

An international, multidisciplinary,  
scientific organisation

**If you share our passion for  
psychotherapy research, why  
not join us?**

## Benefits of Membership

- A unique opportunity to network with highly esteemed psychotherapy researchers and innovators in the field.
- An opportunity to get involved in the activities of your chosen regional Chapter.
- An inimitable sense of community and mutual support.
- Discounted rates for our renowned UK, European and international conferences.
- Exclusive access to the exciting and influential journal *Psychotherapy Research*, published bi-monthly, as well as free full text online and a discount on all Brunner-Routledge journals (50%) and books (10%).
- Competitive membership fees and reduced membership rates for students, assistant psychologists and the retired.
- Additional opportunities include our Small Grants Program, the Student Travel Award, the Emerging Scholars' Program, and Career Achievement Awards



"SPR is an inclusive community that both nurtures and challenges researchers and practitioners to do and be more"  
**Jo-Ann Pereira, Oxfordshire Healthcare NHS**

## Who are we?

We are a multi-disciplinary community bringing together researchers, clinicians and students from a variety of theoretical orientations (e.g. cognitive behavioural, psychodynamic, humanistic, systemic and integrative) and professional backgrounds (e.g. psychiatry, psychology, social work, occupational health and education). We also endorse the full range of research methodologies and scientific disciplines.

We come together for annual meetings held worldwide and regionally, through the Society's professional journal *Psychotherapy Research*, through webinars as well as through online forum discussion boards and social media.

We are a non-for-profit society and in that try to keep conference and membership fees low. We also offer a range of bursaries and awards.

*"The annual conference now feels like a  
'must-be-there' event in my diary"*

**Nick Midgley, Anna Freud National Centre for  
Children and Families**

## Joining is easy

Our membership fees are very competitive with discounted rates for students.

Visit: [www.psychotherapyresearch.org](http://www.psychotherapyresearch.org)



"For me, SPR is one of the most supportive and rewarding environments within which to learn the art and science of psychotherapy research"

**Michael Barkham, University of Sheffield**

## Contact us

Email: [support@psychotherapyresearch.org](mailto:support@psychotherapyresearch.org)

Website: [www.psychotherapyresearch.org](http://www.psychotherapyresearch.org)

SPR UK Chapter:

<https://www.psychotherapyresearch.org/group/SPR-UK>