

**CAFTR JOURNAL CLUB PRESENTS:**

# **EVALUATING THERAPEUTIC ALLIANCE ACROSS DIFFERENT TREATMENTS AND INFORMANTS**

**by Vera Gergov and Antonella Cirasola  
with Sibel Halfon's moderation**

Please **Register** here:  
<https://tinyurl.com/2uep8w9x>

**March 23rd, 2022**  
6:00 PM-7:00 PM  
Central European Time (CET)

# CAFTR JOURNAL CLUB: MARCH MEETING

CAFTR is excited to announce the launch of our first **Journal Club**.

In this meeting, we will discuss the findings and implications of two recent papers by **Antonella Cirasola** and **Vera Gergov** on therapeutic alliance addressing questions such as:

- Is there better therapeutic alliance in certain treatments than others?
- Does therapeutic alliance change differently across treatments?
- Do adolescents and therapists rate their level of therapeutic alliance differently and which combination of ratings predicts good outcome or premature termination?

We also look forward to hearing your questions and comments for a lively **interactive discussion!**

## Articles to be discussed:

- Cirasola, A., Midgley, N., Fonagy, P., IMPACT Consortium, & Martin, P. (2021). The therapeutic alliance in psychotherapy for adolescent depression: Differences between treatment types and change over time. *Journal of Psychotherapy Integration*. Advance online publication. <https://doi.org/10.1037/int0000264>
- Gergov, V., Marttunen, M., Lindberg, N., Lipsanen, J., & Lahti, J. (2021). Therapeutic alliance: A comparison study between adolescent patients and their therapists. *International Journal of Environmental Research and Public Health*, 18(21), 11238.

We will use the Zoom platform in the format of an **interactive video conference meeting**. A meeting invitation will be sent before the meeting. We will also be circulating the papers before the meeting.

The meeting is free and all **colleagues and students are welcome!**

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## MEET OUR PRESENTERS



**Antonella Cirasola** is a clinical psychologist and a researcher working at the Anna Freud National Centre for Children and Families (AFNCCF) and University College London (UCL). She has completed a PhD on the role of the therapeutic alliance in the treatment of adolescent depression at UCL.



**Vera Gergov** is a clinical psychologist, psychotherapist and trainer working as the Chief for Professional Affairs at the Finnish Psychological Association. She is currently finalizing her PhD at the University of Helsinki, and also serves as the Vice Chair of the TREATme Network.



**Sibel Halfon** is an Assistant Professor in the Psychology Department at Istanbul Bilgi University. She is also the Director of the Child-Adolescent Clinical Psychology Track of the Clinical Psychology Master's Program and Co-Director of the Istanbul Bilgi University Psychotherapy Lab.

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