowik, Dpt. of Psychotherapy Jagiellonian University Medical College; Michał Mielimąka, Jagiellonian University, Kraków, Poland; Krzysztof Rutkowski, Dpt. of Psychotherapy Jagiellonian University Medical College
- **(16) Therapist responsiveness: comparing different clinical models through textual analysis.** Dario Davì, Istituto di Gestalt - HCC
- **(17) Classification system of psychotherapist's responses.** Štěpánka Loulová, Masaryk University
- **(18) A MULTIDISCIPLINARY PROJECT FOR THE EMOTIONAL HEALTH SCREENING OF PREGNANT AND POSTPARTUM WOMEN WITH AUTOIMMUNE RHEUMATIC DISEASES.** Chiara Bani, University of Bergamo, Italy; Emanuela Beretta, ASST Spedali Civili, Brescia; Stephen matthey, Università di Brescia; Laura Andreoli, University of Brescia; Angela Tincani, University of Brescia; Anna Maria Della Vedova, University of Brescia; Cecilia Nalli, University of Brescia; Daniele Lini, University of Brescia; Francesca Crisafulli, University of Brescia; Enrico Sartori University of Brescia

- **(19)The effect of deliberate practice training in common psychotherapeutic skills compared to theoretical teaching: presentation of the TRaining of graduate students In general Psychotherapeutic Skills (TRIPS) trial.** Ole Karkov Østergård, Aalborg University, Denmark; Jan Nielsen, University of Copenhagen, Denmark; Kristine Kahr Nilsson, Aalborg University, Denmark; Stig Poulsen, Copenhagen University
- **(20)Allowing myself to be.** Barbora Kucerova, Masaryk University; Roman Hytych, Masaryk University
- **(21)Interplay of mentalization, emotion regulation and identity integration among adolescents.** Sami Eloranta, Tampere University; Samuli Kangaslampi, Tampere University; Riittakerttu Kaltiala, Tampere University Hospital; Nina Lindberg, Helsinki University Hospital; Kirsi Peltonen, Turku University
- **(22)Therapist responsiveness in challenging situations – Results from two surveys on what situations therapists find most challenging.** Signe Stige, university of Bergen; Elisabeth Schanche, Universitetet i Bergen; Ingrid Dundas, Universitetet I Bergen; Aslak Hjeltnes, Universitetet I Bergen; Irene Elgen, Haukeland universitetssykehus, Helse Bergen; Gro Fjellheim, Haukeland universitetssykehus, Helse Bergen; Endre Visted, Universitetet i Bergen
- **(23)Parental reflective functioning and emotional arousal in attachment-based family therapy for sexual and gender minority adults and their nonaccepting parents.** Yotam Strifler, Ben Gurion University, Beer Sheva, Israel; Gary Diamond, Ben Gurion University, Beer Sheva, Israel
- **(24)Toward a Psychodynamic Diagnostic Manual (PDM–2)-Oriented Approach to Psychotherapy Research.** Eleonora Patriarca, Sapienza University of Rome, Italy; Emanuela Brusadelli, University of Wollongong, Australia; Annalisa Tanzilli, Sapienza University of Rome, Italy; Vittorio Lingiardi, Sapienza University of Rome, Italy; Brin F.S. Grenyer, University of Wollongong, Australia
- **(25)Therapist responsiveness to ambivalence in eating disorder (ED) treatment- A qualitative study of therapist perspectives.** Yngvild Danielsen, University of Bergen; Charlotte Lindseth, University of Bergen; Sara Skiple Sataøen, University of Bergen; Yngvild G. Wikne, University of Bergen; Signe Stige, university of Bergen
- **(26)Ethics in psychotherapeutic interaction.** Beatrice Saltarelli, IusVe - Venice Italy
- **(27)“There is no such thing as a therapist...”: Therapists’ use of therapeutic interventions as a relational**

event. Sigal Zilcha-Mano, University of Haifa, Israel; Nirit Veler-Poleg, Haifa University, Israel

- **(28)Smartphone-based ecological momentary assessment and intervention for fibromyalgia syndrome: a preliminary study using a single case experimental design with multiple baselines.** Guadalupe Molinari, Valencian International University, CIBER of physiology; Macarena Espinoza, Aigle Valencia; Rosa Maria Baños, CIBER of physiopatology; Azucena García Palacios, Universitat Jaume I
- **(29)How therapists' emotion detection effects therapy process and outcome.** Maayan Abargil, Hebrew University, Jerusalem, Israel; Orya Tishby, Hebrew University, Jerusalem, Israel

57.
SPECIAL EVENT

Friday | 20:30-23:30 | Fauno 3.0, Piazza Sassari 2c, 00161 Roma
Early Career Researcher Night

Saturday, September 24

58.
PANEL/SYMPOSIUM

Organizer: *Fabio Madeddu,*
University of Milano-Bicocca

Moderator: *Fabio Madeddu,*
University of Milano-Bicocca

Saturday | 9:00-10:15 | Room 1 Auditorium (Galleria)
**Personality pathology, dyads, and quality of therapeutic relation:
the object relations approach and the contribution of
Transference-Focused Psychotherapy (TFP)**

- **Knowing me, knowing you: a systematic review of object relations assessment.** Caterina Felici, University of Milano-Bicocca; Fabio Madeddu, University of Milano-Bicocca; Emanuele Preti, University of Milano-Bicocca
- **In-session perceptions of dominance and hostility are shaped by patients' pathological narcissism.** Marco Di Sarno, University of Milano-Bicocca; Rossella Di Pierro, University of Milano-Bicocca; Fabio Madeddu, University of Milano-Bicocca
- **The therapist's assessment and the adolescent's perspective in personality disorders: concordance, differences, and implications for psychotherapy.** Andrea Fontana, LUMSA University, Rome
- **The “specializing the generalist” approach to the treatment of personality disorders: insights from “applied” Transference-Focused Psychotherapy.** Chiara De Panfilis, University of Parma; Richard G. Hersh, Columbia University, New York, USA

Discussant: Emanuele Preti, University of Milano-Bicocca

59.
STRUCTURED DISCUSSION

Moderator: *Bernhard Strauss, Institute of Psychosocial Medicine and Psychotherapy, Jena, Germany*

Saturday | 9:00-10:15 | Room 2 Accademia
Training therapists in these changing times

Discussants: Jacques Barber, Adelphi University, New York, USA; Orya Tishby, Hebrew University, Jerusalem, Israel; Hadas Wiseman, Haifa University, Israel; Poornima Bhola, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India; George Silberschatz, University of California, San Francisco, USA; Gary Diamond, Ben Gurion University, Beer Sheva, Israel; Svenja Taubner, Heidelberg University, Germany;

60.
PANEL/SYMPOSIUM

Organizer: *André Kerber, Freie Universität, Berlin, Germany*

Saturday | 9:00-10:15 | Room 3 Taurini
Personality functioning as a key indicator for courses and change of psychopathology: Results from clinical and non-clinical samples across the life span

- **The association between the ‘SAD’ Triad (Somatization, Anxiety, Depression) and personality functioning across the life span – evidence from a longitudinal population sample over ten years.** Eva Klein, University Medical Center of the Johannes Gutenberg University Mainz; Christoph Kasinger, University Medical Center of the Johannes Gutenberg University Mainz; Mareike Ernst, University Medical Center of the Johannes Gutenberg University; Markus Zenger, Hochschule Magdeburg-Stendal; Yves Stoebel-Richter, Aalborg University, Denmark; Hendrik Berth, University Medical Center of the University Dresden; Elmar Brähler, University Medical Center of the Johannes Gutenberg University
- **Linking Personality Functioning, Daily Situations and General Psychopathology in a Large Sample of Users of a Mental Health App.** André Kerber, Freie Universität, Berlin, Germany; Johannes Ehrental, University of Cologne, Germany; Sophia Heinzmann, Freie Universität, Berlin, Germany; Sebastian Burchert, Freie Universität, Berlin, Germany; Johannes Zimmermann, University Kassel; Christine Knaevelsrud, Freie Universität, Berlin, Germany
- **Psychodynamic treatment of adolescent inpatients: Changes in personality functioning.** Carola Cropp, University Kassel; Bastian Claaßen, Asklepios Fachklinikum Tiefenbrunn, Rosdorf (Germany)

- **The role of personality functioning and interpersonal problems for treatment outcome in anxiety disorders with comorbid personality disorders.** Matthias Volz, University Kassel; Henning Schauenburg, University Hospital Heidelberg; Miriam Henkel, University Kassel; Cord Benecke, University Kassel; Johannes Ehrental, University of Cologne, Germany

61.
PANEL/SYMPOSIUM

Moderator: *João Batista, Universidade do Minho, Braga, Portugal*

Saturday | 9:00-10:15 | Room 4 Caudini
Exploring individual resources to promote change in self-help interventions and psychotherapy

- **Optimizing the Context of Support of Web-Based Self-Help in Individuals with Mild to Moderate Depressive Symptoms: A Randomized Full Factorial Trial.** Oliver Thomas Bur, University of Bern, Switzerland; Tobias Krieger, University of Bern, Switzerland; Steffen Moritz, University of Bern, Switzerland; Jan Philipp Klein, University of Lübeck; Thomas Berger, University of Bern, Switzerland
- **Self-distancing, narrative elaboration and ambivalence in a writing intervention.** João Batista, Universidade do Minho, Braga, Portugal; Cláudia Moreira, Universidade do Minho, Braga, Portugal; Janine Marinai, Universidade do Minho, Braga, Portugal; João Tiago Oliveira, Universidade do Minho, Braga, Portugal; Miguel Gonçalves, Universidade do Minho, Braga, Portugal
- **Client's perception about the change process in psychotherapy: IMs emergence and resource activation.** Carina Magalhães, Universidade do Minho, Braga, Portugal; Robert A. Neimeyer, University of Memphis, USA; Vasco Viegas, Universidade do Minho, Braga, Portugal; Rui Braga, Universidade do Minho, Braga, Portugal; Helena Ferreira, Universidade do Minho, Braga, Portugal; Miguel Gonçalves, Universidade do Minho, Braga, Portugal

Discussant: Rodrigo T. Lopes, Universität Bern

62.

BRIEF PAPER SESSION

Moderator: : *Guido Giovanardi, Sapienza University of Rome, Italy*

Saturday | 9:00-10:15 | Room 5 Sabelli

Adolescents and young adults

- **Study of relationships between five individual characteristics and early therapeutic alliance in a group of inpatients teenagers with anorexia nervosa.** Dominique Meilleur, Université de Montréal; Dorothée Guilbault, Université de Montréal
- **The short-term psychoanalytic psychotherapy process with depressed adolescents: comparing good and poor outcome cases.** Guilherme Fiorini, University College, London, UK; Yushi Bai, University College, London, UK; Peter Fonagy, University College, London, UK; Nick Midgley, University College, London, UK
- **Psychotherapeutic interventions for adolescents with mental disorders: Effectiveness and predictors of treatment outcome.** Vera Gergov, University of Helsinki, Finland; Nina Lindberg, Helsinki University Hospital; Mauri Marttunen, National Institute for Health and Welfare, Helsinki, Finland; Jari Lipsanen, University of Helsinki; Jari Lahti, Department of Psychology and Logopedics, Faculty of Medicine, University of Helsinki, Finland
- **At-risk mental states and personality traits. A cluster analysis approach on a group of young adults.** Chiara Rossi, Catholic University of Sacred Heart, Milan, Italy; Francesca De Salve, Catholic University of Sacred Heart, Milan, Italy; Osmano Oasi, Catholic University of Sacred Heart, Milan, Italy

63.

PANEL/SYMPOSIUM

Organizer: *Guenter Schiepek, Paracelsus Medical University, Salzburg, Austria*

Moderators: *Guenter Schiepek, Paracelsus Medical University, Salzburg, Austria; Franco Orsucci, University College, London, UK;*

Saturday | 9:00-10:15 | Room 6 Marsi

Personalized and Feedback-Informed Psychotherapy

- **Process-Monitoring and Feedback by Using the Synergetic Navigation System (SNS).** Guenter Schiepek, Paracelsus Medical University, Salzburg, Austria; Helmut Schöller, Institute of Synergetics and Psychotherapy Research, Austria
- **Case Formulation by Idiographic Systems Modelling.** Helmut Schöller, Institute of Synergetics and Psychotherapy Research, Austria; Guenter Schiepek, Paracelsus Medical University, Salzburg, Austria
- **Coevolution Dynamics and the Biosemiotics of Change.** Franco Orsucci, University College, London, UK

Discussant: Omar Gelo, University of Salento

64.
COFFEE BREAK

Saturday | 10:15-10:45 | Cafeteria Frentani Congress Center
Coffee Break

65.
PANEL/SYMPOSIUM

Organizer: *Lidia del Piccolo,*
University of Verona

Saturday | 10:45-12:00 | Room 1 Auditorium (Galleria)
Interpersonal Psychophysiology: research and clinical applications

- **Do individual differences modulate the buffering role of others during stress? A social psychophysiological perspective on the stress buffering hypothesis.** Antonio Maffei, University of Padova, Italy; Elisabetta Patron, University of Padova, Italy; Paola Sessa, University of Padova, Italy
- **Dissociative Symptoms are Related to Heart Rate Variability During an Attachment-Related Short-Term Stressor: Preliminary Findings from a Psychophysiological Study.** Agostino Brugnera, University of Bergamo, Italy; Cristina Zarbo, Istituto Centro San Giovanni di Dio Fatebenefratelli, Brescia, Italy; Francesco Greco, private practice; Giorgio Tasca, University of Ottawa, Canada; Barbara Poletti, Istituto Auxologico Italiano, IRCCS, Milan, Italy; Angelo Compare, University of Bergamo, Italy
- **Psychophysiology of Therapeutic Alliance in Patients with Fibromyalgia: Research Protocol.** Ilenia Pasini, University of Verona, Verona, Italy; Cinzia Perlini, University of Verona, Verona, Italy; Valeria Donisi, University of Verona, Verona, Italy; Anna Mason, University of Verona, Verona, Italy; Vittorio Schweiger, Verona University Hospital, Policlinico GB Rossi, Verona, Italy; Erica Secchettin, Verona University Hospital, Policlinico GB Rossi, Verona, Italy; Fabio Lugoboni, Integrated University Hospital of Verona, Policlinico GB Rossi, Verona, Italy; Gaetano Valenza, University of Pisa, Italy; Lidia del Piccolo, University of Verona
- **Therapeutic collaboration and physiological synchronization: a micro-process study.** Ylenia Cariolato, University of Padova, Italy; Johann Roland Kleinbub, University of Padova, Italy; Eugénia Ribeiro, Universidade do Minho, Braga, Portugal; Emanuele Pick, University of Padova, Italy; Arianna Palmieri, University of Padova, Italy

Discussant: Virpi-Liisa Kykyri, University of Jyväskylä

66.
PANEL/SYMPOSIUM

Saturday | 10:45-12:00 | Room 2 Accademia
Using Network Models in Clinical Practice

Moderator: *Mila Hall, University of Giessen, Germany*

- **Emotion Dynamics of Clients with Test Anxiety Before and After an Imagery-Based Treatment.** Jessica Prinz, University Trier; Steffen T. Eberhardt, University Trier; Brian Schwartz, University Trier; Eshkol Rafaeli, Bar Ilan University, Israel; Wolfgang Lutz, University Trier
- **Therapists' Intuitive Responses to Patient Network Feedback: Pilot Data from the TheraNet Study.** Mila Hall, University of Giessen, Germany; Annika A. Wagner, University of Giessen, Germany; Paloma V. Scherner, University of Giessen, Germany; Katharina Michael, University of Giessen, Germany; Julian Rubel, Universitaet Giessen
- **Bridging the Gap: Concept and Results of Idiographic System Modeling.** Benjamin Aas, Ludwig-Maximilians-Universität, Munich, Germany; Florens Goldbeck, University Hospital, Tübingen, Germany; Patricia Gill-Schultz, sysTelios ThinkTank; Konstantin Hegewald, sysTelios ThinkTank; Florian Pommerien-Becht, sysTelios ThinkTank; Nora Daniels-Wredenhagen, sysTelios ThinkTank
- **Investigating the potential of Idiographic Systems Modelling to foster client's self-reflective capacity.** Silvia Scholz, University Witten/Herdecke; Florens Goldbeck, University Hospital, Tübingen, Germany; Benjamin Aas, Ludwig-Maximilians-Universität, Munich, Germany; Nora Daniels-Wredenhagen, sysTelios ThinkTank; Christina Hunger-Schoppe, University Witten/Herdecke; Jens Barenbrügge, University Münster

67.
PANEL/SYMPOSIUM

Saturday | 10:45-12:00 | Room 3 Taurini
Therapist responsiveness from a Dialectical Behavior Therapy perspective: dialectic principles, evidence-based psychological dynamics and interpersonal processes

Organizers: *Marco Cavicchioli, University Vita-Salute San Raffaele; Cesare Maffei, Società Italiana Dialectical Behavior Therapy; Emanuela Roder,*

- **Validation, therapeutic relationship and change in Dialectical Behavior Therapy.** Cesare Maffei, Società Italiana Dialectical Behavior Therapy

University Vita-Salute San Raffaele;

Moderator: Marco Cavicchioli,
University Vita-Salute San Raffaele

- **Evidence-based models of client’s psychological dynamics affecting the therapeutic relationship: rejection sensitivity, dissociation and DBT principles.** Marco Cavicchioli, University Vita-Salute San Raffaele
- **Mechanisms of change in Dialectical Behavior Therapy: the role of therapeutic alliance, group climate, and skills practice.** Emanuela Roder, University Vita-Salute San Raffaele; Mattia Casartelli, University Vita-Salute San Raffaele; Rossana Brembilla, University Vita-Salute San Raffaele

Discussant: Antonino Carcione, Third Center for Cognitive Psychotherapy, Rome, Italy

68.

PANEL/SYMPOSIUM

Organizer: Julian Edbrooke-Childs,
Anna Freud Center, London, UK

Moderator: Vera Gergov, University
of Helsinki, Finland

Saturday | 10:45-12:00 | Room 4 Caudini

TREATme: Findings from a European network on individualised psychotherapy for young people

- **Sociodemographic predictors and moderators of treatment outcome of psychotherapeutic interventions for young people with mental disorders: a systematic review.** Vera Gergov, University of Helsinki, Finland; Tamara Prevendar, Private Practice; Eleni Voursoura, University of Athens, Greece; Alexia Karain, The American College of Greece; Elena Poznyak, University of Geneva; Celia Faye Jacobsen, University of Copenhagen, Denmark; Clemence Feller, University of Geneva; Rosemarie Vella Baldacchino, University of Malta; Hanne-Sofie Dahl, University of Oslo, Norway; Bogdan Tudor Tulbure, University of Timisoara; Randi Ulberg, University of Oslo, Norway; Stig Poulsen, Copenhagen University
- **Mediators of outcomes in youth psychotherapy.** Yianna Ioannou, University of Nicosia
- **Treatment alliance in psychotherapy research: How should we be measuring it?.** Fredrik Falkenström, Linnaeus University
- **Patient and Public Involvement in youth mental health: A systematic review of practices and impacts.** Julian Edbrooke-Childs, Anna Freud Center, London, UK; Filipa Martins, University of Porto; Marisa Alves, University of Porto; Sara Carletto, University of Torino; Sonia Conejo-Ceron, Biomedical Research Institute of Malaga; Nuno Ferreira, University of Nicosia; Camellia Hancheva, Sofia University St. Kliment Ohridski; esperanca Lima, University of Porto; Shaun Liverpool, Edgehill University; Nick Midgley, University College, London, UK; Bettina

Moltrecht, Anna Freud Center, London, UK; Patricia Moreno-Peral, Biomedical Research Institute of Malaga; Nichola Morgan, Anna Freud Center, London, UK; Catarina Pinheiro Mota, University of Tras-os-Montes and Alto Douro; Giada Pietrabissa, Catholic University of Sacred Heart, Milan, Italy; Sonia Sousa, Tallinn University; Randi Ulberg, University of Oslo, Norway; Celia Sales, University of Porto

Discussants: Stig Poulsen, Copenhagen University; Svenja Taubner, Heidelberg University, Germany; Fredrik Falkenström, Linnaeus University; Julian Edbrooke-Childs, Anna Freud Center, London, UK;

69.

BRIEF PAPER SESSION

Moderator: *Irene Messina,
Universitas Mercatorum, Rome*

Saturday | 10:45-12:00 | Room 5 Sabelli
Neuroscience and Physiology

- **The Changes after Psychodynamic Group Psychotherapy Visible in fMRI.** Krzysztof Rutkowski, Dpt. of Psychotherapy Jagiellonian University Medical College; Edyta Dembińska, Dpt. of Psychotherapy Jagiellonian University Medical College; Michał Mielimąka, Jagiellonian University, Kraków, Poland; Anna Sobczak, Department of Cognitive Neuroscience and Neuroergonomics, Institute of Applied Psychology, Jagiellonian University; Tadeusz Marek, Department of Cognitive Neuroscience and Neuroergonomics, Institute of Applied Psychology, Jagiellonian University; Jerzy Sobański, Dpt. of Psychotherapy Jagiellonian University Medical College; Katarzyna Klasa, Dpt. of Psychotherapy Jagiellonian University Medical College; Patrycja Jęda, Jagiellonian University, Kraków, Poland
- **The clinical and neurobiological effects of Metacognitive Interpersonal Therapy: results from the RCT CLIMAMITHE study.** Roberta Rossi, IRCCS Istituto Centro San Giovanni di Dio Fatebenefratelli Brescia, Italy; Mariangela Lanfredi, IRCCS Istituto Centro San Giovanni di Dio Fatebenefratelli Brescia; Daniele Corbo, University of Brescia, Brescia, Italy; Laura Rosa Magni, IRCCS Istituto Centro San Giovanni di Dio Fatebenefratelli Brescia Italy; Michela Pievani, IRCCS Istituto Centro San Giovanni di Dio Fatebenefratelli, Brescia, Italy; Giuseppe Nicolò, Third Center for Cognitive Psychotherapy, Rome, Italy; Antonio Semerari, Third Center for Cognitive Psychotherapy, Rome, Italy; Giulia Quattrini, IRCCS Istituto Centro San Giovanni di Dio Fatebenefratelli, Brescia, Italy; Ilaria Riccardi, Third Center

for Cognitive Psychotherapy, Rome, Italy; Livia Colle, University of Turin, Italy; Laura Conti, Third Center for Cognitive Psychotherapy, Rome, Italy; Roberto Gasparotti, University of Brescia, Brescia, Italy; Clarissa Ferrari, IRCCS Istituto Centro San Giovanni di Dio Fatebenefratelli, Brescia, Italy; Antonino Carcione, Third Center for Cognitive Psychotherapy, Rome, Italy

- **Neural correlates of acceptance as emotion regulation strategy and therapeutic intervention: meta-analytic evidence.** Irene Messina, Universitas Mercatorum, Rome

70.
SPECIAL MEETING

Saturday | 12:00-12:45 | Room 2 Accademia
EU-SPR for people in Ukraine

Organizers: *Ueli Kramer, University of Lausanne, Switzerland; Michał Mielimęka, Jagiellonian University, Kraków, Poland;*

71.
LUNCH BREAK

Saturday | 12:00-13:30 | Cafeteria Frentani Congress Center
Lunch

72.
PANEL/SYMPOSIUM

Saturday | 13:30-14:45 | Room 1 Auditorium (Galleria)
Recent Results from the SPRISTAD Study of Psychotherapy Training and Trainees

Moderator: *Armin Hartmann, University Hospital Freiburg, Germany*

- **Psychotherapy Training Programs: Variations across countries and methods.** Henriette Loeffler-Stastka, University Wien; Irene Messina, Universitas Mercatorum, Rome; Armin Hartmann, University Hospital Freiburg, Germany; David E Orlinsky, University of Chicago, USA
- **Self-acknowledged limitations of therapists in the early stages of professional training.** Thomas Schroder, University of Nottingham, UK; S. Choudhary, Nottinghamshire Healthcare NHS Trust, UK
- **Trainees' experiences of difficulties in practice over time and their relations to theoretical orientation.** Jan Pirke, University Witten Herdecke, Germany; David E Orlinsky, University of Chicago, USA; Michael Helge Ronnestadt, University of Oslo, Norway; Ulrike Willutzki, University Witten Herdecke, Germany

- **Psychotherapy trainees' personal attributes and perceptions of their programs' theoretical orientation..** Armin Hartmann, University Hospital Freiburg, Germany; David E Orlinsky, University of Chicago, USA; Erkki Heinonen, University of Oslo, Norway; Ulrike Willutzki, University Witten Herdecke, Germany

73.
PANEL/SYMPOSIUM

Organizers: *Hannah Savion Hesse, University of Zurich, Switzerland; Elisa Haller, University of Basel; Catherine Irniger, University of Zurich, Switzerland;*

Saturday | 13:30-14:45 | Room 2 Accademia

Expectations, values, and motivation: The influence of client-specific motivational factors on the course, outcome and long-term benefit of therapy

- **There's no hope, is there? Change expectations in long-term and comorbid depressed patients in day clinic treatment.** Catherine Irniger, University of Zurich, Switzerland; Martin grosse Holtforth, University of Bern, Switzerland; Rainer Krähenmann, University of Zurich, Switzerland
- **Valuing actions, acting on values: Types and changes of valued behaviors and their association with treatment outcome.** Elisa Haller, University of Basel; Andrea-Hans Meyer, Faculty of Psychology, Division of Clinical Psychology and Epidemiology, University of Basel, Basel, Switzerland; Victoria Block, Faculty of Psychology, Division of Clinical Psychology and Intervention Science, University of Basel, Basel, Switzerland; Andrew Gloster, Faculty of Psychology, Division of Clinical Psychology and Intervention Science, University of Basel, Basel, Switzerland
- **Bridge the gap: Motivational factors for relapse prevention after cognitive behavioral depression treatment.** Hannah Savion Hesse, University of Zurich, Switzerland; Markus Wolf, University of Zurich, Switzerland; Birgit Watzke, University of Zurich, Switzerland

Discussant: Miguel Gonçalves, Universidade do Minho, Braga, Portugal

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PANEL/SYMPOSIUM

Saturday | 13:30-14:45 | Room 3 Taurini

Emotions, vulnerability, parental responsiveness and change in emotion and attachment-based treatments

Moderator: *Gary Diamond, Ben Gurion University, Beer Sheva, Israel*

- **Emotional Processing in Emotion-Focused Therapy for Social Anxiety Disorder: An Intensive Analysis of a Single Case.** Ben Shahrar, Hebrew University, Jerusalem, Israel; Eran Bar-Kalifa, Ben Gurion University, Beer Sheva, Israel; Asif Bar-Sinai, Hebrew University, Jerusalem, Israel
- **Parents' road from global distress, fear and shame to reaching out to their LGBTQ+ young adults in the context of attachment-based family therapy for sexual and gender minority young adults: A task analysis.** Tamar Zisenwine, Ben Gurion University, Beer Sheva, Israel; Gary Diamond, Ben Gurion University, Beer Sheva, Israel
- **Young adults' vulnerability, parental responsiveness and treatment outcome in attachment-based family therapy for sexual and gender minority adults and their non-accepting parents.** Shira Katz, Ben Gurion University, Beer Sheva, Israel; Gary Diamond, Ben Gurion University, Beer Sheva, Israel

Discussant: Hadas Wiseman, Haifa University, Israel

75.
PANEL/SYMPOSIUM

Moderator: *Harriette Riese, University of Groningen, University Medical Center Groningen, Department of Psychiatry, The Netherlands*

Saturday | 13:30-14:45 | Room 4 Caudini
Increasing efficacy of treatments for depression with recent scientific innovations

- **Integrating personalized experience sampling into mental health care.** Harriette Riese, University of Groningen, University Medical Center Groningen, Department of Psychiatry, The Netherlands; Lino von Klipstein, University of Groningen, University Medical Center Groningen, Department of Psychiatry, The Netherlands; Robert Schoevers, University of Groningen, University Medical Center Groningen, Department of Psychiatry, The Netherlands; Date van der Veen, University of Groningen, University Medical Center Groningen, Department of Psychiatry, The Netherlands; Michelle Servaas, University of Groningen, University Medical Center Groningen, Department of Psychiatry, The Netherlands
- **Trapped: Rigidity in psychiatric disorders.** Michelle Servaas, University of Groningen, University Medical Center Groningen, Department of Psychiatry, The Netherlands; Robert Schoevers, University of Groningen, University Medical Center Groningen, Department of Psychiatry, The Netherlands; Laura Bringmann, University of Groningen, Department of Psychometrics and Statistics; Marie-José van Tol, University of Groningen, University Medical Center Groningen, Cognitive Neuroscience

Center, the Netherlands; Harriette Riese, University of Groningen, University Medical Center Groningen, Department of Psychiatry, The Netherlands

- **Mood-induction effects on perseverative cognition in individuals with varying vulnerability for depression.** Marlijn Besten, University of Groningen, University Medical Center Groningen, Cognitive Neuroscience Center, The Netherlands; Marie-José van Tol, University of Groningen, University Medical Center Groningen, Cognitive Neuroscience Center, the Netherlands; Jacolien van Rij, University of Groningen, Artificial Intelligence and Cognitive Engineering, Groningen, The Netherlands; Marieke van Vugt, University of Groningen, Artificial Intelligence and Cognitive Engineering, Groningen, The Netherlands
- **Neurocognitive mechanisms of change following Preventive Cognitive Therapy for preventing relapse in depression: a randomized controlled trial.** Marie-José van Tol, University of Groningen, University Medical Center Groningen, Cognitive Neuroscience Center, the Netherlands; Rozemarijn van Kleef, University of Groningen, University Medical Center Groningen, Cognitive Neuroscience Center, the Netherlands; Ronja Eike, University of Groningen, University Medical Center Groningen, Cognitive Neuroscience Center, the Netherlands; Evelien van Valen, University Medical Center Utrecht, Department of Geriatrics, The Netherlands; Jan-Bernard Marsman, University of Groningen, University Medical Center Groningen, Cognitive Neuroscience Center, the Netherlands; Remco Renken, University of Groningen, University Medical Center Groningen, Cognitive Neuroscience Center, the Netherlands; André Aleman, University of Groningen, University Medical Center Groningen, Cognitive Neuroscience Center, The Netherlands; Claudi Bockting, Amsterdam University Medical Center, Department of Psychiatry and Urban Mental Health Institute, The Netherlands

76.
BRIEF PAPER SESSION

Saturday | 13:30-14:45 | Room 5 Sabelli
Alliance

Moderator: *Riccardo Williams,*
Sapienza University of Rome, Italy

- **Do the recent session's depth and smoothness have impact on immediate ratings of working alliance and success expectation in a naturalistic psychotherapy**

setting? An Actor-Partner Interdependence Model. Özge Yüksel Şengün, Hacettepe University

- **Therapeutic Alliance with children who have been sexually abused.** Lucía Nuñez, Instituto Milenio para la Investigación en depresión y personalidad, Santiago; Claudia Capella, Universidad de Chile, Santiago; Catalina Díaz, Universidad de Chile, Santiago; Jeisi Fuentes, Universidad de Chile, Santiago; Beiya Saldivia, Universidad de Chile, Santiago; Marcia Olhaberry, Pontificia Universidad Católica de Chile, Santiago; Nicolle Alamo, Pontificia Universidad Católica de Chile, Santiago
- **Therapists' Experience of a Brief Case Formulation and Alliance Focused Pre-treatment Training Session (CALL): A Pilot Study..** Jan Nielsen, University of Copenhagen, Denmark; Birgit Bork Mathiesen, University of Copenhagen, Denmark; Stig Poulsen, Copenhagen University; Susanne Lunn, University of Copenhagen, Denmark; Mads Dahlgaard, University of Copenhagen, Denmark; Celia Faye Jacobsen, University of Copenhagen, Denmark
- **The study of Therapeutic Alliance: Ruptures and Reparations Processes in Couple and Family Therapy.** Lucia Porcedda, Accademia di Psicoterapia della Famiglia Roma; Francesca Ferraguzzi, Accademia di Psicoterapia della Famiglia, Roma; Maurizio Andolfi, Accademia di Psicoterapia della Famiglia, Roma; Silvia Mazzoni, Sapienza University of Rome, Italy

77.

BRIEF PAPER SESSION

Moderator: *Erkki Heinonen, University of Oslo, Norway*

Saturday | 13:30-14:45 | Room 6 Marsi

Therapist training

- **Effects of online teaching-learning on the psychotherapy training at Sigmund Freud Private University Vienna - an exploratory mixed-method study.** Elitsa Tilkidzhieva, Sigmund Freud University, Vienna, Austria; Roxane Forghani, Sigmund Freud University, Vienna, Austria; Adalet Akgün, Sigmund Freud University, Vienna, Austria; Jutta Fiegl, Sigmund Freud University, Vienna, Austria
- **Can the capacity to learn psychotherapy skills in a practicum setting be predicted on the basis of an interview-based non-academic assessment prior to admission?** Serge Lecours, Université de Montréal; Mireille Joussemet, Université de Montréal; Julie Laurin,

Université de Montréal; Isabelle Daigneault, Université de Montréal; Marie-Julie Béliveau, Université de Montréal

- **Getting better should be fun: Reports from a Deliberate Practice training program.** Mads Dahlgard, University of Copenhagen, Denmark

- **(1)Therapeutic Alliance with parents of children who have been sexually abused: The role of Trauma.** Claudia Capella, Universidad de Chile, Santiago; Marcia Olhaberry, Pontificia Universidad Católica de Chile, Santiago; Nicolás Gabriel, Universidad de Chile, Santiago; Isadora Miranda, Pontificia Universidad Católica de Chile, Santiago; Lucía Nuñez, Instituto Milenio para la Investigación en depresión y personalidad, Santiago; Nicolle Alamo, Pontificia Universidad Católica de Chile, Santiago; Camila Meza, Universidad de Chile, Santiago
- **(2)Practical psychotherapy training does not improve trainee psychotherapists' emotion recognition accuracy compared to a control group.** Lillian Döllinger, Stockholm University, Sweden; Isabelle Letellier, Stockholm University, Sweden; Lennart Högman, Stockholm University, Sweden; Petri Laukka, Stockholm University, Sweden; Irena Makower, Stockholm University, Sweden; Håkan Fischer, Stockholm University, Sweden; Stephan Hau, Stockholm University, Sweden
- **(3)Validation of a Novel Self-Report Measure of an Individual's Susceptibility to Emotional Contagion.** Anton Marx, University of Munich, Germany; Anne Frenzel, University of Munich, Germany; Daniel Fiedler, University of Munich, Germany; Corinna Reck, University of Munich, Germany
- **(4)The first session – a qualitative study of client and therapist experiences of the first session in outpatient substance use disorder** Øyvind Grindheim, Norwegian University of Science and Technology, Trondheim, Norway; Heidi Brattland, Nidelv community mental center; Christian Moltu, Western Norway University of Applied Sciences; Valentina Iversen, Norwegian University of Science and Technology, Trondheim, Norway
- **(5)Dropout from the Ghent Psychotherapy Study: why did nearly half of the patients terminate therapy prematurely?** Liza Notaerts, Ghent University, Belgium
- **(6)How Effective is Supervisor Training? Evaluation of a Supervisor Training Programme in India from the Lens of Trainee Supervisors.** Chetna Duggal, Tata Institute of Social Sciences

- **(7)“How can I help you?”: Testing change mechanisms in psychodynamic psychotherapy for emotional disorders.** Laura Inês Ferreira, Universidade do Algarve, Portugal; Eugénia Ribeiro, Universidade do Minho, Braga, Portugal; Luís Janeiro, Universidade do Algarve
- **(8)Taking care of caregivers: detection of compassion fatigue and parental burnout in professional individuals working with maltreated children.** Alessandra Simonelli, Università degli Studi di Padova; Alessio Porreca, Università degli Studi di Padova; Claudia Turconi, Comunità Il Pezzettino; Daniela Cosco, Comunità Il Pezzettino
- **(9)Positive emotions in Accelerated Experiential Dynamic Psychotherapy (AEDP): Trajectories of change over the course of therapy.** Kaori Nakamura, Ochanomizu University, Tokyo, Japan; Shigeru Iwakabe, Ritsumeikan University, Osaka, Japan; Diana Fosha, AEDP Institute; Jennifer Edlin, AEDP Institute; Andrew Joseph, AEDP Institute; Nathan Thoma, Weill Cornell Medical College, New York, USA
- **(10)Interpretative phenomenological analysis of the experience of young females having a sibling suffering of anorexia nervosa.** Dominique Meilleur, Université de Montréal; Catherine Lalancette, Université de Montréal
- **(11)Psychotherapy in times of pandemic in Mexico: the challenge of maintaining a human bond.** Beatriz-Adriana Corona-Figueroa, Clinical Psychology Chilean Society, Santiago; Cielo Cristina Mejía-Montoya, Clinical Psychology Chilean Society, Santiago; Ana Paulina Campos-Tapia, Clinical Psychology Chilean Society, Santiago
- **(12)The use of transformational process scale to consider the role of positive emotion in the process of emotional transformation in the first session of psychotherapy.** Marina DiCorcia, Ochanomizu University, Tokyo, Japan; Shigeru Iwakabe, Ritsumeikan University, Osaka, Japan; Nathan Thoma, Weill Cornell Medical College, New York, USA; Wakako Yamazaki, Ochanomizu University, Tokyo, Japan; Jennifer Edlin, AEDP Institute; Andrew Joseph, AEDP Institute; Diana Fosha, AEDP Institute; Kaori Nakamura, Ochanomizu University, Tokyo, Japan
- **(13)Embodied Countertransference and Interpersonal Synchrony in online psychotherapy.** LAURA CANCELLARA, MIND FORCE SOCIETY
- **(14)Healing from the get-go: An intensive process analysis of the very successful first session.** Shigeru Iwakabe, Ritsumeikan University, Osaka, Japan; Diana Fosha, AEDP Institute; Kaori Nakamura, Ochanomizu

University, Tokyo, Japan; Jennifer Edlin, AEDP Institute; Andrew Joseph, AEDP Institute; Liza Greville, AEDP Institute; Marina DiCorcia, Ochanomizu University, Tokyo, Japan; Richard Harrison, Aalborg University, Denmark

- **(15) Latent change trajectories in psychoanalytic long-term treatment for chronically depressed outpatients.** Lina Krakau, University Medical Center Mainz; Marianne Leuzinger-Bohleber, University Medical Center Mainz; Manfred Beutel, University Medical Center Mainz
- **(16) A mentalizing online group counseling for underachieving university students during the Covid-19 Pandemic: an explorative study on its effectiveness.** Raffaella Passeggia, University of Naples, Italy; Giovanna Esposito, University of Naples, Italy; Giuliana Pepicelli, University of Naples, Italy; Maria Francesca Freda, University of Naples, Italy
- **(17) The role of therapist responsiveness in building psychological resilience in times of crisis.** Vicky Yotsidi, Panteion University of Social and Political Sciences; Athina Fragkouli, Society of Social Psychiatry P. Sakellaropoulos; Panagiota Fitsiou, Society of Social Psychiatry P. Sakellaropoulos; Despoina Katsouda, Society of Social Psychiatry P. Sakellaropoulos
- **(18) The impact of COVID-19 lockdown on eating disorders and obesity: A systematic review and meta-analysis.** Gianluca Lo Coco, University of Palermo, Italy; Lucia Sideli, Lumsa University Rome; Rubinia Celeste Bonfanti, University of Palermo, Italy; Bianca Borsarini, University of Geneva, Switzerland; Lucia Fortunato, University of Palermo, Italy; Cristina Sechi, University of Cagliari, Italy; Nadia Micali, University of Geneva, Switzerland
- **(19) Therapist personal characteristics and their influence in the treatment of eating disorders: a systematic review.** Arianna Teti, University of Palermo, Italy; Gaia Albano, University of Palermo, Italy; Arianna Scrò, University of Palermo, Italy; Rubinia Celeste Bonfanti, University of Palermo, Italy; Lucia Fortunato, University of Palermo, Italy; Maria Teresa Graffeo, University of Palermo, Italy; Salvatore Gullo, University of Palermo, Italy; Gianluca Lo Coco, University of Palermo, Italy
- **(20) Therapeutic alliance and telepresence in online psychotherapy: A Response Surface Analysis with dyadic data.** Lucia Fortunato, University of Palermo, Italy; Arianna Teti, University of Palermo, Italy; Laura Salerno, University of Palermo, Italy; Salvatore Gullo, University of

Palermo, Italy; Gianluca Lo Coco, University of Palermo, Italy

- **(21)An approach to the unforeseen in psychotherapy: two single case studies in Dynamic Interpersonal Therapy.** Caroline Korff, University of Klagenfurt, Austria; Sylke Andreas, Universität Klagenfurt
- **(22)How did it happen? About empirical suggestions of causality in network models.** Edita Chvojková, Masaryk University, Brno, Czech Republic; Adam Klocek, Faculty of Social Studies, Masaryk University; Tomas Řiháček, Masaryk University Brno Czech Republic
- **(23)Adapting group therapy to a non-clinical setting for youth and emerging adults in transition: “inclusive plus”.** Ran Wehrli, Zurich University of Applied Sciences; Filomena Sabatella, Zurich University of Applied Sciences; Agnes von Wyl, Zurich University of Applied Sciences
- **(24)"Goodbye syndrome". Is the increased presence of symptoms at the end of therapy a confirmation of a good therapeutic alliance and recovery?** Patrycja Jęda, Jagiellonian University, Kraków, Poland; Krzysztof Rutkowski, Dpt. of Psychotherapy Jagiellonian University Medical College; Michał Mielimąka, Jagiellonian University, Kraków, Poland
- **(25)On countertransference: Bridging the gap between neuroscience and clinical practice.** Chiara Ciacchella, Sapienza University of Rome, Italy; Annalisa Tanzilli, Sapienza University of Rome, Italy; Nicola Carone, University of Pavia, Italy; Carlo Lai, Sapienza University of Rome, Italy; Vittorio Lingiardi, Sapienza University of Rome, Italy
- **(26)Efficacy of metacognitive interpersonal therapy +CBT vs CBT-E alone for the treatment of eating disorders: A Pilot Randomised Controlled Trial.** Gloria Fioravanti, Centro Disturbi Alimentari e Obesità

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Saturday | 14:45-15:45 | Room 2 Accademia
Video project for SPR website

Organizers: *Ueli Kramer, University of Lausanne, Switzerland; Michał Mielimąka, Jagiellonian University, Kraków, Poland;*

COFFEE BREAK

Saturday | 14:45-15:45 | Cafeteria Frentani Congress Center
Coffee Break

80.
STRUCTURED DISCUSSION

Saturday | 15:45-17:00 | Room 1 Auditorium (Galleria)
**Trends in Guideline Development and Implementation of
Psychotherapy in Mental Health Care Systems**

Moderator: *Felicitas Rost, The Open
University, UK*

Discussants: Henning Schauenburg, University Hospital
Heidelberg; Femke Truijens, Erasmus University Rotterdam, The
Netherlands; Giulio de Felice, University of Chichester, UK and
Sapienza University of Rome; Dana Tzur Bitan, Ariel
University; Michał Mielimąka, Jagiellonian University, Kraków,
Poland; Catalin Zaharia, European Association for Psychotherapy;

81.
PANEL/SYMPOSIUM

Saturday | 15:45-17:00 | Room 2 Accademia
**New horizons of research in defense mechanisms: Recent original
applications of the Defense Mechanisms Rating Scales (DMRS)-
based measures in various therapeutic settings**

Moderator: *Mariagrazia Di
Giuseppe, University of Pisa, Italy*

- **Therapist's defense mechanisms and their relationship with change in patient's defensive functioning during psychoanalysis.** Mariagrazia Di Giuseppe, University of Pisa, Italy; Katie Aafjes-van Doorn, Yeshiva University, USA; Vera Békés, Yeshiva University, USA
- **Psychotherapists' defense mechanism and their professional experience.** Vera Békés, Yeshiva University, USA; Katie Aafjes-van Doorn, Yeshiva University, USA; Xiaochen Luo, Santa Clara University, USA; Tracy A. Prout, Yeshiva University, USA; Leon Hoffman, New York Psychoanalytic Society and Institute, USA
- **Therapist responses, patient emerging personality patterns and defense mechanisms in the psychotherapy of adolescents with depressive disorders: a Psychodynamic Diagnostic Manual-2-oriented empirical investigation.** Annalisa Tanzilli, Sapienza University of Rome, Italy; Flavia Fiorentino, Sapienza University of Rome, Italy; Ivan Gualco, Center for Individual and Couple Therapy, Italy; Riccardo Williams, Sapienza University of Rome, Italy; Vittorio Lingiardi, Sapienza University of Rome, Italy
- **Mindfulness intervention to reduce stress and increase resilience in university students, a pilot study.** Rebecca Ciacchini, University of Pisa, Italy; Graziella Orrù, University of Pisa, Italy; Silvia Villani, University of Pisa,

Italy; Ciro Conversano, University of Pisa; Mariagrazia Di Giuseppe, University of Pisa, Italy; Francesco Mastorci, National Research Council, Italy; Silvia Sabbatini, University of Pisa, Italy; Angelo Gemignani, University of Pisa, Italy

Discussant: Silvia Salcuni, University of Padova, Italy

82.
PANEL/SYMPOSIUM

Saturday | 15:45-17:00 | Room 3 Taurini
Inside Out, Outside In: Facets and Measures of Mentalizing Abilities

Moderator: *Poornima Bhola, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India*

- **Mentalizing the Other: Relationship Specific Attachment and Mentalizing as Predictors of Interpersonal Competence among Emerging Adults.** Mehak Sikand, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India; Poornima Bhola, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India; K.S. Meena, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India
- **Development and Validation of Mentalizing Vignettes Task (MVT): a Transdiagnostic Measure of Mentalizing in the Interpersonal Context.** Sheetal Lakhani, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India; Poornima Bhola, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India; Urvakhsh Mehta, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India; B Binukumar, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India
- **The Mother-Child story task: mapping parental mentalizing in mothers with borderline personality vulnerabilities.** Kanika Mehrotra, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India; Poornima Bhola, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India; Geetha Desai, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India
- **Measuring what Matters: Pre-therapy assessment for persons with borderline personality vulnerabilities.** Poornima Bhola, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India; Dharani K Devi, The Green Oak Initiative;

Mehak Sikand, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India;
Nagasudha Tridandam, National Institute of Mental Health and Neuro Sciences, Deemed University, Bangalore, India

83.

BRIEF PAPER SESSION

Moderator: *Giovanna Esposito, University of Naples, Italy*

Saturday | 15:45-17:00 | Room 4 Caudini

Group Therapy

- **Tracking group members' change: the adaptation of the Innovative Moments Coding System for Groups in a group psychotherapy for young substance abusers.** Giovanna Esposito, University of Naples, Italy; Anna Sara Cutolo, University of Naples Federico II; RAFFAELLA PASSEGGIA, University of Naples, Italy; Silvia Formentin, Department of addiction, Azienda USSL 6 Euganea, Padua, Italy; Miguel Gonçalves, Universidade do Minho, Braga, Portugal
- **"inclusive plus": Group psychotherapy for youths and emerging adults in work integration programs.** Agnes von Wyl, Zurich University of Applied Sciences; Filomena Sabatella, Zurich University of Applied Sciences; Ran Wehrli, Zurich University of Applied Sciences
- **Understanding differential outcomes for young people in residential group therapy for substance use disorder.** Ely Marceau, University of Wollongong, Australia; Gabriella Holmes, Mission Australia: Triple Care Farm
- **How do attachment patterns manifest in group psychotherapy? A qualitative investigation of in-session discourse.** Alessandro Talia, University of Cambridge, UK; Svenja Taubner, Heidelberg University, Germany; Salvatore Gullo, University of Palermo, Italy; Anna Georg, University of Heidelberg, Germany

84.

BRIEF PAPER SESSION

Moderator: *Ueli Kramer, University of Lausanne, Switzerland*

Saturday | 15:45-17:00 | Room 5 Sabelli

Outcome

- **Outcomes of beginning trainee therapists in an outpatient community clinic.** Joel Vos, Metanoia Institute; Biljana van Rijn, Metanoia Institute
- **Efficacy of short-term psychotherapy in fibromyalgia: a comparison study.** Agata Benfante, University of Turin,

Italy; Marialaura Di Tella, University of Turin, Italy; Lorys Castelli, University of Turin, Italy; Annunziata Romeo, University of Turin, Italy

- **Is cognitive behavioural therapy effective in the long term? A Meta-Analysis of treatments for adults.** Michaela Muermans, University Witten/Herdecke; Arleta Berner, Aalborg University, Denmark; Sebastian Appelbaum, University Witten/Herdecke; Jan Schürmann-Vengels, University Witten/Herdecke; Ulrike Willutzki, University Witten Herdecke, Germany
- **ESPERE#in – A program for self-forgiveness among incarcerated individuals: Protocol for a non-randomized pilot and feasibility study.** Viviana Nunes, University of Maia, Portugal; Juha Holma, University of Jyväskylä, Finland; Carla Cunha, University of Maia, Portugal

85.
BRIEF PAPER SESSION

Saturday | 15:45-17:00 | Room 6 Marsi
Research Methodology

- **Applying Non-linear Complex System Methods and Chaos Theory in Psychotherapy: A Systematic Literature Review.** Adam Klocek, Faculty of Social Studies, Masaryk University; Jan Premus, Faculty of Mathematics and Physics, Charles University; Tomas Řiháček, Masaryk University Brno Czech Republic
- **Registering projects and hypotheses: Strengthening prospective psychotherapy research.** Jan Boehnke, University of Dundee, UK; Salisu Abubakar, University of Dundee, UK
- **What is the Pattern of Change in Healthcare Cost Before and During Psychotherapy?** Refael Yonatan Leus, College of Management Academic Studies- Rishon Lezion, Israel; Maayan Abargil, Hebrew University, Jerusalem, Israel; Shmuel Shulman, College of Management Academic Studies- Rishon Lezion, Israel; Rena Cooper-Kazaz, Clalit Health Services - Jerusalem
- **Stability and Flexibility in Psychotherapy Process Predict Outcome.** David Pincus, Chapman University, US; Alessandro Giuliani, Italian Institute of Health, Rome; Vincent Berardi, Chapman University, US; Leonhard Kratzer, Clinic St. Irmingard, Germany; Helmut Schöller, Institute of Synergetics and Psychotherapy Research, Austria; Kathrin Viol, Institute of Synergetics and Psychotherapy Research, Austria; Guenter Schiepek,

Paracelsus Medical University, Salzburg, Austria; Giulio de Felice, University of Chichester, UK and Sapienza University of Rome

86. **PLENARY** Saturday | 17:00-18:15 | Room 1 Auditorium (Galleria)
The future of psychotherapy research on therapist responsiveness

Moderators: *Hadas Wiseman, Haifa University, Israel; Ueli Kramer, University of Lausanne, Switzerland;* Discussants: George Silberschatz, University of California, San Francisco, USA; Orya Tishby, Hebrew University, Jerusalem, Israel; Eugénia Ribeiro, Universidade do Minho, Braga, Portugal; Franz Caspar, Universität Bern, Switzerland;

87. **PLENARY** Saturday | 18:15-18:30 | Room 1 Auditorium (Galleria)
Farewell

- Ueli Kramer, University of Lausanne, Switzerland

88. **SPECIAL EVENT** Saturday | 19:00-20:00 | Hotel Ateneo Palace
Walking Tour through Rome

89. **SPECIAL EVENT** Saturday | 20:00-22:00 |
Il Gusto, Piazza di S. Apollinare, 41, 00186 Roma
Social Dinner (registration required)

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